

Pharmacogenetic testing: why and when?



COIG 2013 – Bunnik

Teun van Gelder

Afdelingen Interne Geneeskunde en Apotheek

Erasmus Medisch Centrum, Rotterdam

Outline

1. Pharmacogenetics
2. Example 1: metformin (Glucophage)
3. Example 2: abacavir (Ziagen)
4. Example 3: tamoxifen (Nolvadex)
5. Conclusions

Drug therapy - Current clinical practice

Two patients

Drug therapy - Current clinical practice

Two patients

Same symptoms

Drug therapy - Current clinical practice

Two patients

Same symptoms

Same findings

Drug therapy - Current clinical practice

Two patients

Same symptoms

Same findings

Diagnose the same disease

Drug therapy - Current clinical practice

Two patients

Same symptoms

Same findings

Diagnose the same disease

Start same (standard dose) drug therapy

Drug therapy - Current clinical practice

Two patients

Same symptoms

Same findings

Diagnose the same disease

Start same (standard dose) drug therapy

... Find different effects!

Causes for variability in drug response

Non-compliance

Underlying disease (kidney and liver function)

Age, gender

Drug – drug interactions

Environmental factors (smoking, diet)

Causes for variability in drug response

Non-compliance

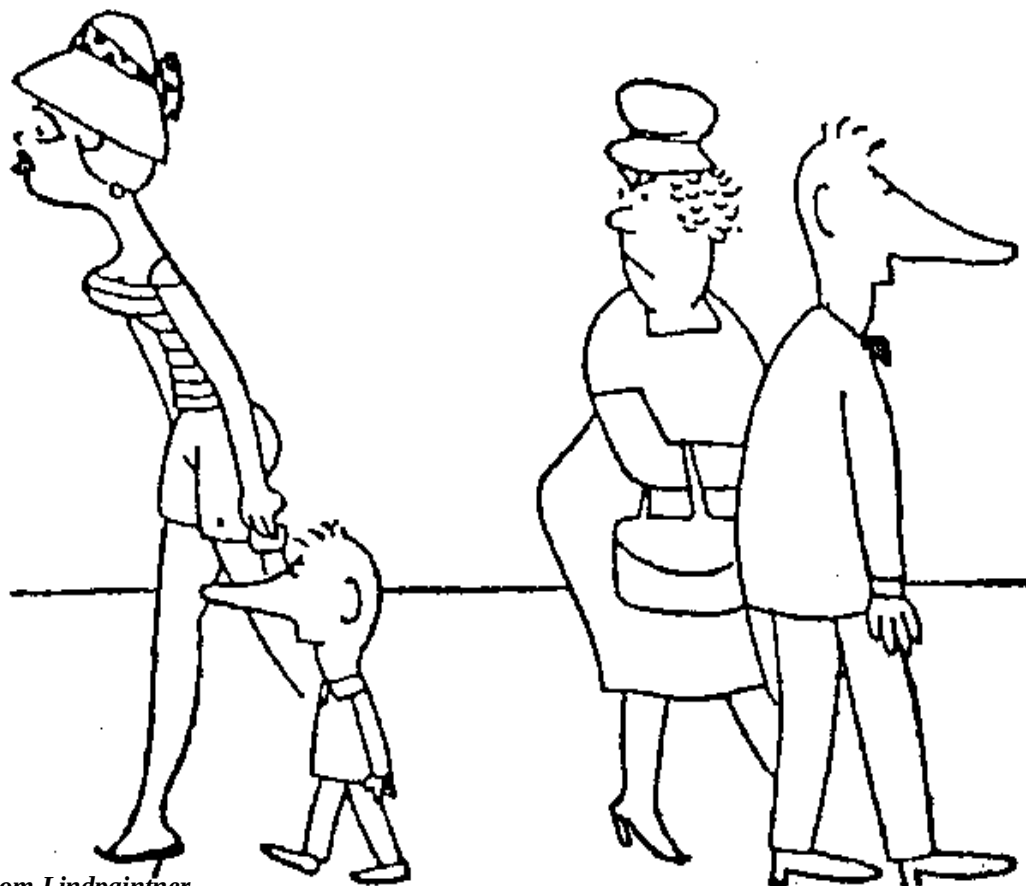
Underlying disease (kidney and liver function)

Age, gender

Drug – drug interactions

Environmental factors (smoking, diet)

Genetics (pharmacokinetics and pharmacodynamics)



Adapted from Lindpaintner

Human genome sequence variation

- Single nucleotide polymorphisms (SNPs) are the most common class of human DNA sequence variation
 - SNP may alter protein function or expression
 - More than 1.4×10^6 SNPs in human genome
 - Average gene contains 6-8 SNPs
- An estimated 20-95% of variability in drug disposition and effects is attributed to genetic differences between individuals

Pharmacogenetics and the practice of medicine

Allen D. Roses

Genetics Directorate, Glaxo Wellcome plc, Greenford, Middlesex UB6 0HE, UK, and Duke University Medical Center, Durham, North Carolina 27710, USA

NATURE | VOL 405 | 15 JUNE 2000 | www.nature.com

The NEW ENGLAND JOURNAL of MEDICINE

REVIEW ARTICLE

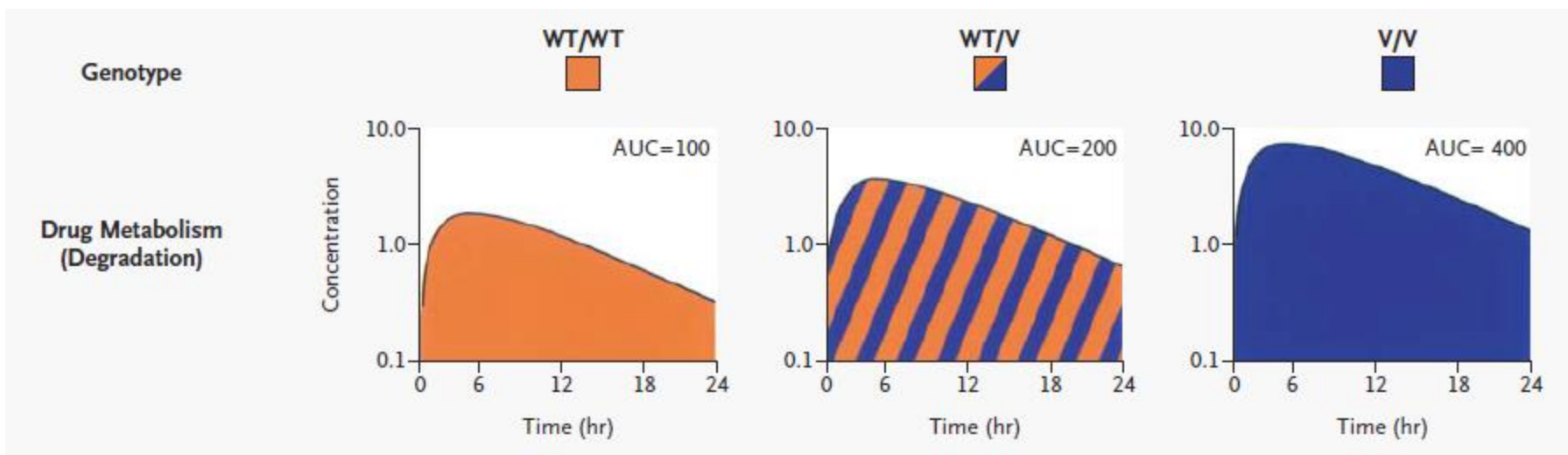
DRUG THERAPY

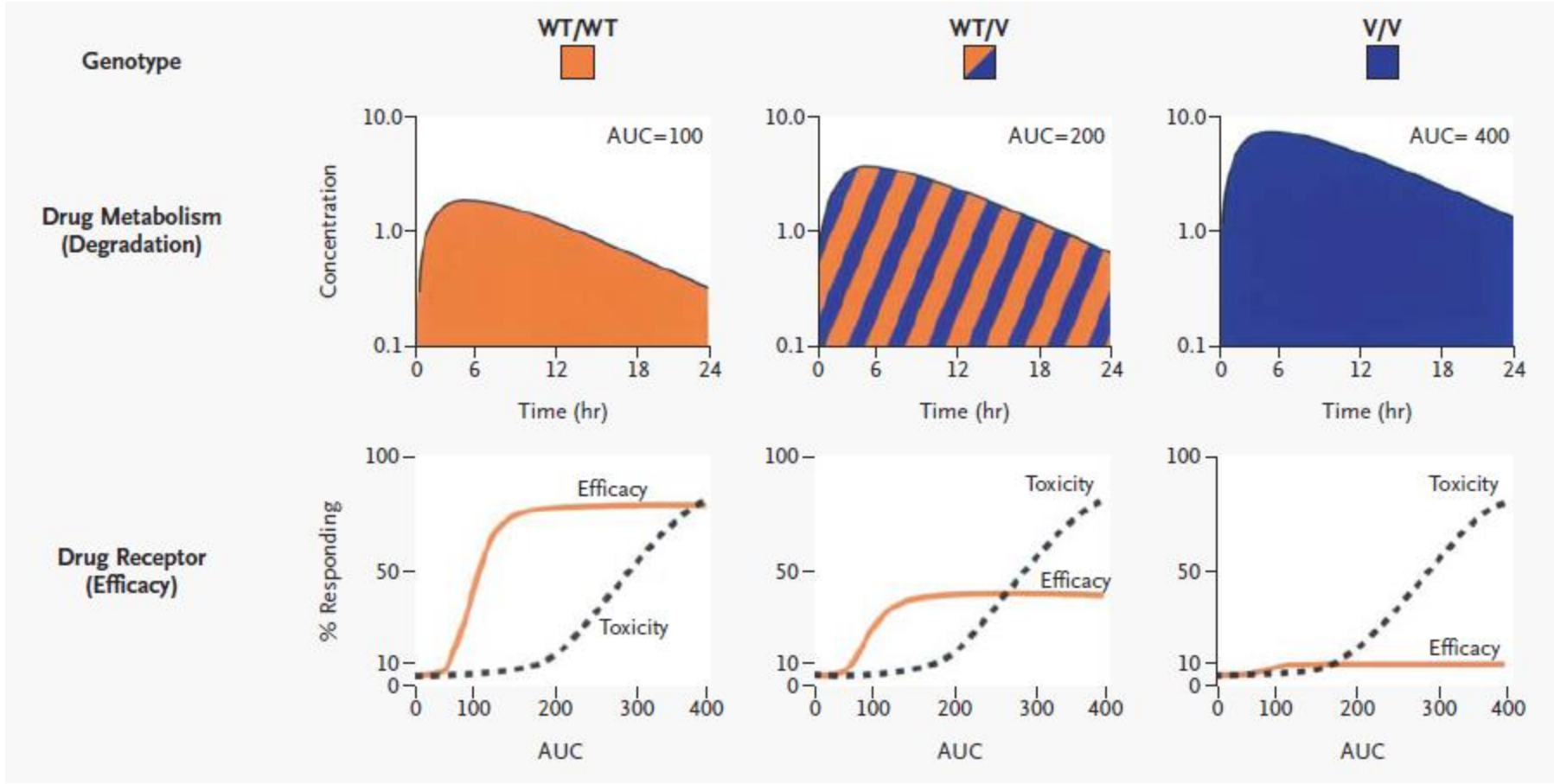
Alastair J.J. Wood, M.D., *Editor*

Pharmacogenomics — Drug Disposition,
Drug Targets, and Side Effects

William E. Evans, Pharm.D., and Howard L. McLeod, Pharm.D.

