



Management of cardiotoxicant poisonings: indications of ECLS

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Poisonings with cardiotoxics

- In the USA: AAPCC 2012
Cardiovascular agents: 8th cause of exposures (3.5%) but 2th cause of death (fatality rate: 0.27%)
- As usual no European data



*January 1998 to October 2002
3,922 patients*

	N	Mortality rate
Poisoned patients	1,554	60 (4 %)
Cardiac complications (severe arrhythmias or failure)	164 (11 %)	37 (22 %)

Lariboisière Hospital ICU, Paris, France

Cardiotoxics

A larger entity than cardiovascular drugs

Cardiovascular pharmaceuticals

- Sodium-channel blockers (Class I)
- Beta-blockers (class II)
- Potassium channel blockers (sotalol) (class III)
- Calcium-channel antagonists (class IV)
- Cardioglycosides (class V)

Non-cardiovascular pharmaceuticals:

antipsychotics, antidepressants, antihistamines, ...

Drugs: cocaine, amphetamines, ...

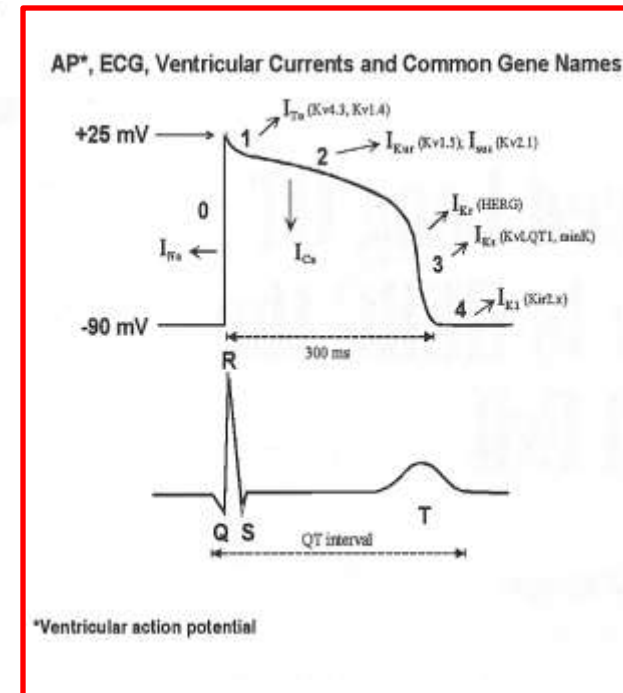
Rural toxicants: organophosphates, pesticides, ...

Industrial toxicants: alumine phosphide, ...

Household toxicants: trichloroethylene, ...

Plants: digitalis, aconit, colchicine, yew, Taxus baccata...

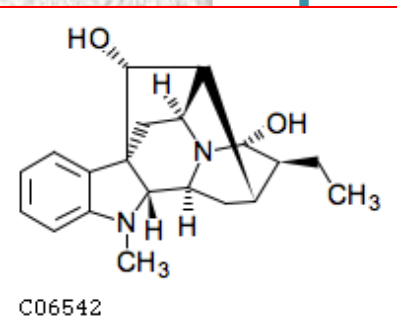
Over-the-counter: « Best life » (sibutramine)



The prognostic value of the ingested dose: The example of ajmaline poisoning

Delay for symptom occurrence: 1 - 3 h
All patients in cardiac arrest died

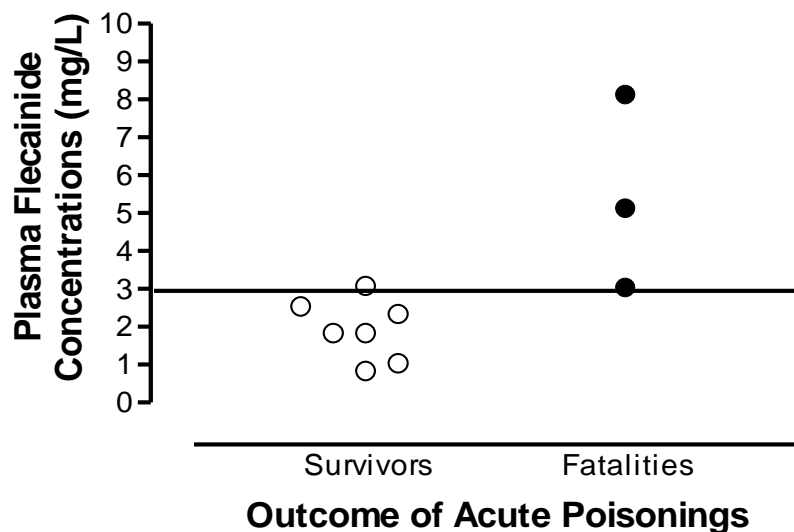
Ingested tablets	N	Cardiac arrest
1 g	7	0
2 g	13	1
3 g	16	8



Conso F. *Press Med* 1980

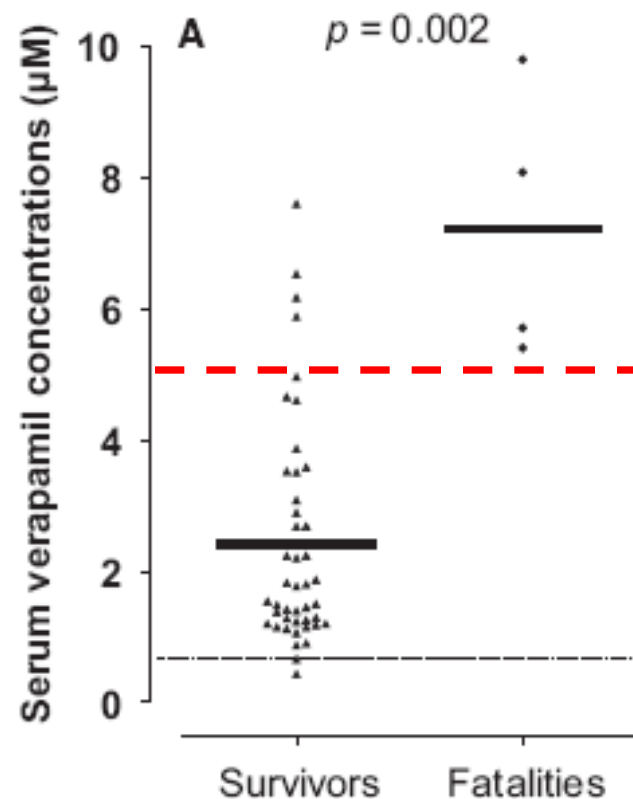
The prognostic value of plasma cardiotoxiant concentrations in acute poisonings

Flecainide poisonings




Mégarbane B. *Clin Tox* 2007

Verapamil poisonings



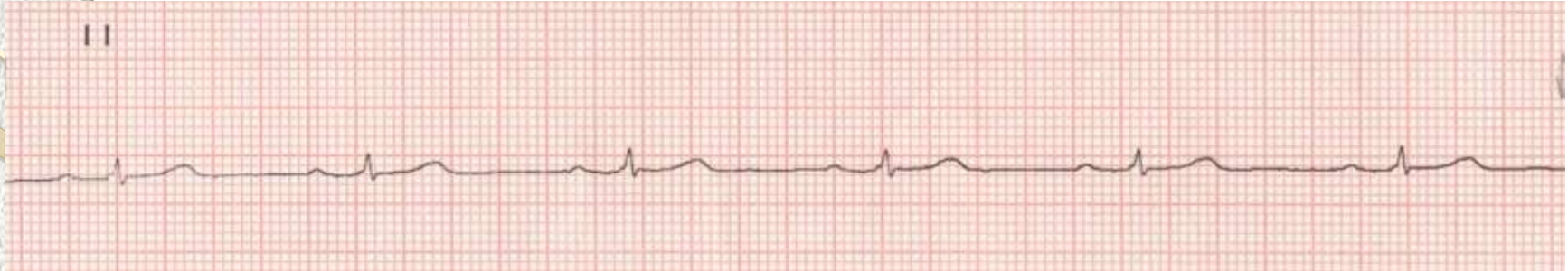
Mégarbane B. *BCPT* 2010



Specific drug-dependent
considerations
to assess the risk and features of
the intoxicated heart

Beta-blocker poisonings (1)

Clinical features



Sinus bradycardia or AV blocks

Other signs:

- Hypotension, collapse
- Bronchospasm
- Respiratory depression
- Drowsiness, seizures, coma
- Hypoglycemia, hyperkalemia

Dysrhythmias Reported in 23 Beta Blocker Fatalities

Rhythm	Incidence
Bradycardia	15
Asystole	10
Electrical-mechanical dissociation	4
Ventricular fibrillation	4
Junctional rhythm	3
Idioventricular rhythm	3
Ventricular tachycardia	2
Third degree heart block	1

Multiple dysrhythmias were reported in some patients.

Beta-blocker poisonings (2)

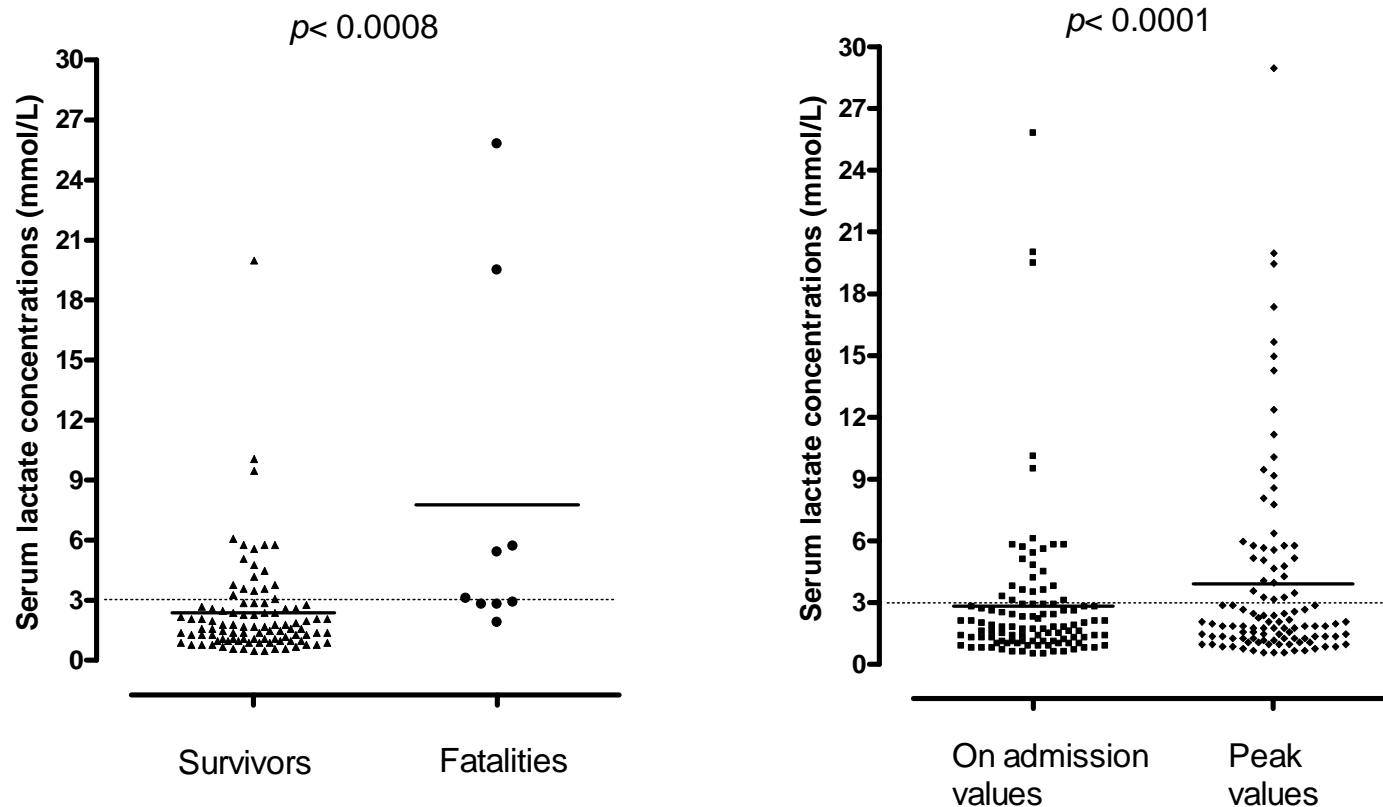
Excess mortality in case of membrane stabilizing activity

Beta Blocker	# Exposures	% Total Exposures	# Deaths	% Deaths
Propranolol*	22,334	43.9	27	71.1
Atenolol	13,587	26.7	6	15.8
Metoprolol	7,511	14.8	1	2.6
Nadolol	2,762	5.4	2	5.3
Labetalol*	1,907	3.7	0	0.0
Pindolol*	742	1.5	1	2.6
Timolol	686	1.4	0	0.0
Acebutolol*	584	1.1	3	7.9
Betaxolol	373	<1.0	0	0.0
Bisoprolol	226	<1.0	0	0.0
Penbutolol*	72	<1.0	0	0.0
Sotalol	48	<1.0	0	0.0
Others	29	<1.0	0	0.0
Unspecified	1,295	2.5	0	0.0
Total	52,156		40	

Two cases involved mixed ingestions of propranolol and atenolol. *Nonspecific membrane activity.

Beta-blocker poisonings (4)

Prognostic value of lactate concentration on admission



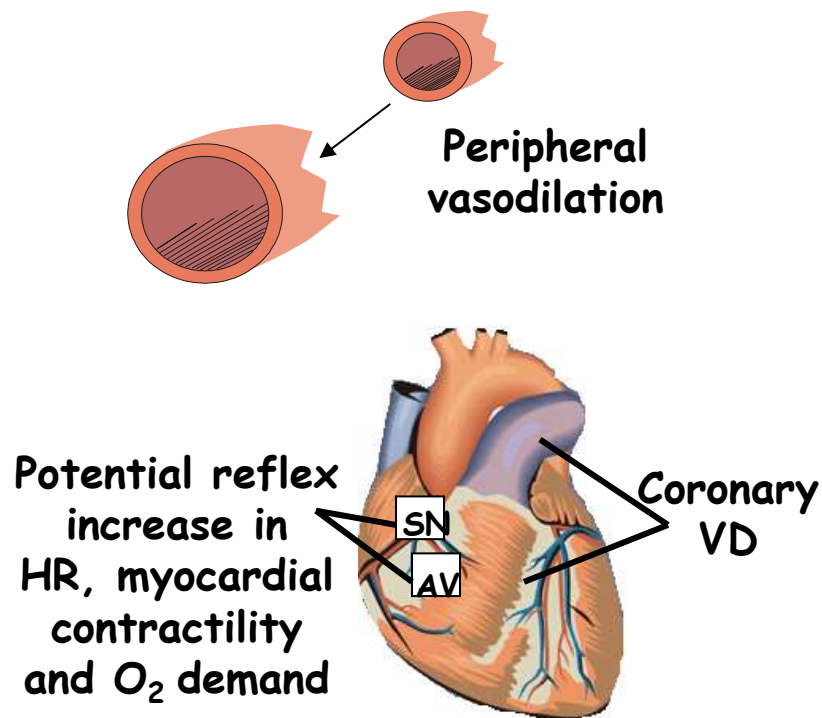
The ROC-AUC of initial lactate for predicting mortality was 0.84 (0.74-0.94).
The cutoff point maximizing the sum of sensitivity and specificity was 2.7 mmol/L.
For the 3.0 mmol/L selected lactate cutoff point: 55% sensitivity, 80% specificity.

Calcium-channel antagonist poisonings (1)

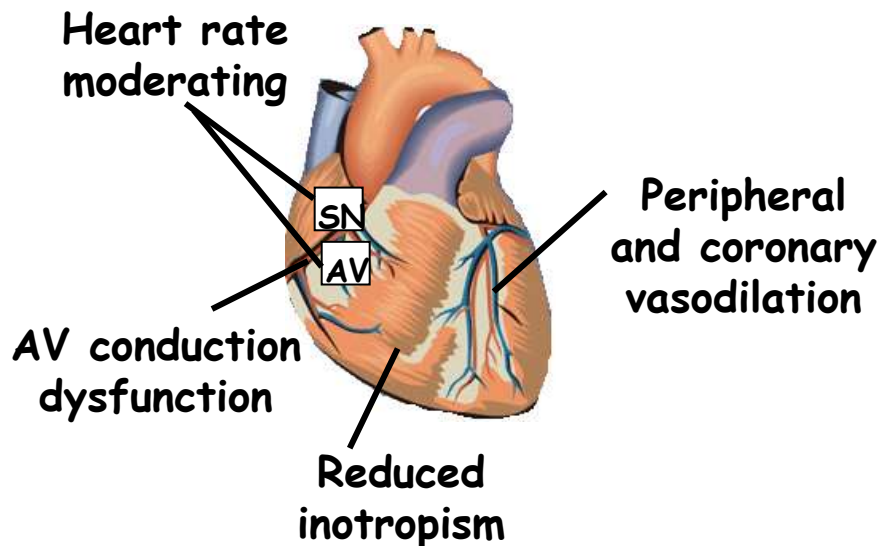
Toxicological consequences of pharmacological properties

Five different CCB classes, including dihydropyridines (nifedipine and amlodipine), phenylalkylamine (verapamil), benzothiazepine (diltiazem), diphenylpiperazine (mibefradil), and diarylaminoethylamine (bepridil).

Dihydropyridines: Selective vasodilators



Non-dihydropyridines: equipotent for cardiac tissue and vasculature



Calcium-channel antagonist poisonings (2)

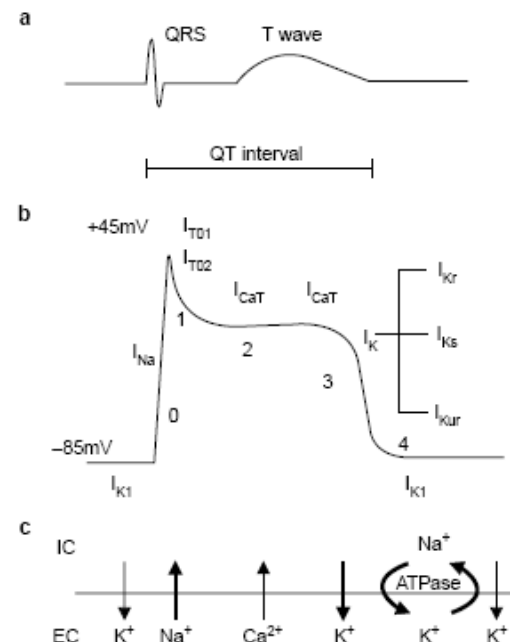
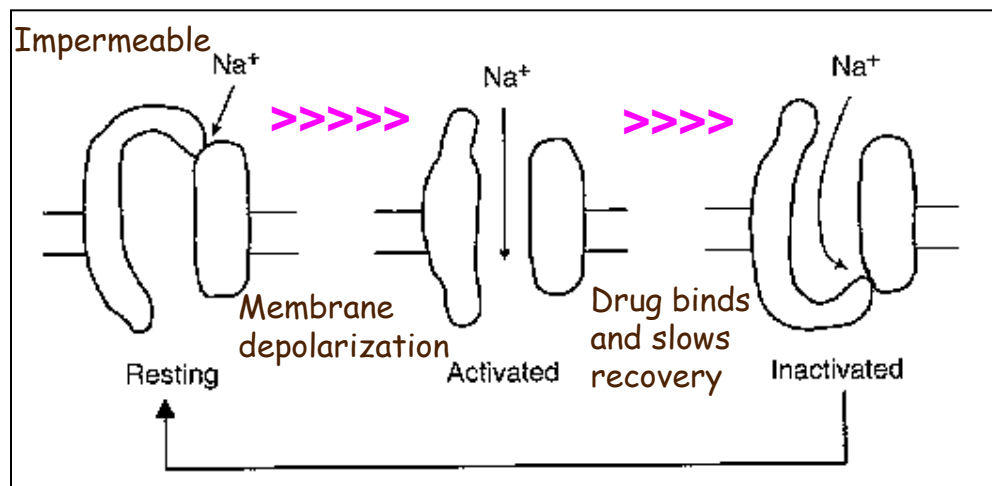
Features and severity