N ENGL J MED 348;6 WWW.NEJM.ORG FEBRUARY 6, 2003





Genotype

WT/WT



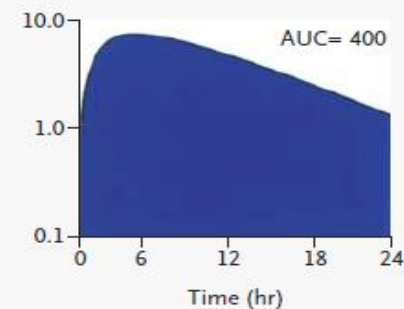
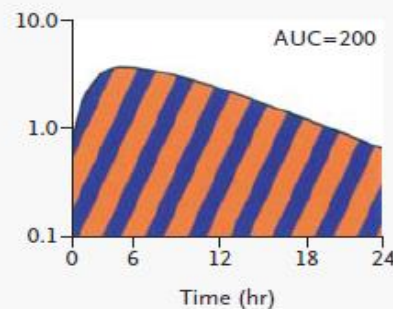
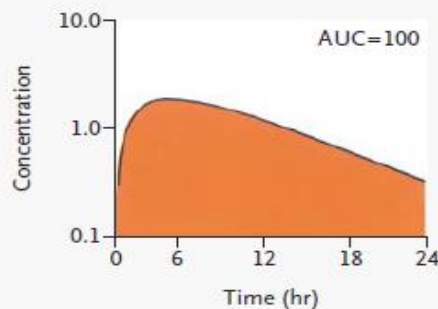
WT/V



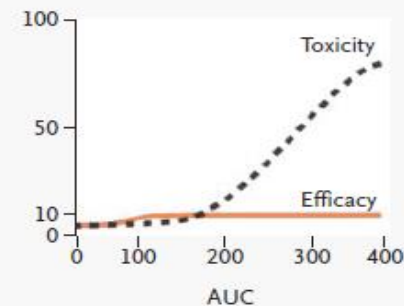
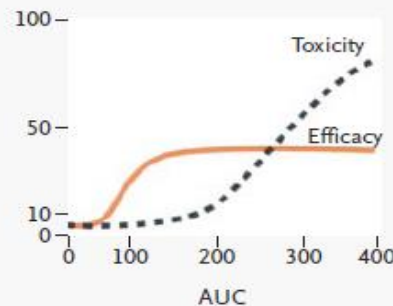
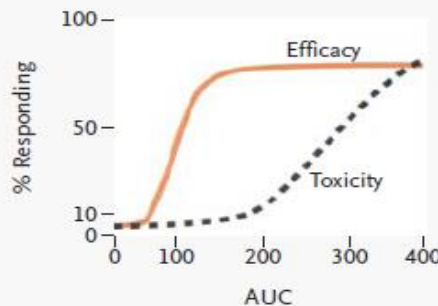
V/V



Drug Metabolism
(Degradation)



Drug Receptor
(Efficacy)



Polygenic Drug
Response

Metabolism genotype		Receptor genotype	Response	
			Efficacy	Toxicity
	+		65%	Low (5%)
	+		32%	Low
	+		9%	Low
	+		79%	Moderate (15%)
	+		40%	Moderate
	+		10%	Moderate
	+		80%	High (80%)
	+		40%	High
	+		10%	High

Erasmus MC



Goals of a pharmacogenetic approach

1. Help choose the most appropriate drug for each individual
2. Select an optimal dose
3. Identify those at risk from atypical adverse drug reactions

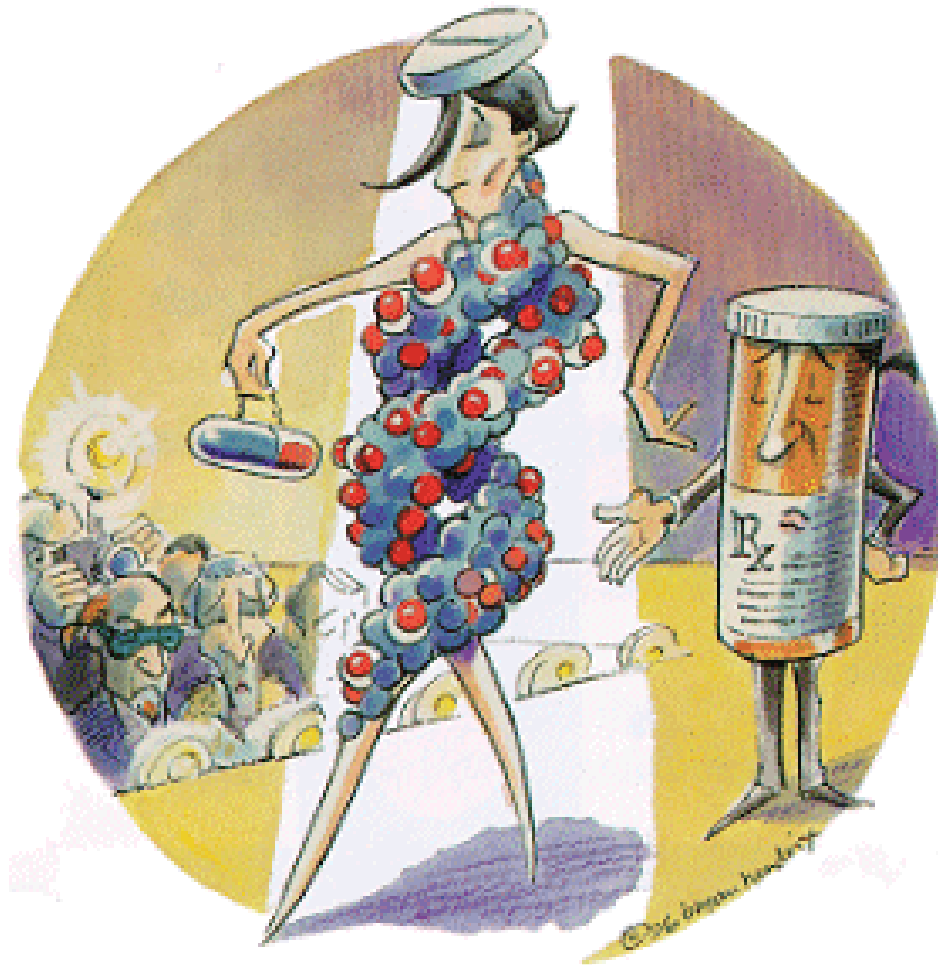


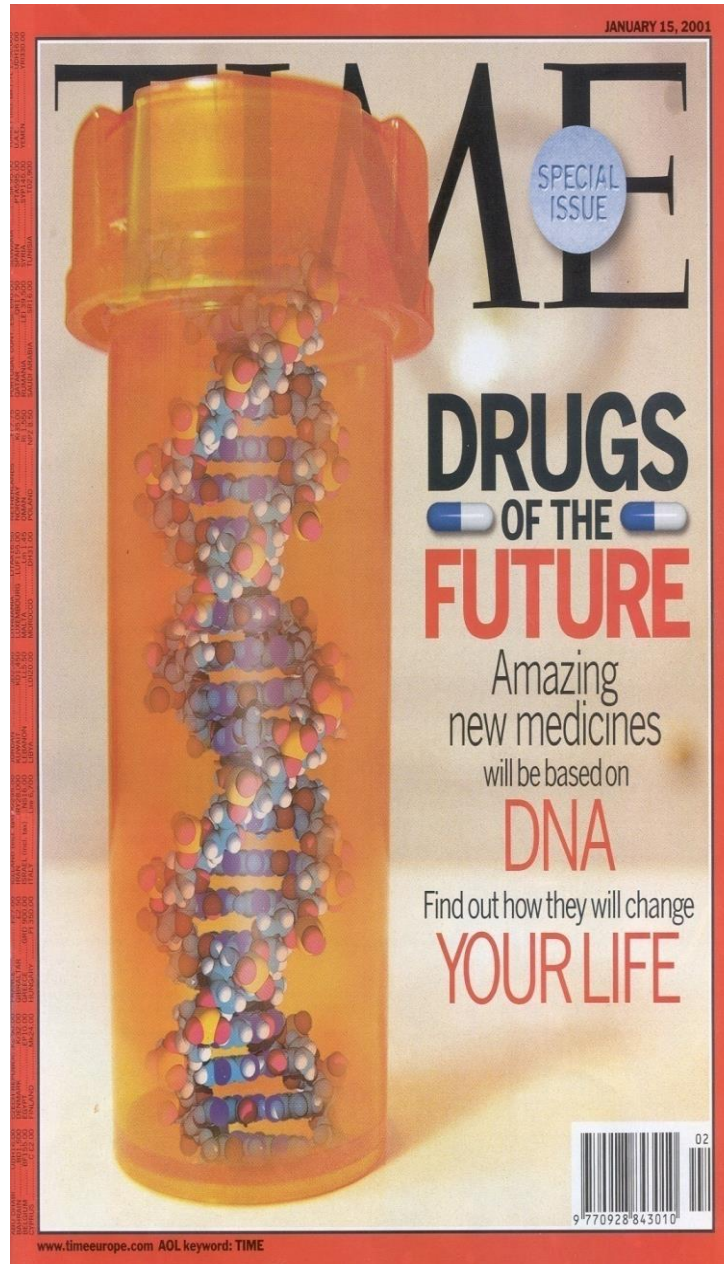
Introducing pharmacogenetics into medicine:

Revolution?

Or

Evolution?





Academisch Medisch Centrum UvA

Richard Koopmans, Petra van Rijn e.a.
toepasbaarheid
genen geassocieerd met RAAS, Na-transport,
β-receptor
antihypertensiva

NKI-AvL, Slotervaartziekenhuis

Jos Beijnen, Jan Schellens, Paul Smits, Irma Meijermans
toepassing
diverse CYP-enzymen en transporters
oncolytica, antiretrovirale geneesmiddelen

VU Medisch Centrum

Pierre Bet, Jeantine Lunshof
genotype-effectrelatie, toepassing, ethische aspecten
CYP1A2, CYP2C19, CYP2D6
oncolytica, psychofarmaca, neurotransmissie bij angst
en depressie

LUMC

Henk-Jan Guchelaar, Jesse Swen e.a.
genotype-effectrelatie, toepassing,
implementatie in de eerste lijn
circa 50, met name CYP2D19 en CYP2D6
voor de eerste lijn (AmpliChip)
oncolytica, antirheumatica,
immunomodulantia

Apotheek Haagse Ziekenhuizen

Daan Touw, Nicole Hunfeld, Willem Geus
genotype-effectrelatie, toepassing
CYP2C9, CYP2C19, CYP2D6
protonpompremmers, antidepressiva,
antipsychotica

UU Farmaco-epidemiologie en

Farmacotherapie, UMC Utrecht

Ton de Boer, Olaf Klungel, Anke Hilse
Maitland-van der Zee, Toine Egberts,
Ton Schalekamp, Bert Leufkens e.a.
genotype-effectrelatie, ontwikke-
ling, toepassing, farmaco-economie
genoom-breed, kandidaatgenen
bloedstolling, hypertensie, hypercho-
lesterolemie, diabetes, astma,
depressies, psychosen, epilepsie

Erasmus MC

Ron van Schaik e.a.
genotype-effectrelatie, toepasbaarheid,
toepassing
circa 50 (zie www.erasmusmc.nl/akc/research/Assays%20Farmacogenetica%20A%20KC%202005-2.pdf), met name BCHE,
CYP2C9, CYP2C19, CYP2D6, CYP3A4,
CYP3A5, TPMT, VKORC1
psychiatrie, transplantatie/immuno-
suppressie, oncologie, virologie, anesthesie,
hypertensie, hypercholesterolemie