	Verapamil (N = 68)	Diltiazem (N = 27)	Nifedipine (N= 14)	Total (N = 109)
Hypotension	79%	89%	86%	84%
Bradycardia (< 60 /min)	56%	78%	43%	60%
Severe bradycardia (< 40 /min)	24%	26%	43%	60%
AV block	60%	63%	50%	60%
Complete AV block	53%	52%	21%	51%
Cardiac arrest	21%	22%	21%	21%
Death rate	25%	7%	7%	18%

Poisonings with sodium channel blockers (1)

Molecules

- ❖ Polycyclic antidepressants, citalopram and venlafaxin
- ❖ Quinine and chloroquine
- ❖ **Class I anti-arrhythmics** (quinidine, cibenzoline, flecainide, propafenone)
- ❖ **Some β -blockers** like propranolol and acebutolol
- ❖ Carbamazepine
- ❖ Propoxyphene
- ❖ Cocaine



Poisonings with sodium channel blockers (2)

Clinical features

- **Cardiovascular syndrome:**

ECG : QRS enlargement, QT prolongation, AV blocks

Circulation : Cardiogenic and vasoplegic shock

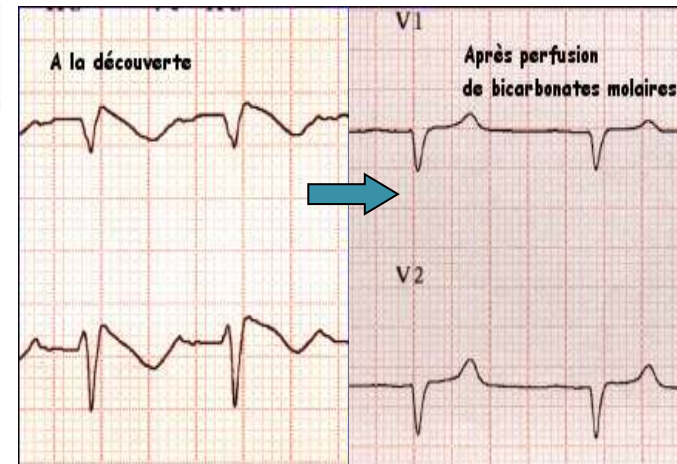
- **Metabolic syndrome :** Hypokaliemia, lactic acidosis

- **Neurological syndrome :** Convulsive coma

- **Respiratory syndrome :** Delayed ARDS with alveolar hemorrhage

QRS duration (msec)	Seizure risk	Ventricular dysrhythmia risk
< 100	mild	mild
100 - 160	moderate	mild
> 160	elevated	elevated

Boehnert MT. *N Engl J Med* 1985

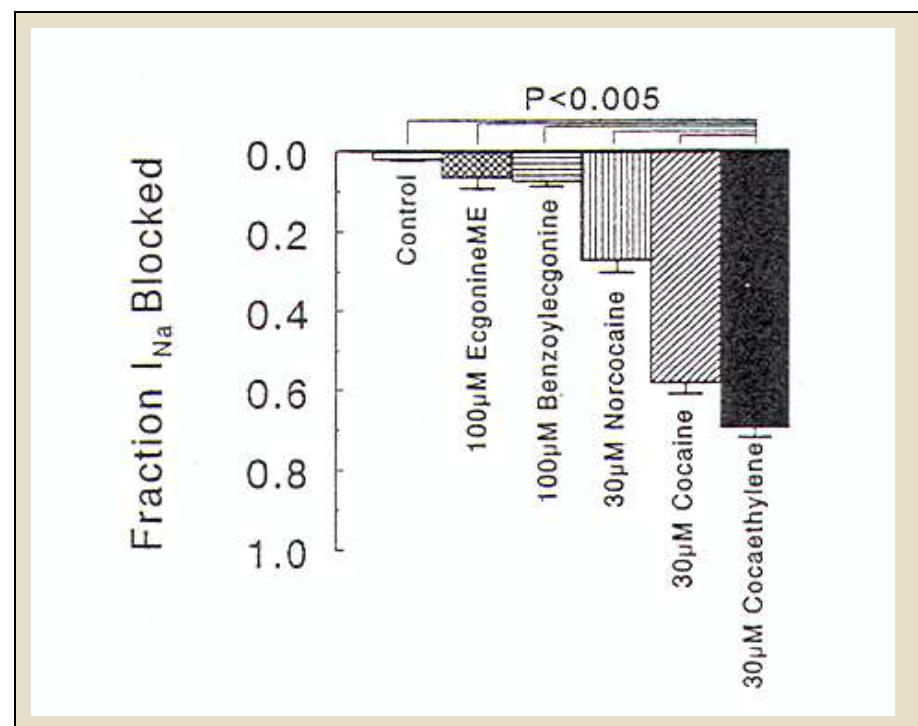
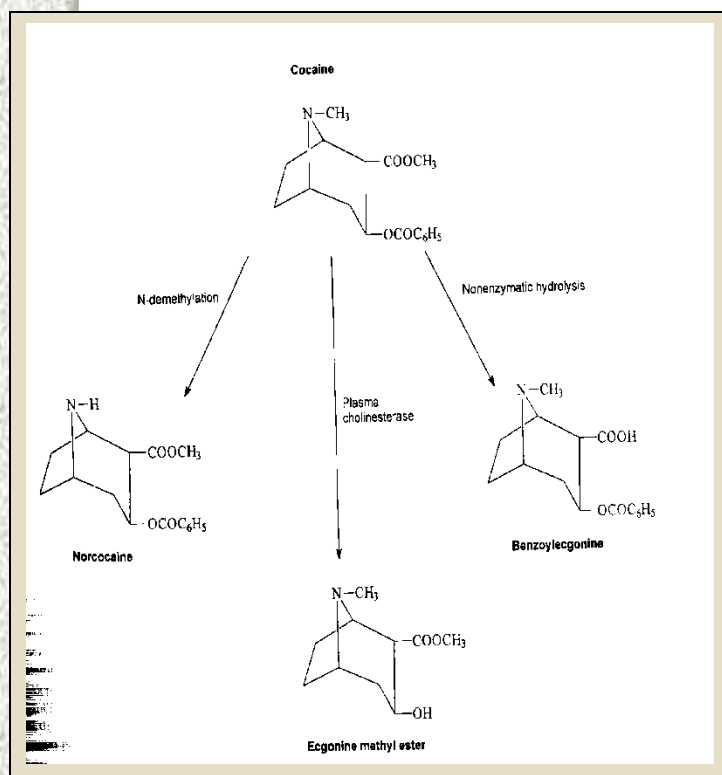


Brugada syndrome

Cocaine poisoning:

Mechanisms of arrhythmia genesis:

- Sodium channel blockade
- Potassium channel blockade
- Catecholamine excess and SNC agitation
- Myocardial ischemia and infarction





4

Cardioglycoside poisonings (1)

Clinical features of digitalis poisoning

Na/K - ATPase blockade

Circumstances: therapeutic overdose > suicide

Multiple and mostly nonspecific manifestations

Fatigue, blurred vision, disturbed color perception

Anorexia, nausea, vomiting, diarrhea, abdominal pain

Headache, dizziness, confusion, delirium, and occasionally hallucinations

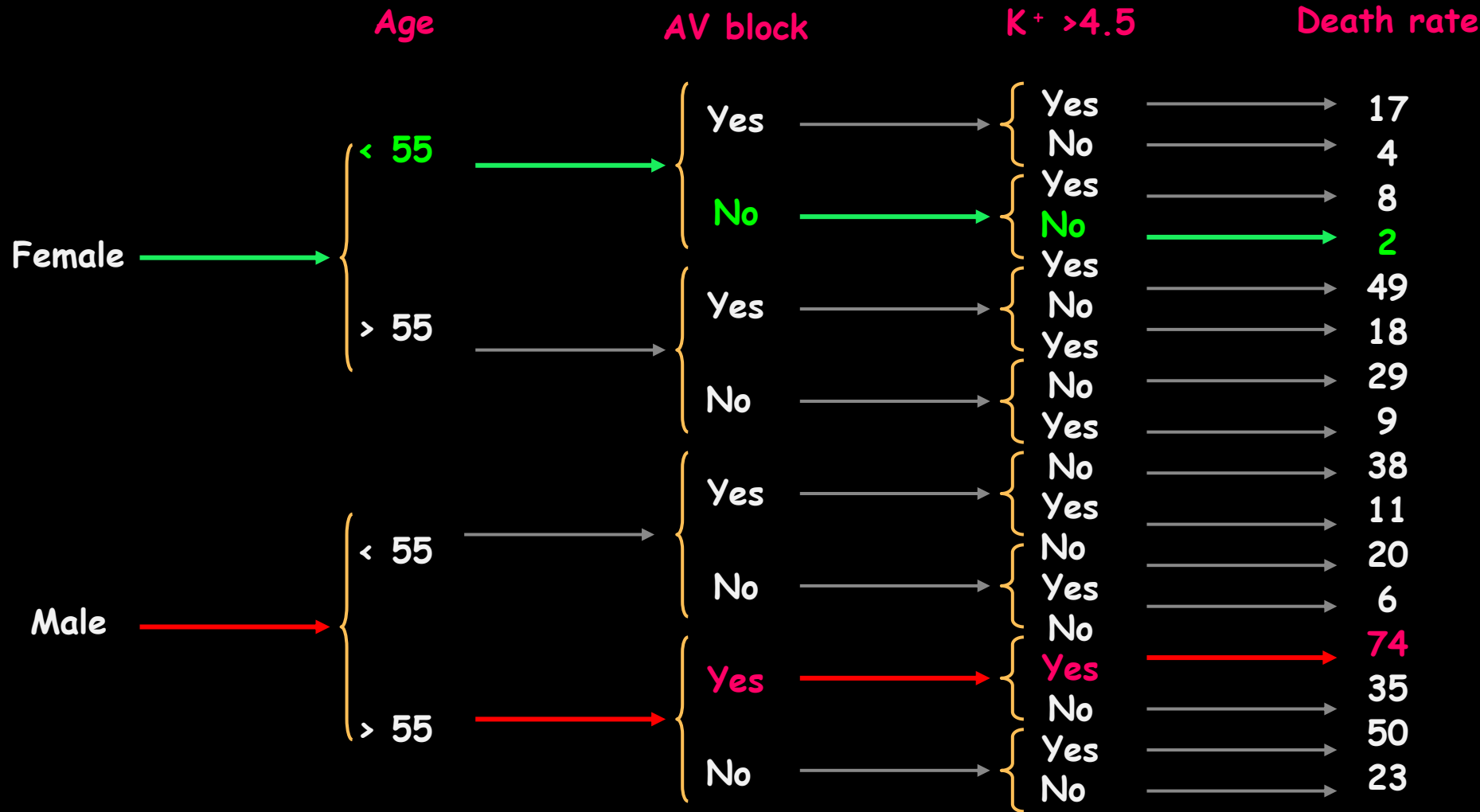
Rarely intestinal none occlusive infarction


→ Blood pressure preserved while cardiac dysfunction possible

→ ECG: Sinus bradycardia, ST-scoop, AVB

Arrhythmias may be responsible for mortality

Main prognostic factors





Management of drug-induced cardiac failure and arrhythmias

Strategy of management of toxic cardiovascular failure

Diagnosis of shock



Determination of the mechanism
of shock



Definition of the optimal
treatment

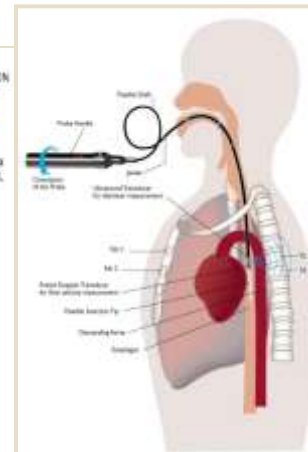
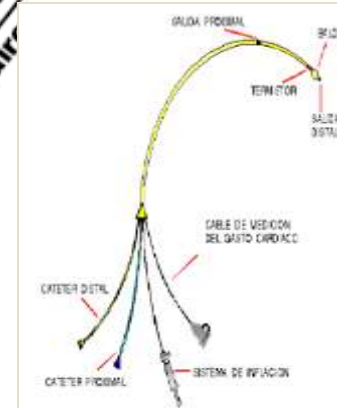
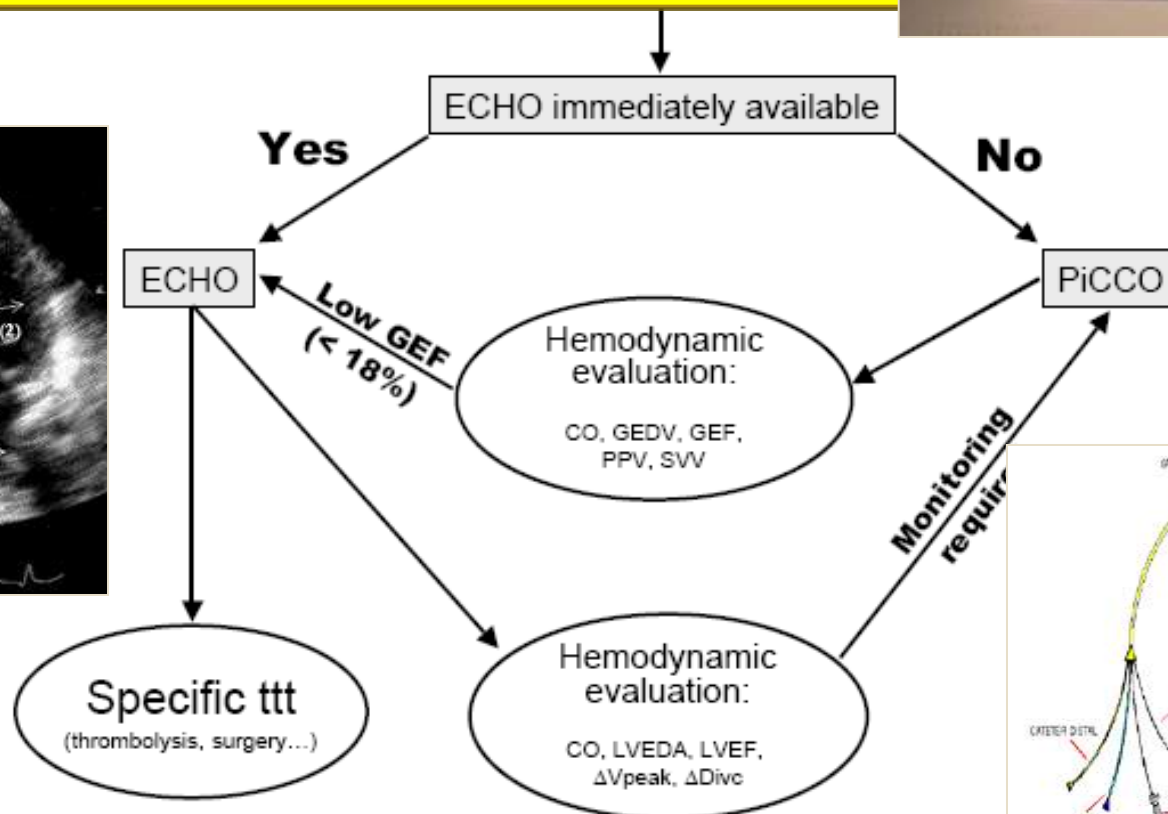
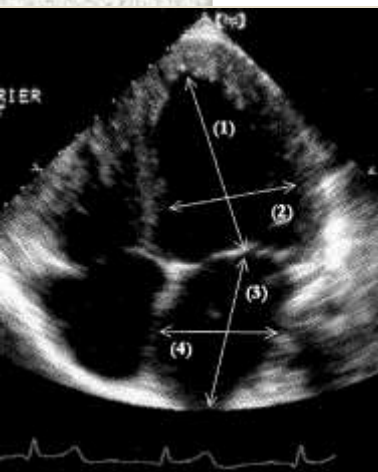


Diagnosis of the refractoriness
of shock



Assessment of the mechanism of the toxic shock

- 1- Hypotension: systolic BP < 90 mm Hg
or systolic BP decrease > 40 mmHg
or mean BP < 65 mmHg
- 2- Unresponsive to fluids
- 3- At least one sign of organ hypoperfusion



Echocardiography aspects



Hypovolemia
or vasoplegia



Cardiogenic shock



Severe
dysrhythmia

Conventional supportive treatments in ICU

❖ Intubation and mechanical ventilation :

- Severe arrhythmias and associated collapse
- Coma, convulsions, respiratory failure

❖ Treatment of collapse/shock

- Fluids + adequate catecholamines

❖ Treatment of torsade-de-pointes

- Defibrillation, MgSO_4 , titrated isoproterenol, cardiac pacing
- Correction of electrolyte imbalance (K^+ , Mg^{2+})

❖ Treatment of monomorphic ventricular tachycardia

- Defibrillation, MgSO_4 , lidocaine infusion

❖ Cardiac pacing

- High degree AV block with preserved inotropism

Consequences of convulsion-induced hypoxemia and acidosis on cardiac toxicity

	Before	Just after	3h later
Arterial pH	7.39	7.19	7.46
Lactate concentration (mmol/l)	1.7	6.5	3.1
PaO ₂ (mmHg)	95	55	90
Systolic BP (mmHg)	120	80	120
QRS width (s)	0.08	0.13	0.08

Taboulet P. *Réan Urg* 1993

Chloroquine poisoning: prognosis assessment

	Supposed ingested dose		Systolic BP		QRS duration
Severe	≥ 4 g	or	< 100 mmHg	or	> 0.10 s
Non severe	< 2 g	and	≥ 100 mmHg	and	≤ 0.10 s

Clemessy JL, et al. Crit Care Med 1996

Severe poisoning :

- **Epinephrine** 0,25 $\mu\text{g/kg/min}$ with increasing 0.25 $\mu\text{g/kg/min}$ steps to obtain SBP ≥ 100 mmHg
- **Intubation and mechanical ventilation**
- **Diazepam** 2 mg/kg in 30 min followed with 2-4 mg/kg/24h

Riou B. N Engl J Med 1988

Place of GI decontamination and elimination enhancement

- Activated charcoal: within 2 h following the ingestion
- Repeated doses of charcoal: Low-sustained forms
- **Dialysis:** limited interest as
 - Elevated protein binding
 - Elevated distribution volume
 - Liposolubility
 - Elevated endogenous clearance