St Antonius Ziekenhuis

Vera Deneer
genotype-effectrelatie, toepassing
ABCB1, ACE, CYP2C9, CYP2C19, CYP2D6, CYP3A4,
CYP3A5, GPIIb/IIIa-receptor, P2Y1, P2Y12, TPMT
β-blokkers, psychofarmaca, immunomodulantia,
trombocytenaggregatiemmers, ACE-remmers

Zorggroep Noorderbreedte,

Stichting KVF/LVF
Koos Brouwers, Bob Wilffert,
Nasser Ajubi, Huib Storm,
Gerda Noordhoek, Asmar Al
Hadithy
ontwikkeling, toepassing
CYP1A2, CYP2C9, CYP2C19,
CYP2D6
psychofarmaca, bloedstolling

RuG Farmacotherapie en Farmaceutische

Patiëntenzorg, RuG Farmaco-economie,
UMC Groningen
Asmar Al Hadithy, Koos Brouwers, Bob
Wilffert, Eric van Roon, Maarten Postma,
Richard Bruggeman
genotype-effectrelatie, ontwikkeling,
toepasbaarheid, farmaco-economie
diverse CYP-enzymen, receptoren en
transporters
psychofarmaca, bloedstolling,
jichtmiddelen

Wilhelmina Ziekenhuis

Hans Mulder
toepasbaarheid, toepas-
sing
CYP2C9, CYP2C19,
CYP2D6, HTR2C
psychiatrie,
gewichtstoename door
antipsychotica

Ziekenhuisapotheek

Meppel-Hoogeveen
Jan Gerard Maring
ontwikkeling uracilbelastingstest
DPYD-deficiëntie
fluorouracil en capecitabine

Ziekenhuisgroep Twente

Michiel Damhof, Arne Risselada,
Petra Brummelhuis, Hans Mulder
toepasbaarheid, toepassing
HTR2A, HTT, CYP2C19, CYP2D6
antidepressiva (SSRI's)

Medisch SpectrumT wente

Kris Movig, Maurits Arbouw
genotype-effectrelatie, toepassing
A2A, APOE, CYP2C9, CYP2C19,
CYP2E1, DAT, DRD1-DRD5
psychiatrie, parkinsonmiddelen

Ziekenhuis St. Jansdal

Jan van der Weide
ontwikkeling, toepasbaarheid, toepassing
CYP1A2, CYP2C9, CYP2C19, CYP2D6,
21 receptorpolymorfismen
psychiatrie

UMC St Radboud

Barbara Franke, Hans Scheffer, Marieke Coenen
genotype-effectrelatie, toepasbaarheid, toepassing, farmaco-
economie
genoom-breed, multiële kandidaatgenen (zie www.dnadiagnostiek nijmegen.nl/docs/nijm_aanvRisico.pdf), met name HTR2C, TPMT
auto-immuunziekten, psychiatrie, epilepsie, oncologie, thiopurines

Máxima Medisch

Centrum
Luc Derijks
genotype-effectrelatie,
toepassing
TPMT
leukopenie door
thiopurines

Maasland Ziekenhuis

Piet Hooymans, Jeroen Derijks, Dennis Wong
ontwikkeling
CYP2C9, CYP2C19, CYP2D6, TPMT
psychofarmaca, leukopenie door thiopurines

Academisch Ziekenhuis Maastricht

Otto Bekers e.a.
genotype-effectrelatie, ontwikkeling,
toepasbaarheid, toepassing
ABCB1, CYP2C9, CYP2C19, CYP2D6,
CYP3A4, CYP3A5, TPMT
transplantatie/immunosuppressie, long-
ziekten, cardiologie, maag-, lever- en
darmziekten, psychiatrie

St Annaziekenhuis, Kempenhaeghe

Hans Soons
genotype-effectrelatie
CYP2C9, CYP2C19, CYP3A4
bloedstolling, epilepsie

Jeroen Bosch Ziekenhuis

Jean Conemans, Mirjam Hermans, Cecile Belkiers, Kim Handoko
toepassing
ABCB1, ACE, CYP2C9, CYP2C19, CYP2D6, TPMT
ACE-remmers, angiotensineantagonisten, neuroleptica,
antidepressiva, anticoagulantia, anti-epileptica, thiopurines

29 september 2006 • Pharmaceutisch Weekblad nr. 39

Erasmus MC

Erasmus

Questionnaire for the audience

For routine patient care I have requested genotyping of a patient prior to initiating drug therapy:

- A. Never
- B. Once or twice
- C. A few times per year
- D. Regularly

Questionnaire for the audience

For routine patient care I have requested genotyping of a patient after to initiating drug therapy (adverse event, non-responsiveness):

- A. Never
- B. Once or twice
- C. A few times per year
- D. Regularly

Erasmus MC Rotterdam

Pharmacogenetic testing :

1. Dr R van Schaik, clinical chemist, Head Pharmacogenetics Core Lab (AKC)
2. Dr B Koch, hospital pharmacist, Head Pharmacy Lab
3. Dr T van Gelder, internist – clinical pharmacologist

To be answered:

- Is there a good rationale for testing?

Evidence for testing prior to R/? Correct gene?

If adverse event: interactions?

- Interpretation of the result of testing

Reason for genotyping request:

Drug

Dose

Conc.

Co-med.

☐ Screening prior to therapy

☐ High blood levels

☐ Low blood levels

☐ No effect

☐ Side effects

CONSULT

Dr. van Schaik (klinisch chemicus)
email: r.vanschaik@erasmusmc.nl
(+31) 10 7033119

Prof. van Gelder
(internist-klinisch farmacoloog)
email: t.vangelder@erasmusmc.nl
(+31) 10 7033202

☐ Cito

Fax

Gene to be tested:

☐ CYP1A2

☐ CYP2B6

☐ CYP2C8

☐ CYP2C9

☐ CYP2C19

☐ CYP2D6 - (33 variants, AmpliChip)

☐ CYP2D6 - (14 variants, DNA chip)

☐ CYP2E1

☐ CYP3A4

☐ CYP3A5

☐ ABCB1 (MDR-1)

☐ DPYD

☐ HLA-B*1502

☐ HLA-A*3301

☐ HLA-B*5701

☐ IL-28B

☐ SLCO1B1

☐ TPMT

☐ UGT1A1

☐ Pseudocholinesterase (BChE) (4)

☐ Unknown to me: please advice.

☐ Other gene, being:

Consulted with:

Niet invullen! T.b.v. interne registratie AKC:

☐ PORD

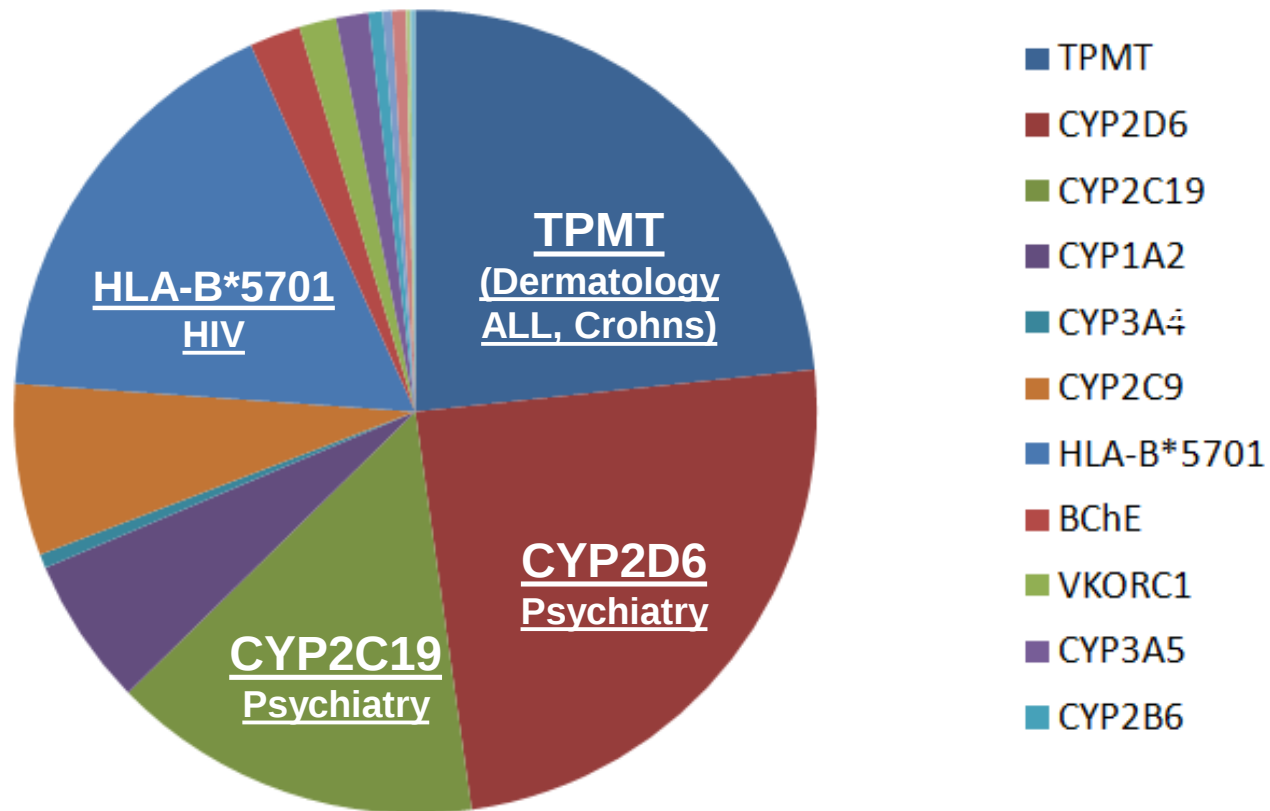
DNAr

PIDNR

Monsternr

PGx testing in 2012

PGx requests 2012 (n=536)



Metformine

Studies binnen ERGO cohort (Rotterdam study)

Afd Pharmacoepidemiologie

(Matthijs Becker, Loes Visser, Bruno Stricker)

98 incidente metformine gebruikers

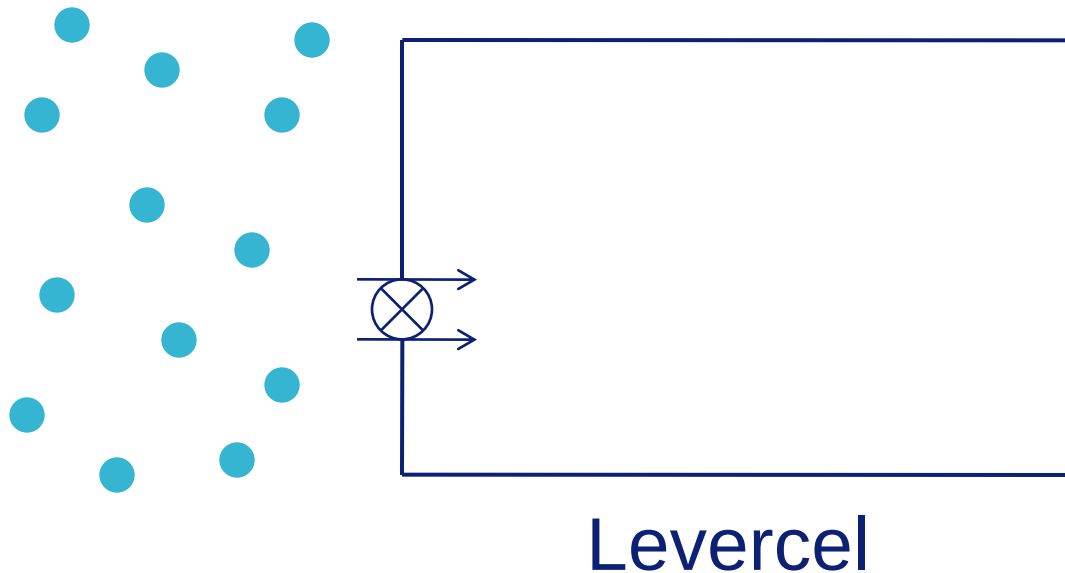
HbA1c en genotype bekend

OCT1 : (organic cation transporter 1) transporteert cel in

MATE1: (multidrug and toxin extrusion 1) efflux pomp

Metformine & OCT1 (organic cation transporter 1)