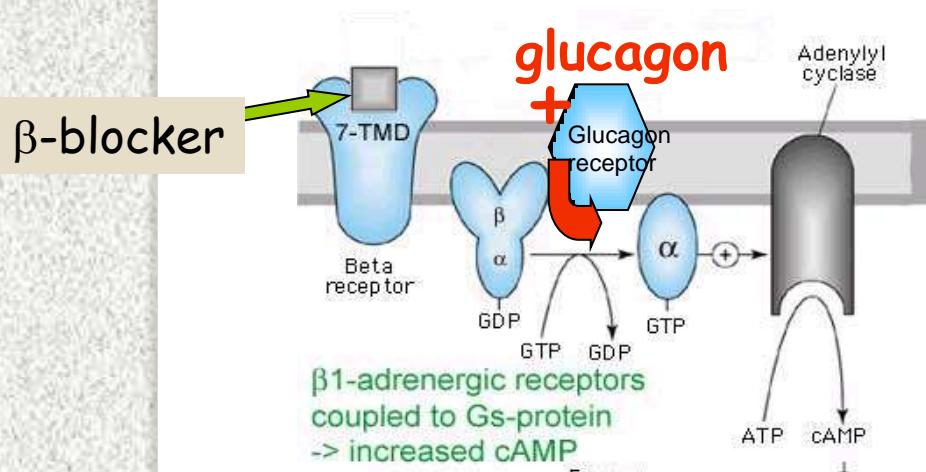


Antidotes for beta-blocker poisonings

Specific treatments

We recommend if supportive measures (adequate fluids and atropine) are ineffective, the administration of antidotes in the following order: dobutamine (or isoprenaline, especially in sotalol intoxication), glucagon, and epinephrine.

Taboulet P. *Clin Toxicol* 1993



Suspicion of beta-blocker poisoning

(HR < 60 /min and/or SBP < 100 mmHg)

Atropine 0.5 mg IV bolus
(if HR < 60 /min)

Fluid loading 500-1,000 ml
(if SPB < 100 mmHg)

Failure of symptomatic therapies

Dobutamine 5-20 µg/kg/min
Isoprenaline 1-5 mg/h (Sotalol)

Glucagon 2-5 mg IV bolus
2-10 mg/h continuous infusion

Epinephrine 0.5-10 mg/h

Ventricular pacing
Exceptional therapies (ECLS)

Antidotes for the calcium-channel blocker poisonings

- **Calcium salts:** 1 g IV bolus /15-20 min, 4 doses followed with 20-50 mg/kg/h infusion
- **Glucose - insulin:** 1 UI/kg IV bolus followed with 1 UI/kg/h infusion + adequate glucose

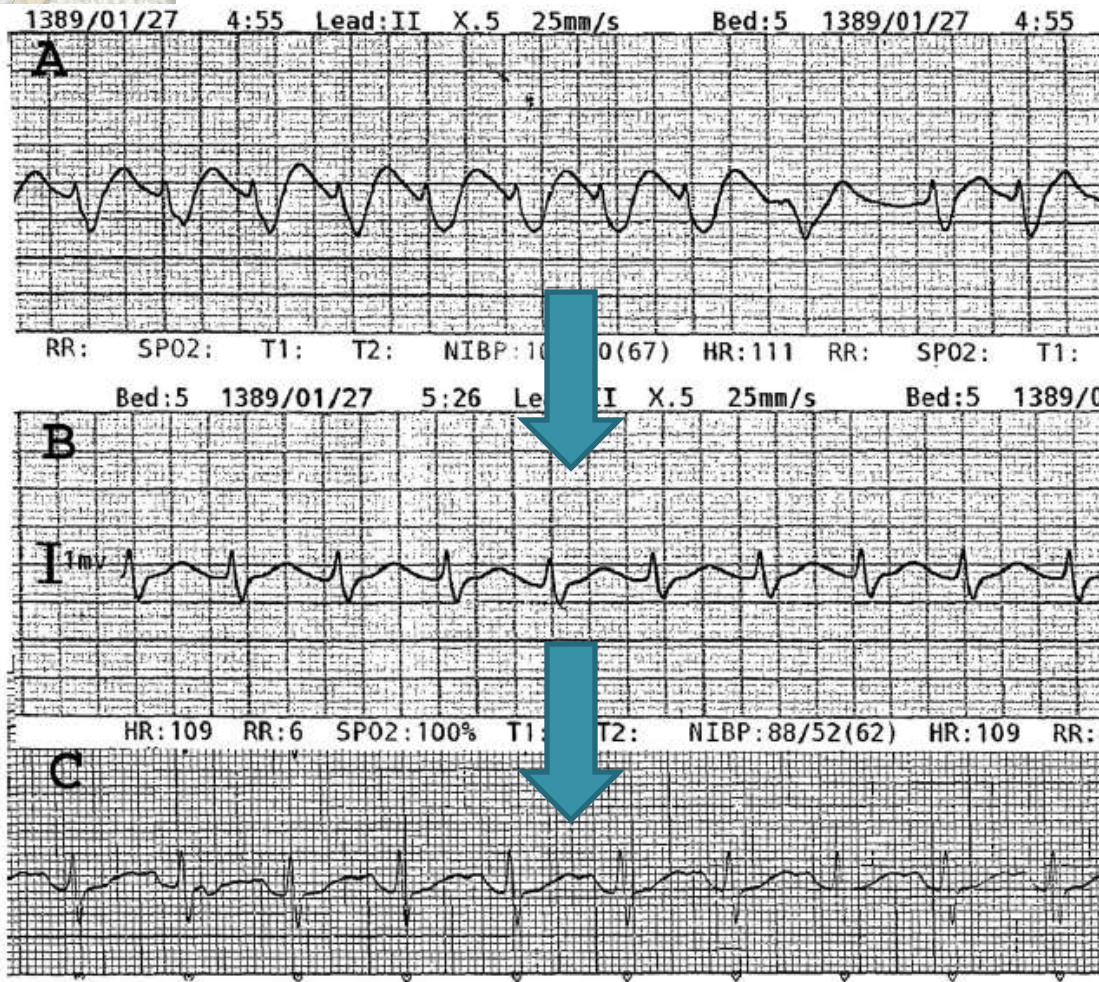
Yuan TH. *J Toxicol Clin Toicol* 1999
Boyer EW. *N Engl J Med* 2001

Metabolic basis for myocardial beneficial effect :

- Increase of insulin pancreas secretion
- Decrease of insulin resistance
- Decrease of free fatty acid uptake and switch to carbohydrates
- Increase of cytoplasmic calcium concentration
- Increase of myocardial "oxygen delivery / work" ratio

Kline JA. *Toxicol Appl Pharmacol* 1997

8.4% Sodium bicarbonate for poisonings with sodium channel blocker agents



The exact mechanism, optimal dosing, and mode of infusion are not well defined.

The most common approach: 1mEq/kg IV bolus if widened QRS or dysrhythmia.

Repeat boluses /3-5 min or place continuous infusion to achieve resolution of the dysrhythmia or QRS narrowing.

Serum pH should not exceed 7.55.



Fat emulsion for local anesthetic toxicity

To treat severe anesthetics side-effects in the OR as well as membrane-stabilizing agent or calcium-channel blocker poisonings.

Dose regimen: 1.5 ml/kg IV bolus then 0.25 ml/kg/min infusion

Mechanisms:

- Lipid sink / sponge: alteration of tissue distribution
- Modulator of myocardial energy, overcoming the inhibition of fatty acid-dependent metabolism
- Activator of myocardial Ca^{2+} channel increasing Ca^{2+} current
- Other toxin-specific mechanisms?



Sirianni AJ. *Ann Emerg Med* 2008
 Finn SD. *Anesthesia* 2009
 Weinberg GL. *Anesthesiology* 2009

Indication & dosage regimen of Fab fragments

Life-threatening conditions


- Ventricular arrhythmia : VF or VT
- Bradycardia with $HR \leq 40$ /min despite atropine infusion (1 mg)
- Hyperkalemia > 5 mmol /L
- Cardiogenic shock
- Mesenteric infarction

Molar neutralization
for curative treatment

Poor prognosticators

- Male
- Age over 55 years
- Underlying heart disease
- Atrioventricular block
- Bradycardia with $HR < 60$ /min despite atropine infusion (1 mg)
- Hyperkalemia > 4.5 mmol /L

Half-molar neutralization
for prophylactic treatment



Non-responsiveness to
conventional
supportive treatments
and antidotes

Difficulty to manage catecholamines

- epinephrine versus dobutamine -

F, 17 years, severe propranolol poisoning
Sedation + mechanical ventilation + FiO_2 100%

Epinephrine 1.5 mg/h			Dobutamine 15 $\mu\text{g/kg/min}$		
BP	S	93	56	mmHg	
	D	64	33	mmHg	
	M	75	43	mmHg	
P_{RA}		7	6	cmH ₂ O	
P_{AP}	S	27	19	cmH ₂ O	
	D	19	11	cmH ₂ O	
	M	23	15	cmH ₂ O	
P_{cw}		17	13	cmH ₂ O	
Cardiac Index		1.4	1.8	l/min/m ²	
Systemic resistances		50.3	20.3	UI	



Dramatic decrease in BP ...

ECLS in cardiogenic shock

The purpose of ECLS is to take over heart function until recovery can occur, minimizing myocardial work, improving organ perfusion, and maintaining the renal and biliary elimination of the toxicant.