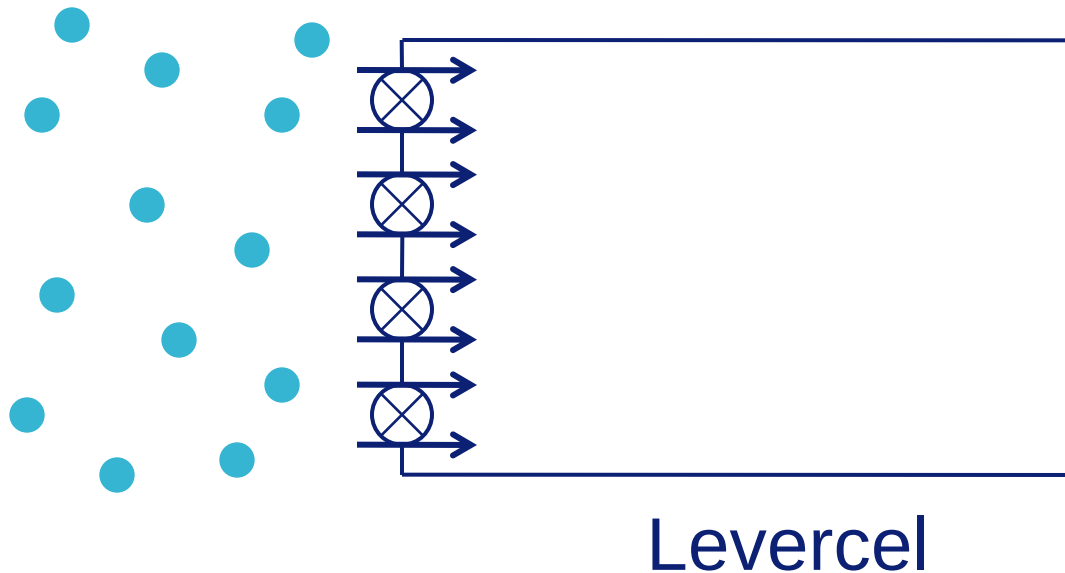
13% heeft een **slecht** werkende OCT1 pomp



(M.L. Becker 2009)

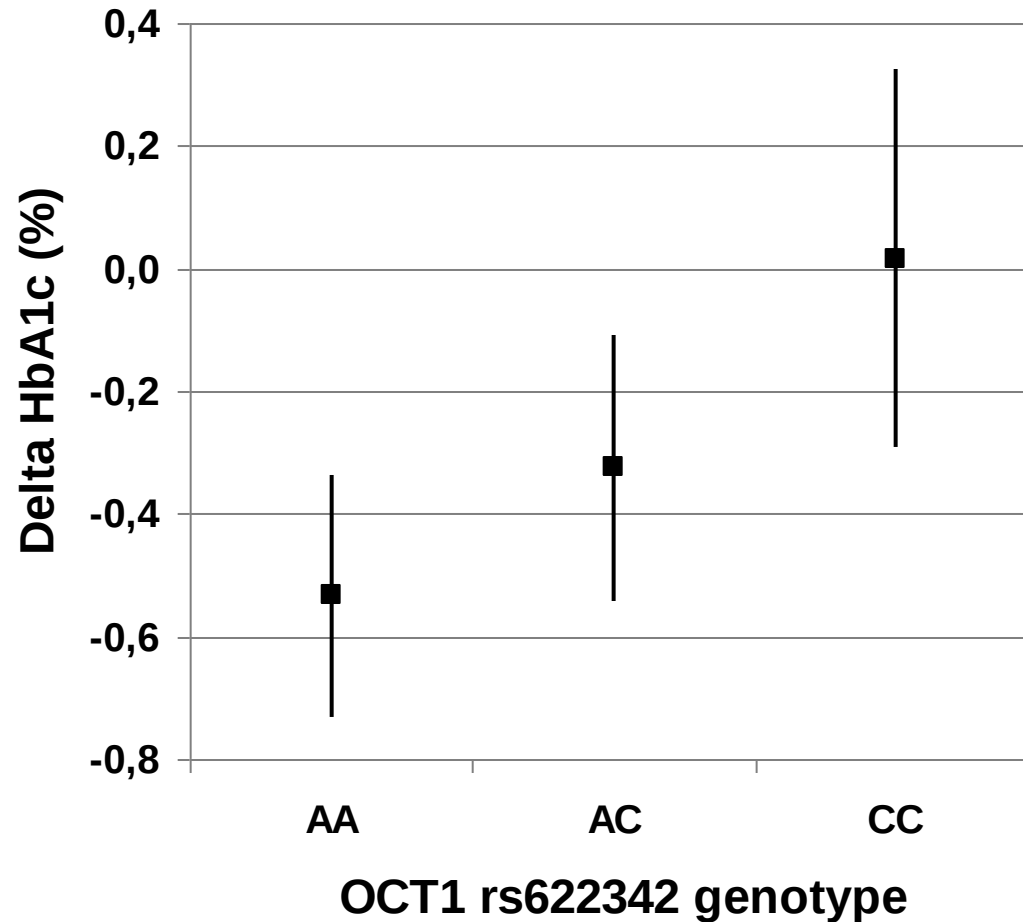
Metformine & OCT1 (organic cation transporter 1)

48% heeft een **goed** werkende OCT1 pomp



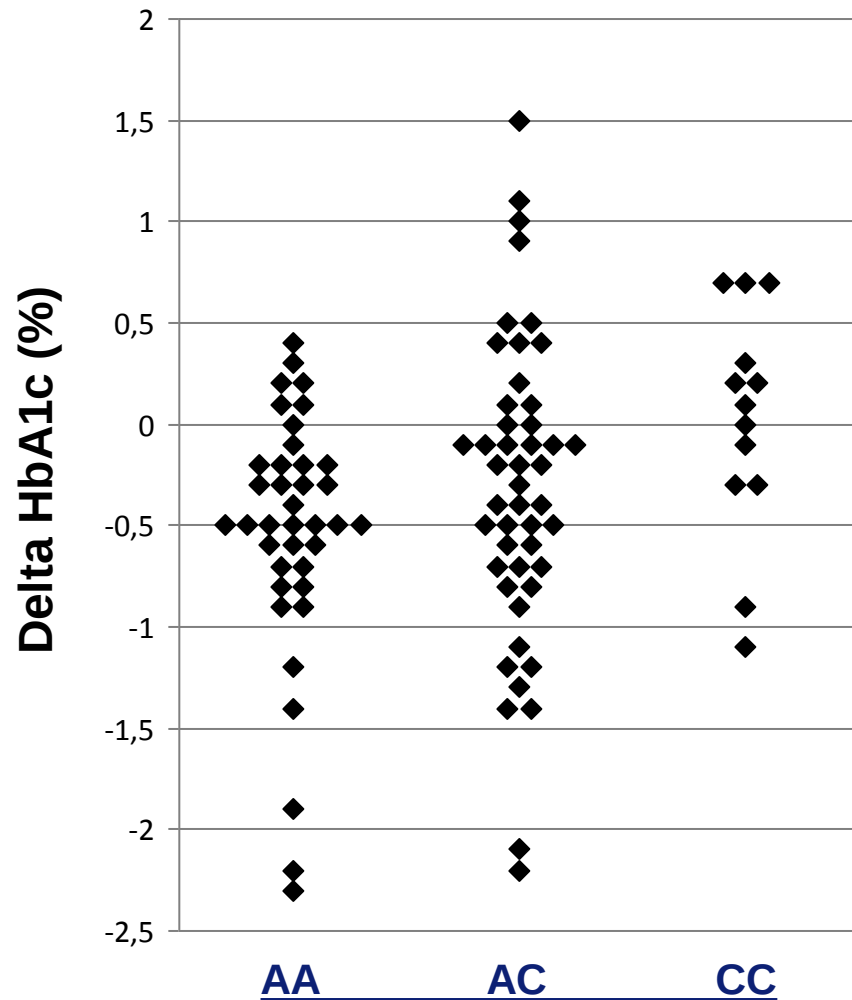
(M.L. Becker 2009)

Metformin & OCT1 (organic cation transporter 1)



(M.L. Becker 2009)

Metformin & OCT1 (organic cation transporter 1)



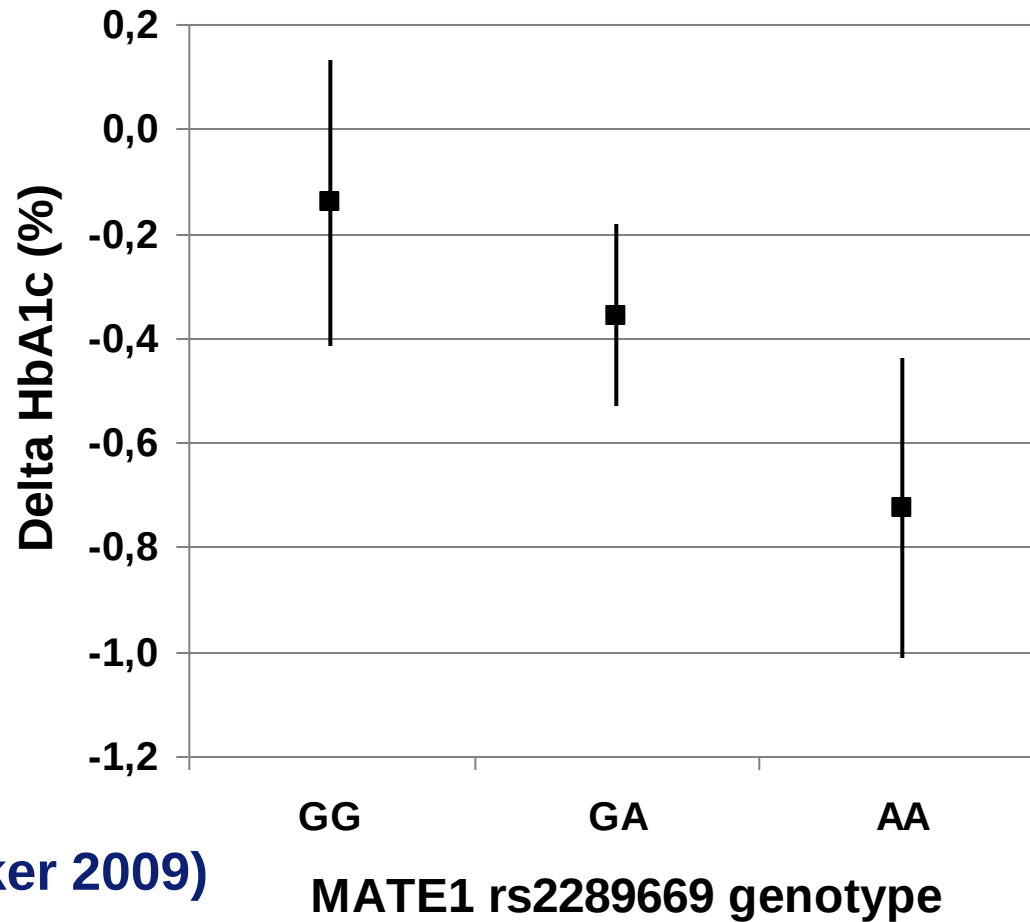
Explained
variance: 5.3 %

(M.L. Becker 2009)

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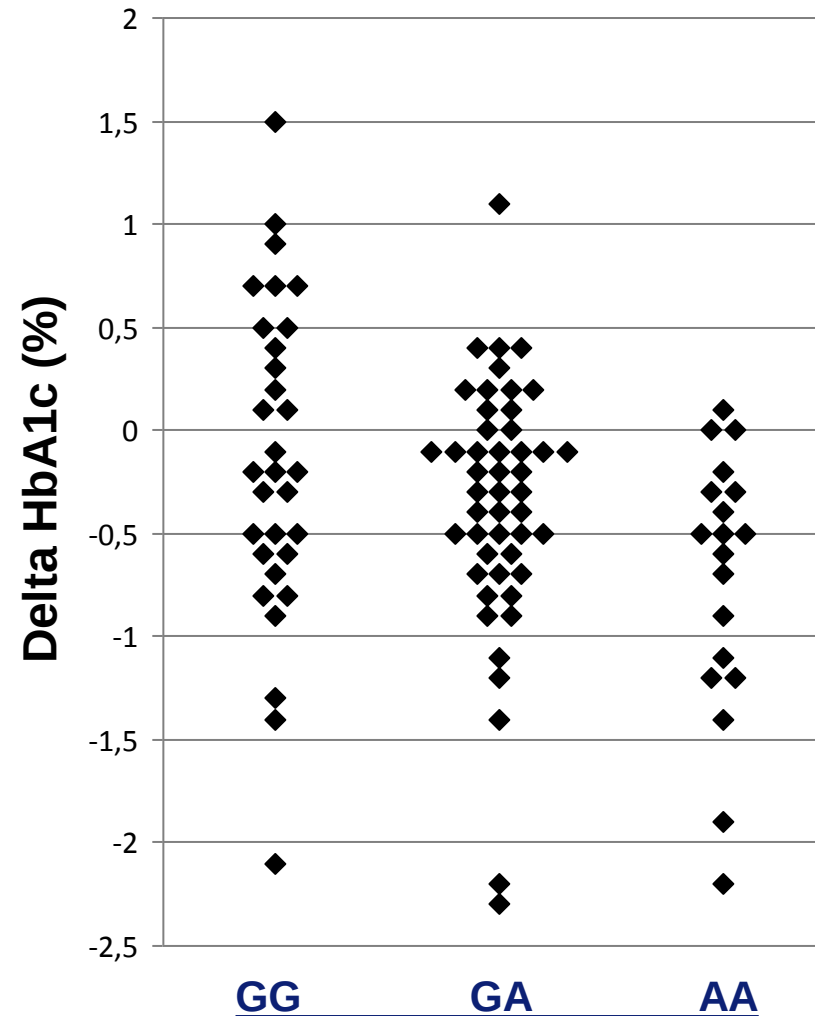


Metformin & MATE1 (multidrug and toxin extrusion 1)



(M.L. Becker 2009)

Metformin & MATE1 (multidrug and toxin extrusion 1)

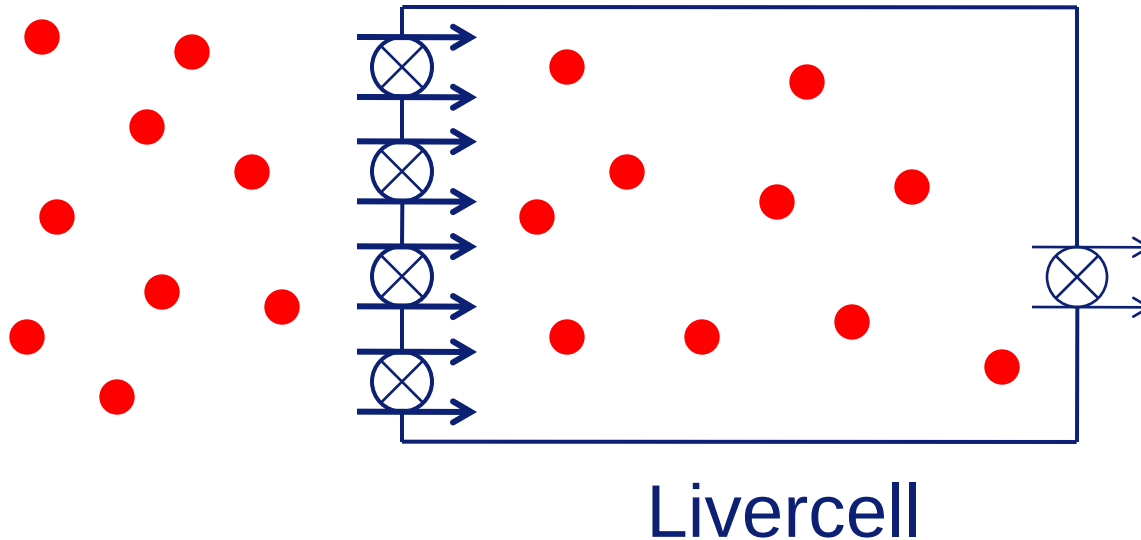


Explained
variance: 7.0 %

(M.L. Becker 2009)

Metformin, OCT1 & MATE1

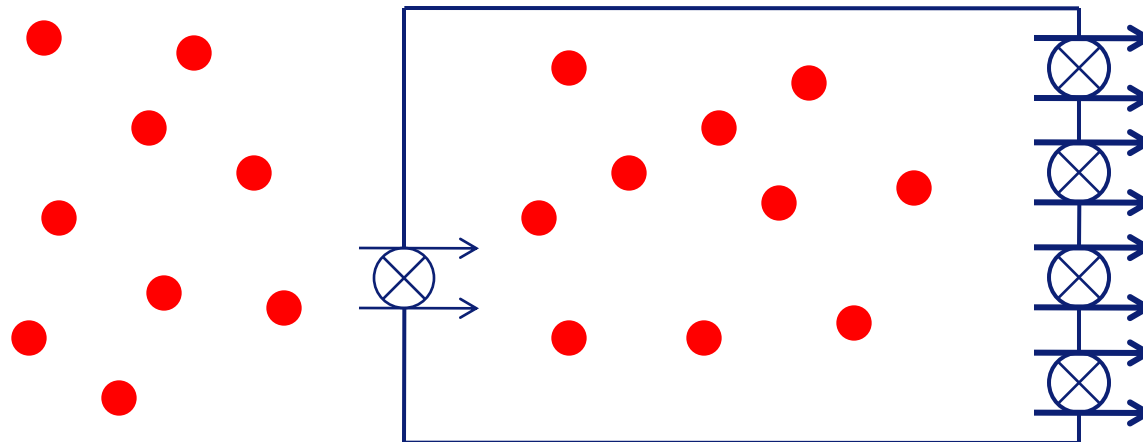
High influx (OCT1), low efflux (MATE1)



Very high metformin
concentration

Metformin, OCT1 & MATE1

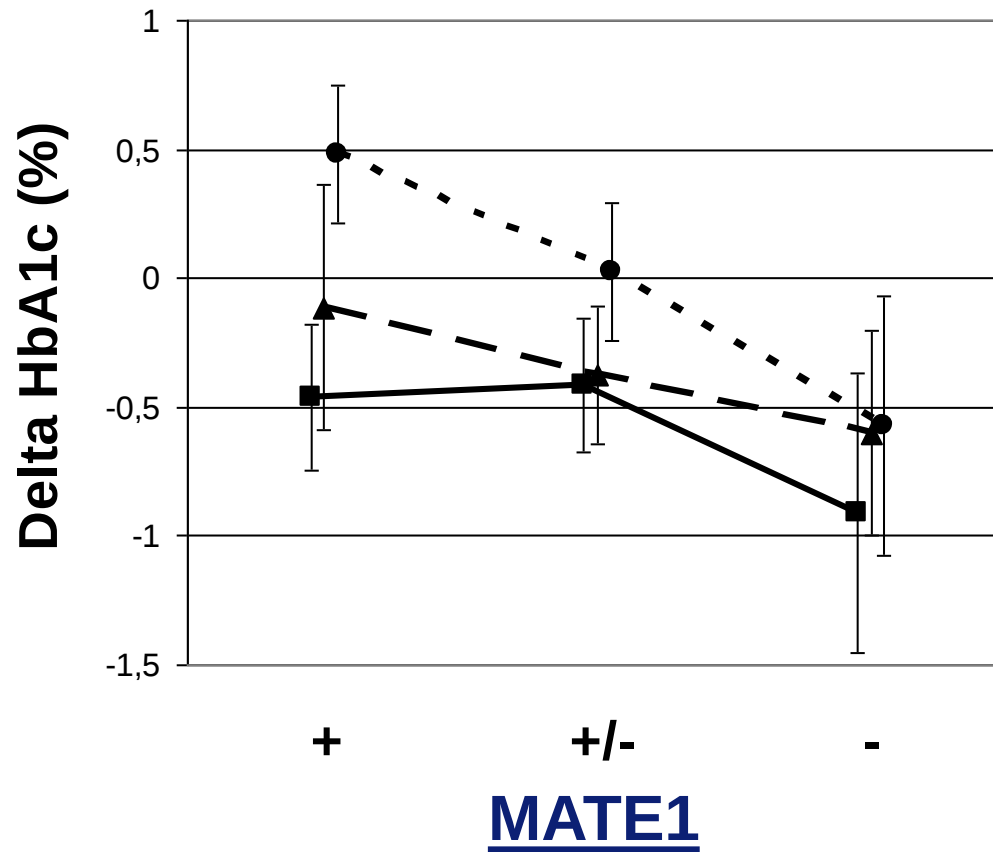
Low influx (OCT1), high efflux (MATE1)