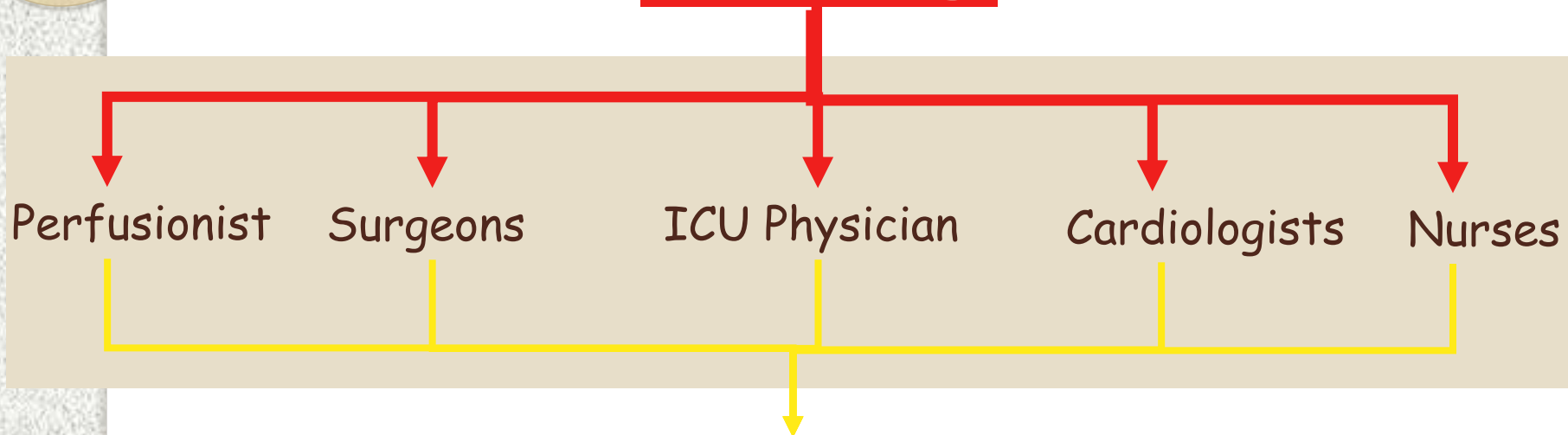
Specialized team in ICU



Toxic cardiac arrest or failure is announced



Warning



DISPONIBILITY

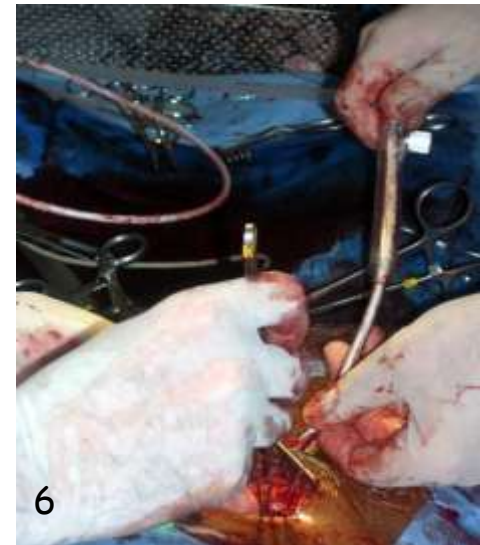
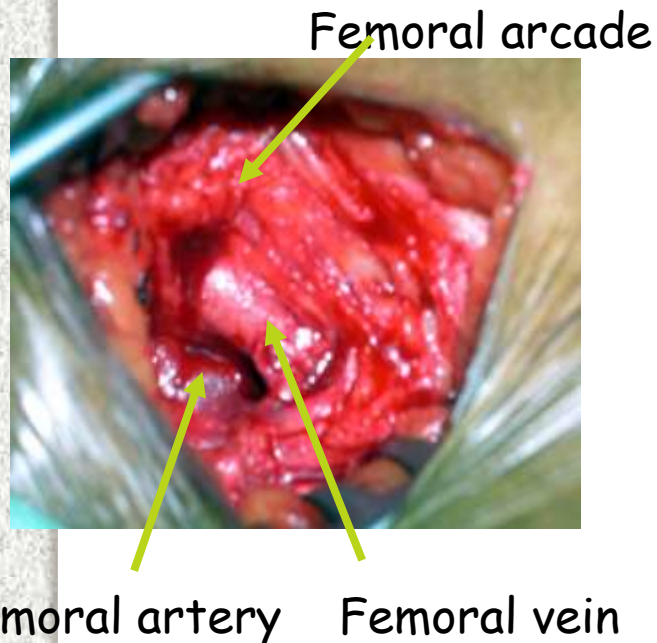
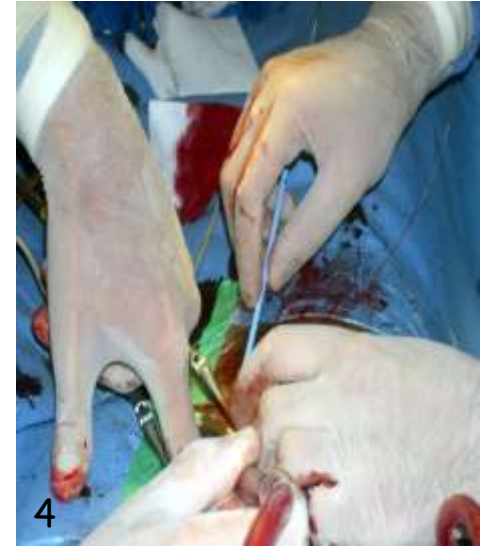
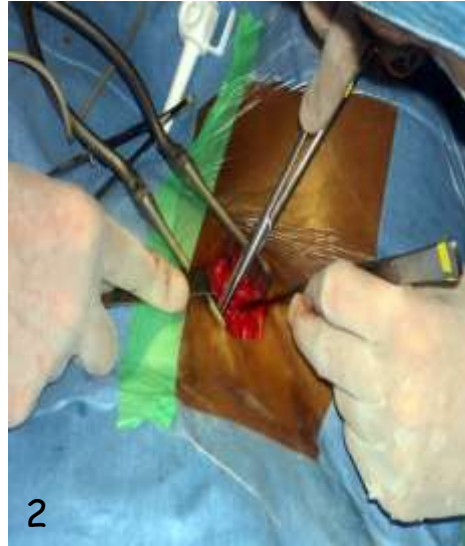
morning night
working days week ends



Adequate cardiac massage and ACLS are the keys for good prognosis in toxic cardiac arrest



Cannulation of femoral vessels in medical ICU



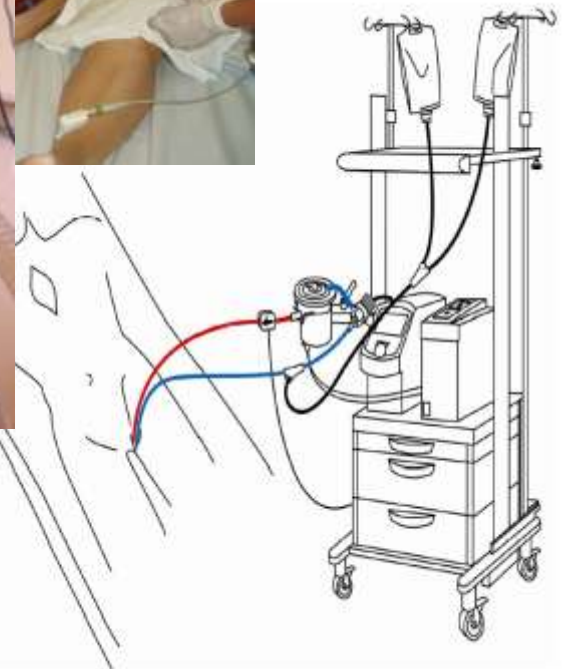
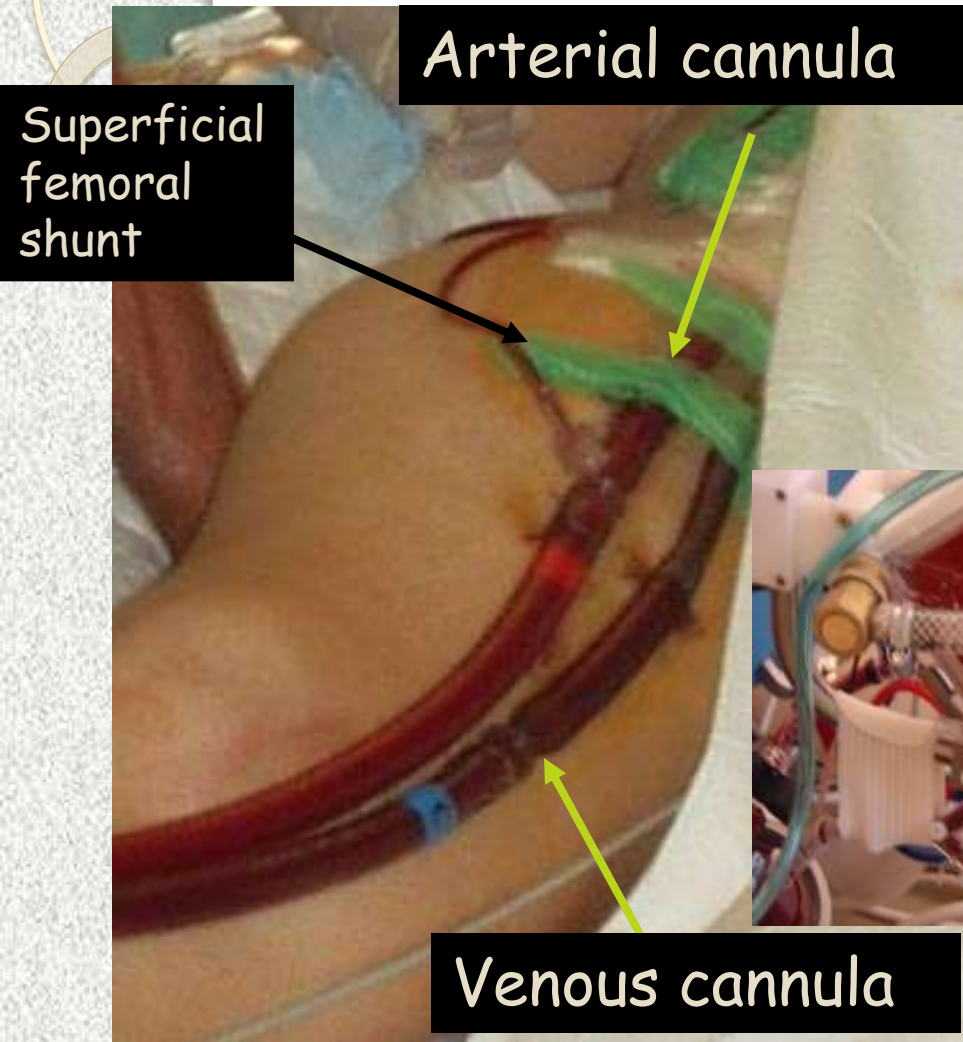
ECLS in the toxicological ICU