Liver
cell

Very low metformin
concentration

Metformin, OCT1 & MATE1



Explained
variance: 25.1%

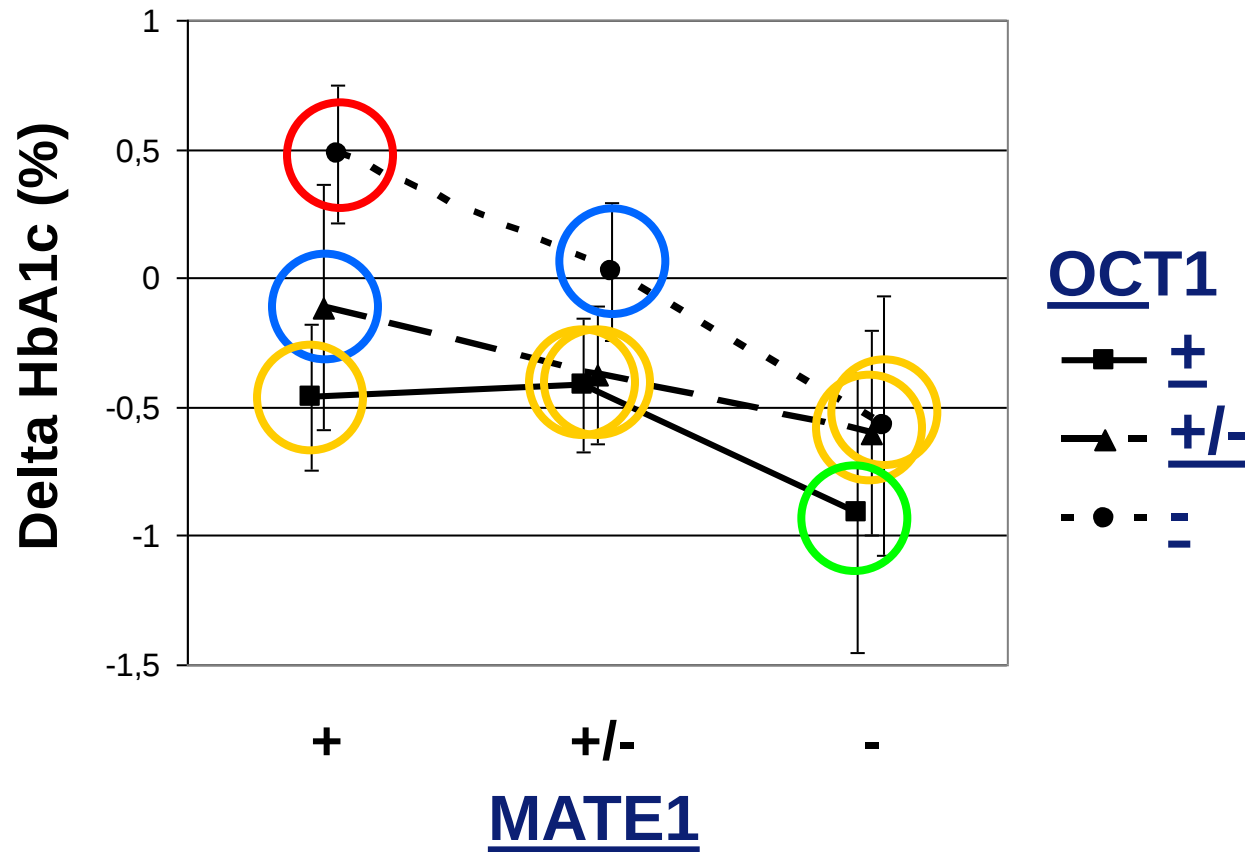
OCT1

—■— +

—▲— +/-

—●— -

Metformin, OCT1 & MATE1

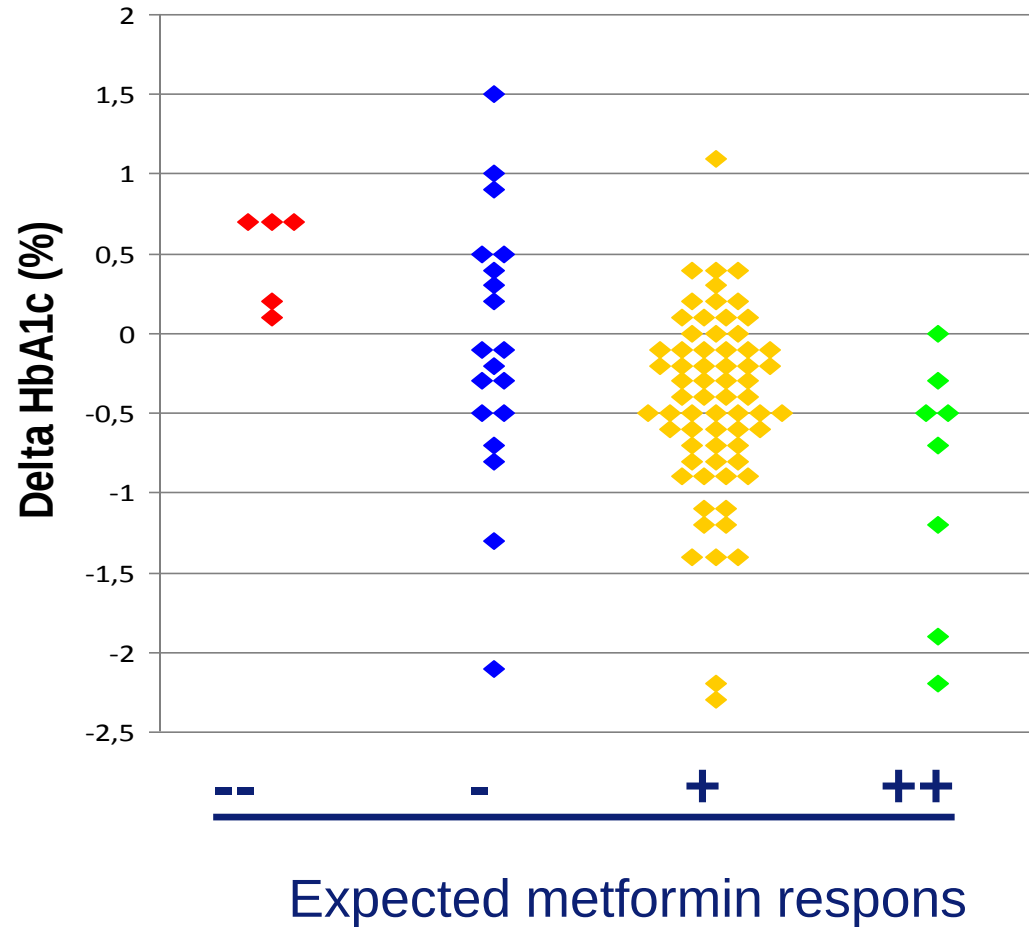


(M.L. Becker 2009)

Erasmus MC

Erasmus

Metformin, OCT1 & MATE1



(M.L. Becker 2009)

Metformine

Studies binnen ERGO cohort (Rotterdam study) laten zien dat bij een subgroep van patiënten te voorspellen is dat zij op metformine behandeling een zeer matige respons zullen hebben

Nog onduidelijk of een hogere dosis dit kan opheffen (wellicht leidt dit tot meer bijwerkingen), dan liever een ander oraal anti-diabeticum?

Afd Pharmacoepidemiologie

(Matthijs Becker, Loes Visser, Bruno Stricker)

Example 3: Abacavir

Abacavir : 5-8% will develop hypersensitivity reaction

- usually within 6 weeks of initiation of treatment
- unrelated to dose
- can be fatal in rare cases
- less frequent in blacks
- familial reports

🕒 Association between presence of *HLA-B*5701*, *HLA-DR7*, and *HLA-DQ3* and hypersensitivity to **HIV-1** reverse-transcriptase inhibitor abacavir

Mallal et al. Lancet 2002;359:727-732.

Association between HLA antigens and hypersensitivity:

- study in 200 individuals in Australia
- *HLA-B57.01* presence in general population : 4-5%

		HLA-B57.01 present
Abacavir hypersensitive	18/195	14/18 (78%)
Abacavir tolerant	167/195	4/195 (2%)

Prospective genetic screening decreases the incidence of abacavir hypersensitivity reactions in the Western Australian HIV cohort study

Rauch A, ... Mallal S. CID 2006;43:99-102

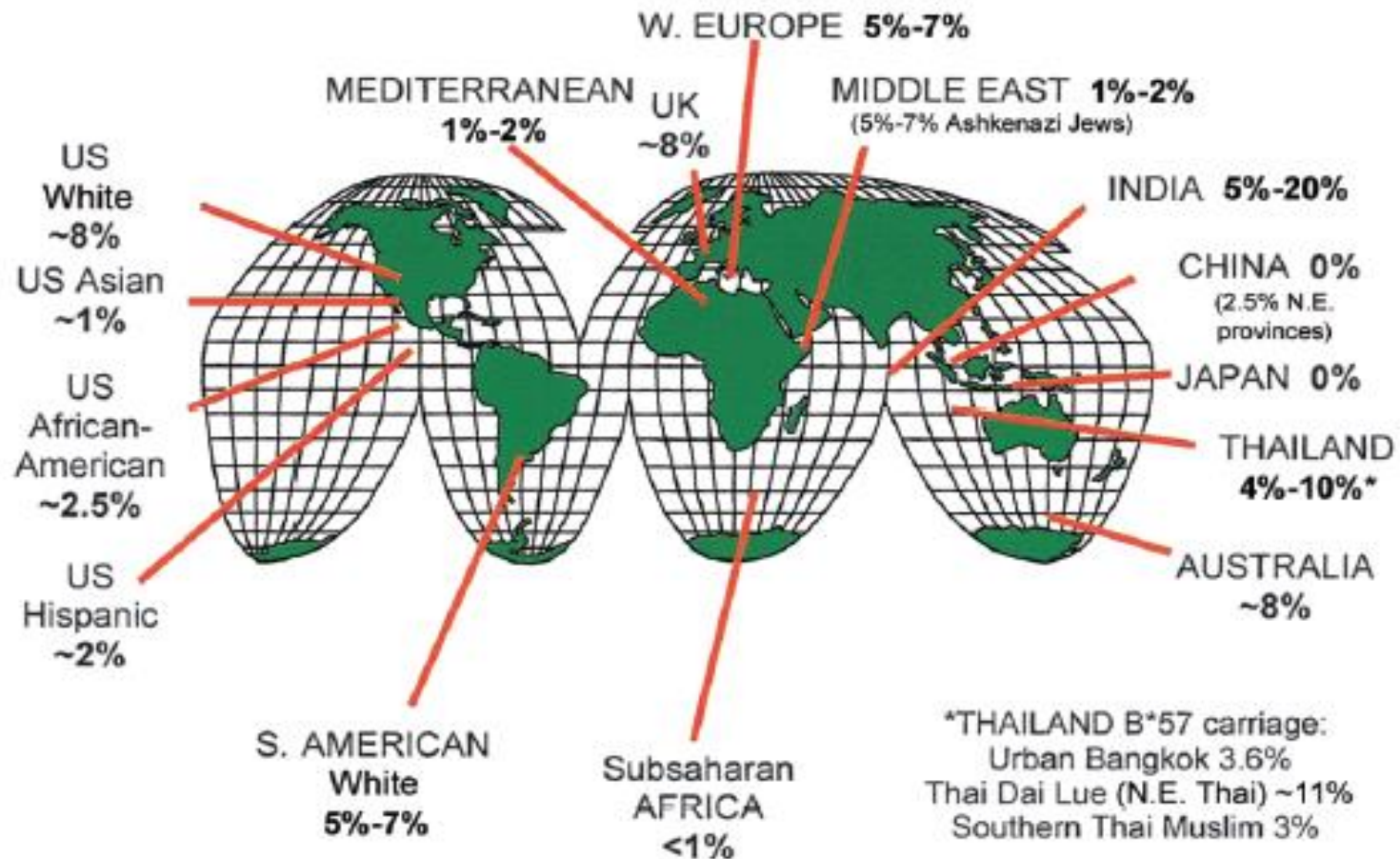
Prospective pharmacogenetic screening

Abacavir-naïve patients

Testing for HLA-B*57:01

If positive: no abacavir treatment

Prevalence of HLA-B*57.01 in the world



CID 2006;43:103-5

Erasmus MC



ORIGINAL ARTICLE

HLA-B*5701 Screening for Hypersensitivity to Abacavir

STUDY OBJECTIVE AND END POINTS

The objective of the study was to test the hypothesis that prospective pharmacogenetic screening for HLA-B*5701 and the exclusion of those patients carrying the allele from abacavir treatment reduces the incidence of hypersensitivity reaction to abacavir as compared with that in an un-screened population. The primary end points were

Study design

Prospective, randomized study

- A. Prospective-screening group: only start abacavir in HLA-B*5701-negative patients.
- B. Retrospective-screening group: start abacavir in all patients, without prior HLA-B*5701-testing (only retrospective testing).

Table 2. Incidence of Hypersensitivity Reaction to Abacavir.*

Hypersensitivity Reaction	Prospective Screening <i>no. of patients/total no. (%)</i>	Control	Odds Ratio (95% CI)*	P Value
Clinically diagnosed				
Total population that could be evaluated	27/803 (3.4)	66/847 (7.8)	0.40 (0.25–0.62)	P<0.001
White subgroup	24/679 (3.5)	61/718 (8.5)	0.38 (0.23–0.62)	P<0.001
Immunologically confirmed				
Total population that could be evaluated	0/802	23/842 (2.7)	0.03 (0.00–0.18)	P<0.001
White subgroup	0/679	22/713 (3.1)	0.03 (0.00–0.19)	P<0.001

Conclusions:

HLA-B*5701-screening reduced the risk of hypersensitivity reactions to abacavir.

This study shows that a pharmacogenetic test can be used to prevent a specific toxic effect of a drug.

N Engl J Med 2008;358:568-79.



A- A+ | english | contact | links | sitemap

Uitgebreid zoeken | FAQ

ZOEK



OVER CBG

GENEESMIDDELEN VOOR MENSEN

GENEESMIDDELEN VOOR DIEREN

NIEUWE VOEDINGSMIDDELEN

Home Geneesmiddelen voor Mensen



ACTUEEL GENEESMIDDELEN VOOR MENSEN

10 maart 2008 - Belangrijke veiligheidsinformatie over abacavir (Ziagen, Kivexa en Trizivir)

Naar aanleiding van nieuwe gegevens heeft het wetenschappelijk comité voor geneesmiddelen voor humaan gebruik (CHMP), waarin het CBG vertegenwoordigd is, besloten dat de productinformatie voor Ziagen, Kivexa en Trizivir aangepast dient te worden met betrekking het optreden van overgevoeligheidsreacties op abacavir. Dit is de eerste keer dat een indicatie van een geregistreerd geneesmiddel wordt aangepast, om door het vooraf genetisch screenen van patiënten de veiligheid in de klinische praktijk te verhogen. Screening op het HLA-B*5701-allel voorafgaand aan de behandeling en het vervolgens vermijden van het gebruik van abacavir bij HLA-B*5701-positieve patiënten, verminderde significant het optreden van overgevoeligheidsreacties op abacavir, zo blijkt uit een recent gepubliceerd prospectief onderzoek. Symptomen van deze soms levensbedreigende reacties treden gewoonlijk op binnen de eerste 6 weken na de start van de behandeling met abacavir.

Mede op basis van deze gegevens zijn in de productinformatie de volgende wijzigingen in de indicatie opgenomen:

NIEUWSARCHIEF GENEESMIDDELEN VOOR MENSEN

29 april 2008

Europese registratie van geneesmiddelen in april 2008

28 april 2008

Bericht voor registratiehouders van geneesmiddelen die mesilaten, (di) isetonaten, tosilaten of besilaten bevatten

23 april 2008

DHPC over abacavir (Ziagen, Kivexa en Trizivir) en didasonine (Videx)

22 april 2008

Aangepaste instructie voor bereiding en kwaliteitscontrole Nanocoll

Naar Nieuwsarchief »

NIEUWSBRIEVEN

Tamoxifen



Tamoxifen heeft een anti-oestrogene werking.

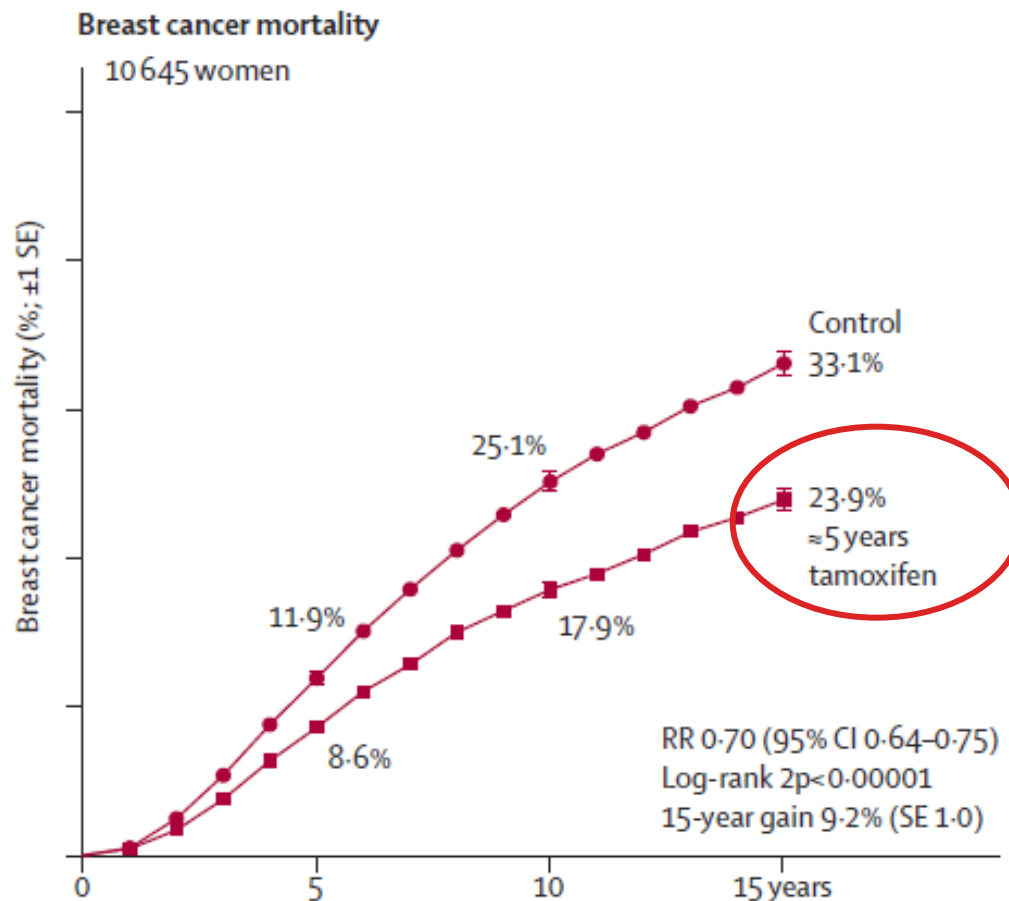
Tamoxifen wordt toegepast bij bepaalde vormen van borstkanker.

Door het geven van tamoxifen kan de groei van de tumor of van metastasen vaak een tijd geremd worden.

Relevance of breast cancer hormone receptors and other factors to the efficacy of adjuvant tamoxifen: patient-level meta-analysis of randomised trials

Lancet 2011; 378: 771-84

Early Breast Cancer Trialists' Collaborative Group (EBCTCG)*



CYP2D6 speelt belangrijke rol bij vorming endoxifen

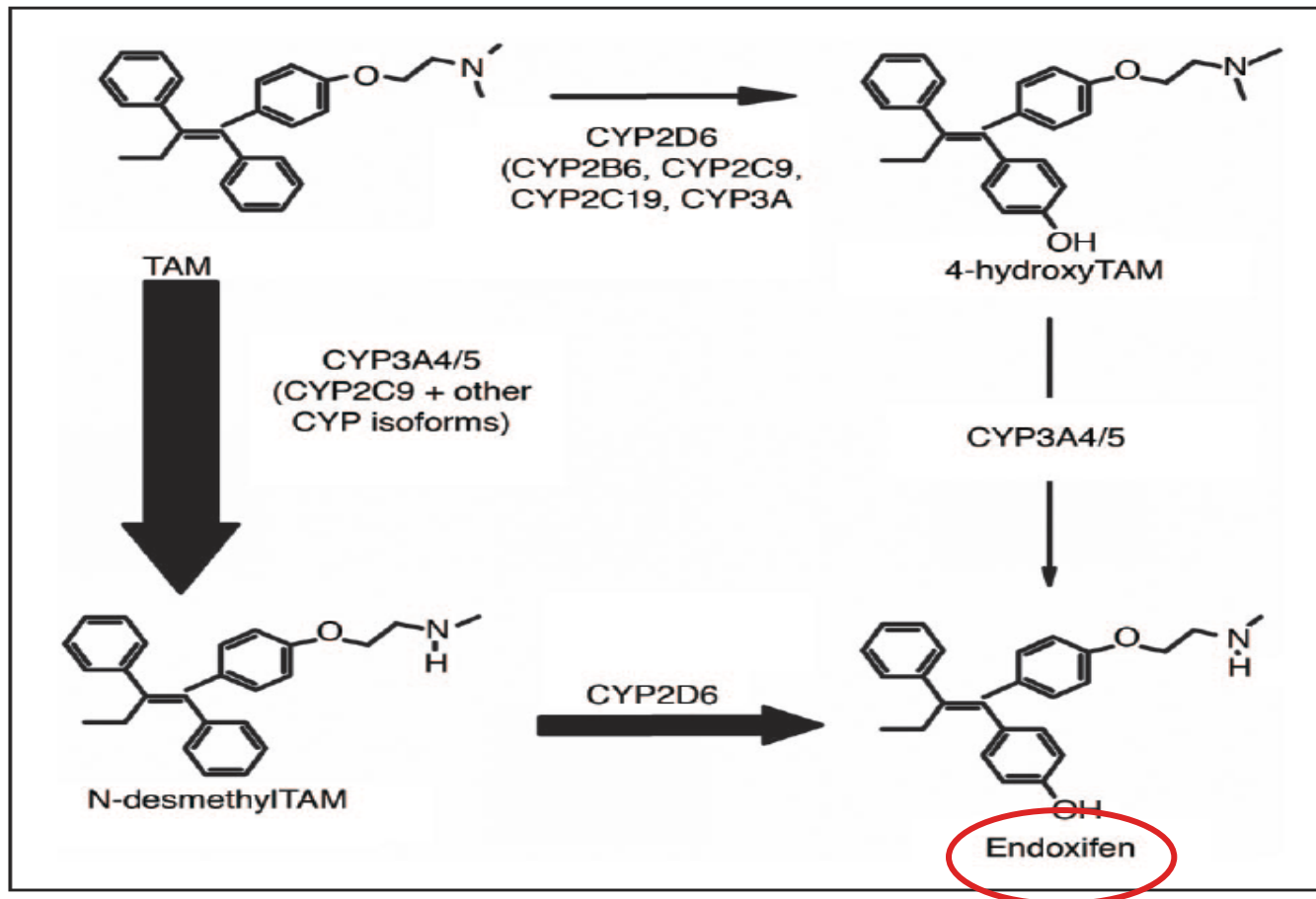
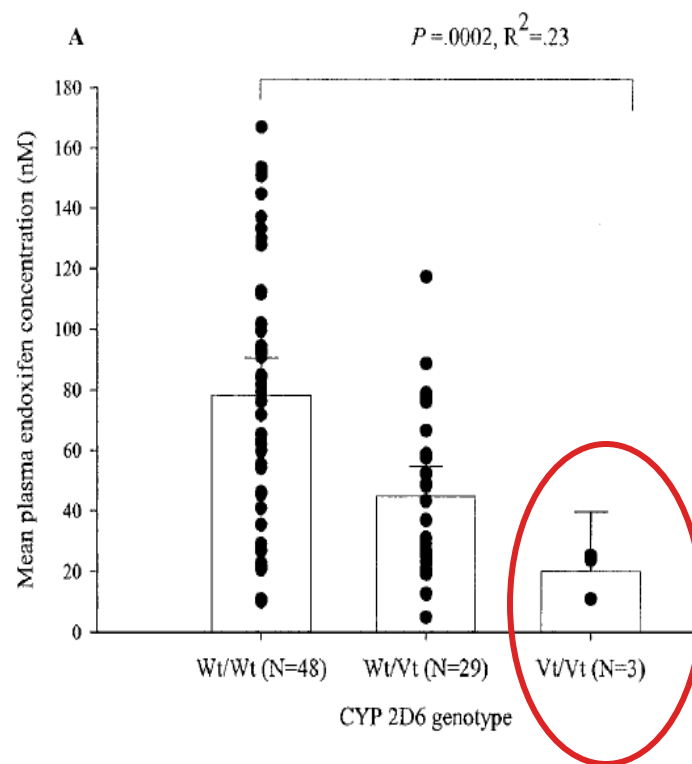


Fig 1. Selected transformation pathways of tamoxifen and the main CYP enzymes involved. The relative contribution of each pathway to the overall oxidation of tamoxifen is shown by the thickness of the arrow, and the principal P450 isoforms responsible are highlighted in larger fonts.