ECLS device preparation



ECLS in medical ICU

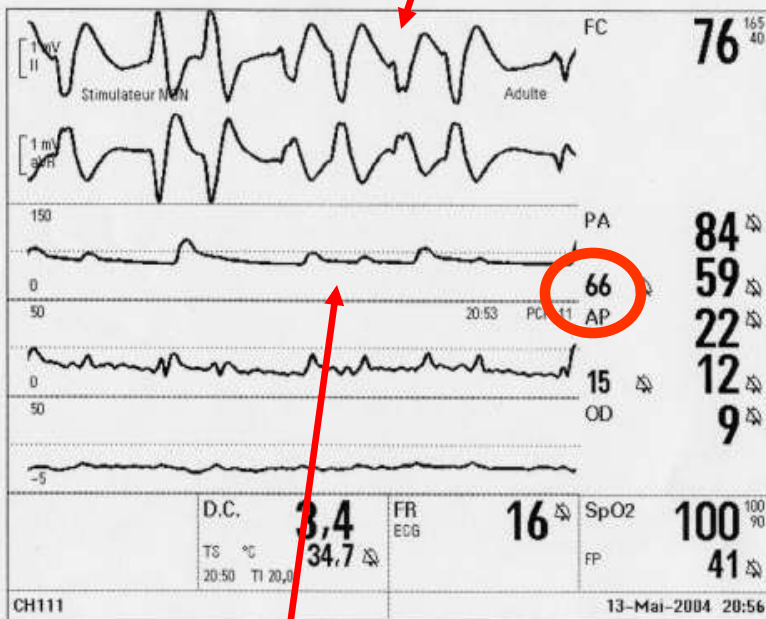


Babatasi G. *Arch Mal Cœur Vx* 2001
Mégarbane B. *Intensive Care Med* 2007

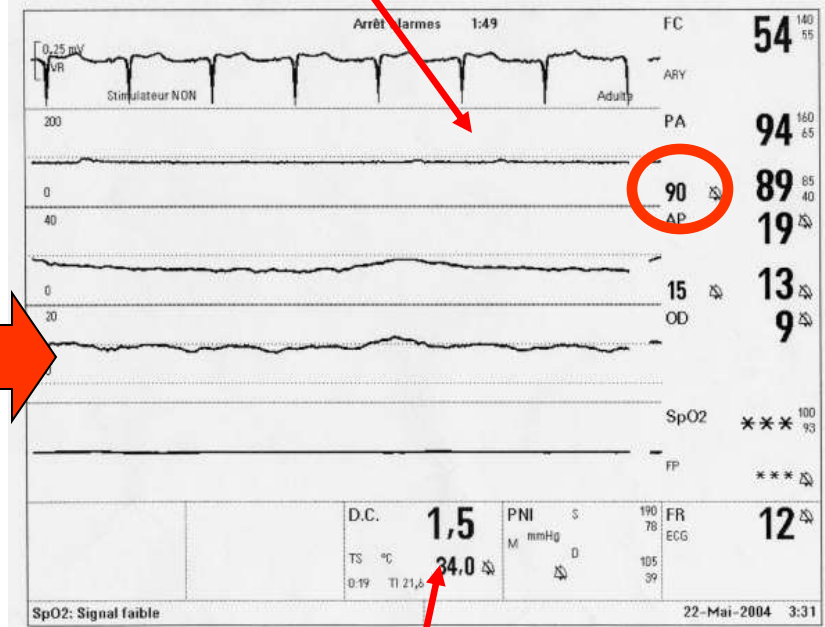
ECLS monitoring in ICU

Spontaneous cardiac rhythm

ECLS completely dependent cardiac flow (around 5-6 l/min)



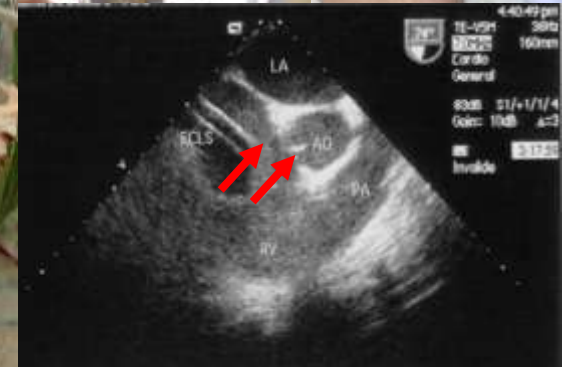
Severe hypotension despite high dose catecholamine



Spontaneous cardiac flow

Monitoring of an ECLS-treated poisoned patient in ICU

- **Efficient anticoagulation:**
heparin to obtain ACT = 2N
- **Catecholamines**
for mean BP = 60-70 mmHg +
dobutamine to facilitate LV discharge
- **Adequate transfusions**
- Adapted **Mechanical ventilation**
- **Temperature control**
- **Canulated lower limb monitoring (NIRS)**
- **Echocardiography:**
weaning criteria
- **Neurological evaluation (EEG, clinical)**
- **Care, nursing**



Published cases of ECLS- treated acute poisonings:

- Beta-blockers
- CCB
- Sodium channel blockers

Agent	References
Acebutalol	29,37
Amiodarone	38
Antidepressants (tricyclic)	15,29,39–41
Arsenic	42
Atenolol	29
Bisoprolol	29
Bupropion	43
Calcium Channel Blockers	1,44–49
Carbamazepine	29,50
Carbon monoxide	51
Chloroquine	15,52
Cibenzoline	29,53
Citalopram	29
Cocaine	54
Disopyramide	29,55
Diltiazem	29
Flecainide	29,56–58
Hydrocarbon products	59–63
Ibuprofen	64
Lidocaine	65
Mepivacaine	66
Methadone	67
Metoprolol	29
Opioids	67–69
Organophosphates	70
Paraquat	31,32
Paroxetine	29
Phosphine	71
Propafenone	15,29
Propranolol	29,72–74
Quetiapine	75
Quinidine	76
Radiocontrast material (intravenous)	77
Sotalol	29,78
Taxus	79
Venlafaxine	29
Verapamil	29
Zinc chloride	80
Zotepine	81

Case report (1)

Severe propafenone poisoning

F 50 years

HO : ingestion of 9 g propafenone (RYTHMOL®, 30 pills)

H1 : GCS 4 + HR 50/min + non-measurable SBP + complete AV block

Intubation + isoprenaline + 11.2% lactate (250 ml) + 1.4% bicarbonates (1,000 ml)

In ICU :

Hypotonic coma then seizures (clonazepam + pentobarbital)

SBP 90/50 mmHg , HR 79 /min

ECG : AV block I, QRS 140 ms, RBBB, Brugada syndrome

Bio : Metabolic alkalosis (pH = 7.66 ; HCO_3^- = 42 mM)

$\text{PaO}_2/\text{FiO}_2$: 246 mmHg, lactate : 3 mM, creatinine : 57 μM ,

Propafenone concentration : 2.9 mg/l (N < 1 mg/l)

Cardiac failure (LVEF : 35%, cardiac output : 2.2 l/min)

despite epinephrine up to 5 mg/h and 8.4% bicarbonates

Case report (2)

Outcome in a severe propafenone poisoning

- H3 :** Renal failure : oliguria and creatinine of $107\mu\text{M}$
Respiratory failure : $\text{PaO}_2/\text{FiO}_2$ ratio of 134 mmHg
- H7 :** ECLS with femoral cannulation
Anticoagulation with heparin
Assistance flow of 3.5 l/min with 2,800 turns/min.
Dobutamine : $10\mu\text{g/kg/min}$
- H12 :** Dissociation between electrical and mechanical activities
- H48 :** ECLS weaning
- D4 :** *P. aeruginosa* hospital-acquired pneumonia
- D8 :** Extubation
- D22 :** Return back home
- M6:** Normal life quality

Non-reactive mydriasis is not a sufficient reason to refuse ECLS

Initial non-reactive mydriasis



On ICU admission

Photo-reactive pupils



After ECLS

Case report (3)

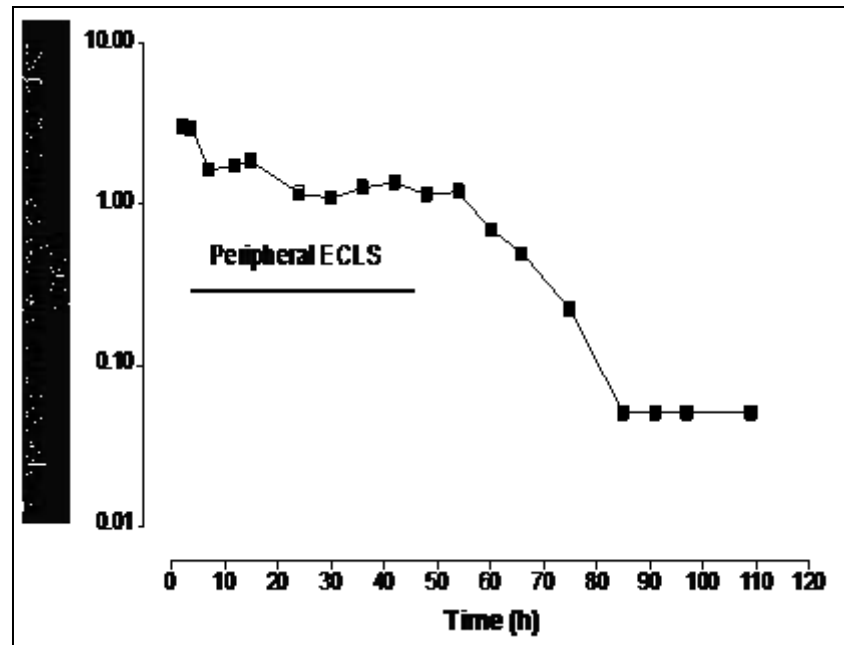
Assessment of ECLS interest in propafenone poisoning

	H3	H4	H12	H24	D2	D3
Spontaneous Q (l/min)	1.9	1.9	0	2.5	4.5	5.7
LVEF (%)	35	35	0	45	50	50
Assistance Q (l/min)	-	-	3.5	3.5	3	0
SvO ₂ (%)	45	60	73	79	79	-
Plasma lactate (mmol/l)	8.3	-	4.6	1.8	0.9	0.9
Epinephrine (mg/h)	5	5	5	0.1	0	0
Dobutamine(μ/kg/min)	0	0	10	10	10	5

Case report (4)

Propafenone toxicokinetics in a severe poisoning requiring ECLS

- Elimination half-life: 30 h (pharmacology: 4 h)
- Volume of distribution: 151 l/kg
- Clearance: 262 l/h



Outcome of 57 poisoned patients treated with ECLS

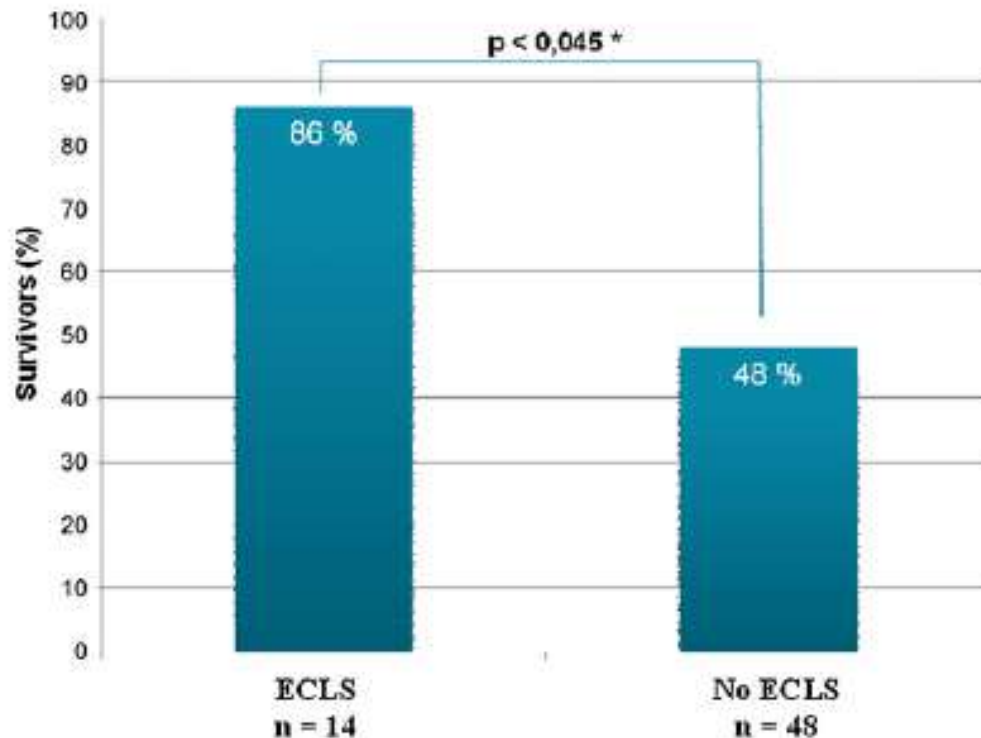
	Total (N = 57)	Cardiac failure (N = 26)	Refractory arrest (N = 31)
Survival	16 (28%)	12 (46%)	4 (13%)
Neurological sequellae	4	3	1
Hemorrhagic accidents	9	2	7
Thombo-embolic complications	3	2	1
Lower limb ischemia	4	3	1

Multivariate analysis of the prognostic factors of death in 57 poisonings treated with ECLS

ECLS indication for refractory cardiac arrest, plasma AST level, and plasma bicarbonate concentration were the 3 independent predictive factors of death ($p < 0.0001$)

	Odds Ratio	95% Confidence interval
Refractory cardiac arrest	5.8	[1.6 - 21.3]
AST > 750 IU/l	9.0	[1.1 - 75.2]
Plasma bicarbonate concentration < 16.0 mmol/l	11.8	[1.4 - 97.4]

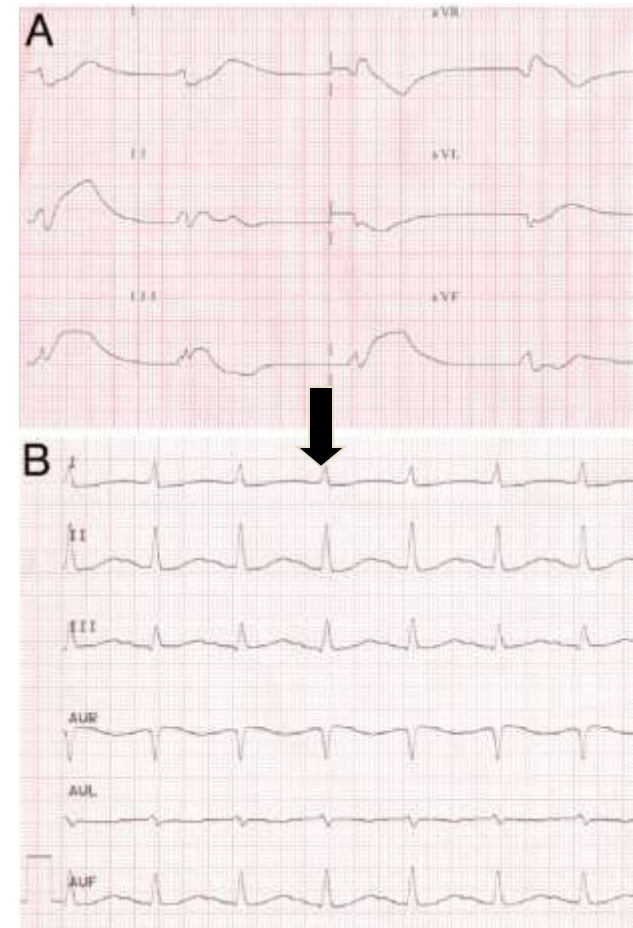
A comparison of survival with and without ECLS support treatment for severe poisoning due to drug intoxication



* Adjusted on IGS II and beta-blockers intoxication

Death of ECLS-treated poisoned patients

- **Death** resulted from multiorgan failure, anoxic encephalopathy or capillary leak syndrome if ECLS was performed under cardiac massage.
- Four patients presented **documented brain death**, allowing organ donation in 2 cases.
- **The heart** of one flecainide-poisoned patient was successfully transplanted, after normalization of ECG and myocardial function as well as toxicant elimination under ECLS.



Capillary leak syndrome

Fluid leak from the intravascular to the interstitial compartment
(increased capillary permeability due to endothelial injury)

Cause : prolonged cardiac arrest

Consequences :

- Generalized edema, increasing weight
- Alveolar hemorrhage
- ↘ ECLS efficiency
- Altered physical aspect

Final result : death



The thin lie between life and death ...

Complications of ECLS

Adverse event	Reported range (%)
<i>Related to ECMO</i>	
Dysfunction of oxygenator	4–17.5
Pump malfunction	1–12
Rupture of the tubing	6–12
Air in circuit	1.6
Blood clots	
Oxygenator	2–12.2
Rest of the circuit	1–22
Cannula-related problems	8.4–12
Other mechanical problems	7.9
<i>Not directly related to ECMO</i>	
Bleeding	
Surgical site bleeding	13.6–36
Cannulation site bleeding	16.9–22
Pulmonary hemorrhage	6.5–10
Gastro-intestinal hemorrhage	3.8–10
Intracranial hemorrhage	1–7
Vaginal bleeding	9
Hemolysis	2.4–10
Disseminated intravascular coagulation	1.9–10
Culture-confirmed infection at any site (related or unrelated to ECMO)	10–21.3
Central Nervous system infections	2.8
Seizures	0.8–3
Leukopenia	1.2–3
Limb ischemia (in VA-ECMO)	19–21
Thrombocytopenia	51

ECLS availability in France

- Poisonings are admitted to ERs and ICUs
- 2/3 of general and university hospitals are lacking from department of cardiac surgery
- Requirement of experience to perform ECLS for the whole team of care-givers



Development of mobile ECLS units

J. Théodore, 2008



Mobile ECLS unit

Conclusions :

- Shock and arrhythmias following poisonings with cardiotoxicants (especially with digitalis, sodium-channel, and calcium channel blockers) are frequent and may lead to life-threatening symptoms and death.
- Adequate monitoring of severity and assessment of prognostic criteria are mandatory to improve patient management.
- Treatment is mainly supportive. Despite the absence of high-level of evidence, administration of antidotes is life-saving.
- Peripheral ECLS may represent the unique solution in patients admitted for severe poisonings with non-responding arrhythmias or cardiac arrest. Its definitive benefit should be prospectively evaluated on a larger cohort.