CYP2D6 Variant allele dragers maken minder endoxifen

Genotype group	N	Mean concentration, nM (95% CI)
		Endoxifen
CYP2D6		
Wt/Wt	48	78.0 (65.9 to 90.1)
Wt/Vt†	29	43.1 (33.3 to 52.9)
Vt/Vt‡	3	20.0 (11.1 to 28.9)
<i>P</i>		<.001

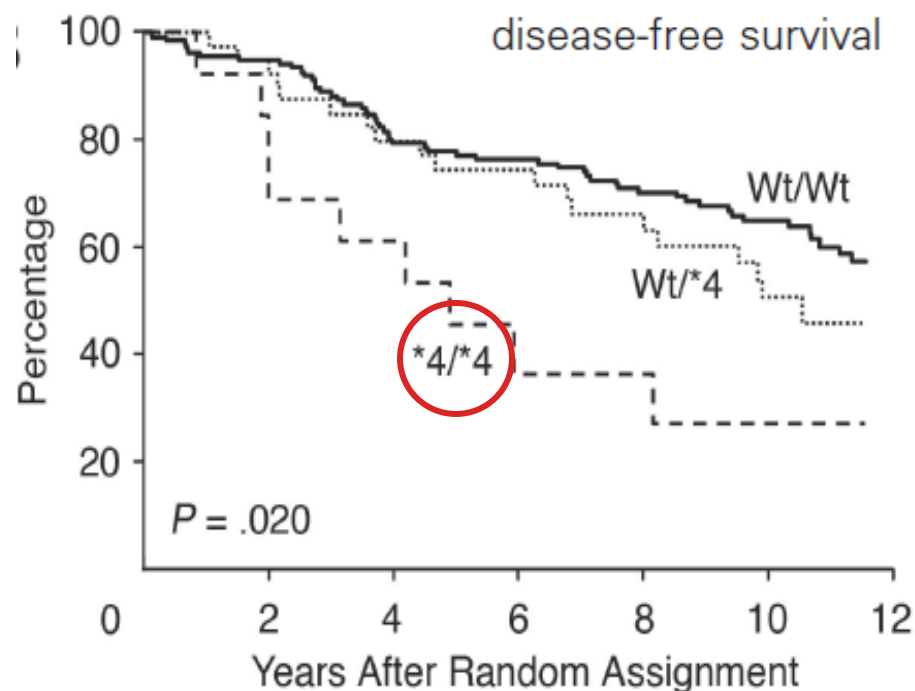


Pharmacogenetics of Tamoxifen Biotransformation Is Associated With Clinical Outcomes of Efficacy and Hot Flashes

Matthew P. Goetz, James M. Rae, Vera J. Suman, Stephanie L. Safgren, Matthew M. Ames, Daniel W. Visscher, Carol Reynolds, Fergus J. Couch, Wilma L. Lingle, David A. Flockhart, Zeruesenay Desta, Edith A. Perez, and James N. Ingle

Table 2. Genotype and Allele Frequencies (q) for CYP2D6 (*4) and CYP3A5*3

	No.	%
CYP2D6 (*4), n = 190		
q = 0.17		
wt/wt	137	72.1
wt/*4	40	21.1
*4/*4	13	6.8



Association Between CYP2D6 Polymorphisms and Outcomes Among Women With Early Stage Breast Cancer Treated With Tamoxifen

JAMA. 2009;302(13):1429-1436

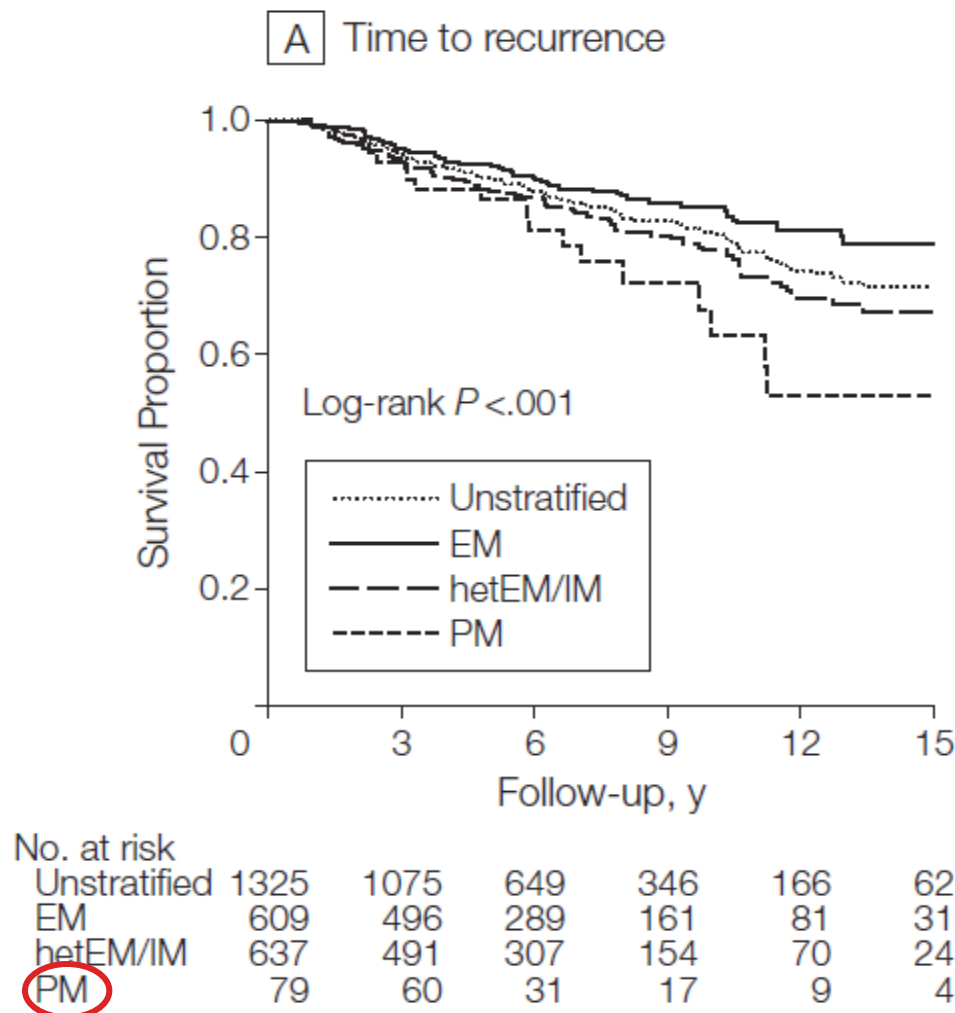


Table 2. “Positive” studies on mainly Caucasian breast cancer patients using adjuvant tamoxifen: higher recurrence in Poor Metabolizers

Author (population)	Study design	N	Results
Goetz et al. 2005 (29)	*4/*4 vs. 1/*1 + *1/*4	190	RFS HR, 1.86; <i>P</i> = 0.08
Goetz et al. 2007 (ref. 46; trial)			RFS HR, 1.74; <i>P</i> = 0.02 (+ CYP2D6 inhibitors)
Schroth et al. (ref. 30; non-trial)	Rest (*4,*5, *10, *41)* vs. *1/*1	197	EFS HR, 1.89; <i>P</i> = 0.02
Gonzalez-Santiago et al. (ref. 31; non-trial) [†]	*4/*4 + *1/*4 vs. *1/*1	84	RFS HR, 2.82; <i>P</i> = 0.05

Abbreviations: *N*, number of patients; RFS, recurrence-free survival; EFS, event-free survival; HR, adjusted hazard ratios.

Table 3. “Negative” studies on mainly Caucasian breast cancer patients using adjuvant tamoxifen: lower recurrence in Poor Metabolizers

Author (population)	Study design	N	Results
Wegman et al. 2005 (ref. 33; trial)	*4/*4 + *1/*4 vs. 1/*1	76	DRFS HR, <1; nonsignificant
Wegman et al. 2007 (ref. 34; partly trial)	*4/*4 vs. *1/*4 or 1/*1	677	RFS HR, <1; <i>P</i> = 0.055
Nowell et al. (ref. 32; nontrial)	*4/*4 + *1/*4 vs. 1/*1	162	PFS HR, 0.67; <i>P</i> = 0.19

Abbreviations: DRFS, distant recurrence-free survival; PFS, progression-free survival.

Samenvattend:

Tamoxifen moet worden omgezet in endoxifen voor effectiviteit.

CYP2D6 zorgt voor deze omzetting naar endoxifen.

CYP2D6 PMs maken minder endoxifen en hebben (in een aantal studies) een slechter resultaat van de behandeling.

...Zou u een CYP2D6 genotypering laten uitvoeren alvorens uw moeder/zus/echtgenote met tamoxifen gaat beginnen ???

Onbeantwoorde vragen:

Als CYP2D6 PM genotype wordt vastgesteld, kan dan de uitkomst worden verbeterd door:

- een hogere dosis tamoxifen te geven?
- een andere behandeling te geven?

Is de endoxifen concentratie een goede leidraad voor de behandeling, en is het beter om te doseren op geleide van die concentraties, ipv het genotype te bepalen?

The Netherlands: recommendations for 53 drugs

Pharmacogenetics: From Bench to Byte— An Update of Guidelines

JJ Swen¹, M Nijenhuis², A de Boer³, L Grandia², AH Maitland-van der Zee³, H Mulder^{3,4},
GAPJM Rongen^{5,6,7}, RHN van Schaik⁸, T Schalekamp³, DJ Touw⁹, J van der Weide¹⁰,
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Dose recommendations in Netherlands

The Royal Dutch Association for the Advancement of Pharmacy

established the Pharmacogenetics Working Group

with the objective of developing pharmacogenetics-based therapeutic
(dose) recommendations

based on systematic review of the literature

and assisting physicians and pharmacists by integrating the
recommendations into computerized systems for drug prescription,
dispensing, and automated medication surveillance.

Dose recommendations for 53 drugs and 11 genes:

The drugs were associated with genes coding for

CYP2D6 (n = 25)

CYP2C19 (n = 11)

CYP2C9 (n = 7)

thiopurine-S-methyltransferase (TPMT) (n = 3)

dihydropyrimidine dehydrogenase (DPD)(n = 3)

vitamin K epoxide reductase (VKORC1) (n = 2)

Uridine diphosphate glucuronosyltransferase-1A1 (UGT1A1)

HLA-B44, HLA-B*5701, CYP3A5, and factor V Leiden (FVL) (all n = 1).

Therapeutic (dose) recommendations

were formulated for 39 (73.6%) of the 53 drugs

for clozapine, flupenthixol, and olanzapine, a gene–drug interaction with CYP2D6 was considered, but no evidence was found in the literature, and hence no recommendations were required

for 11 of the drugs (20.8%), a gene–drug interaction was present, but no therapeutic (dose) recommendation was deemed necessary

Limitations:

Pharmacogenetics was not the primary objective for most of the studies assessed; therefore, many of the studies were underpowered, with insufficient sample size per genotype or phenotype.

The end points assessed were often pharmacokinetic ones and the result of single-dose experiments in healthy volunteers— not representative of the conditions in daily clinical practice.

Very few studies on added value of pharmacogenetic testing (similar to the randomized trial for abacavir)

Table 1 (Continued)

Drug	Subjects (N)	Genotype or phenotype	Level of evidence	Clinical relevance	Gene–drug interaction	Therapeutic (dose) recommendation	References
Nortriptyline	270	PM	3	C	Yes	Reduce dose by 60% and monitor nortriptyline + 10-hydroxynortriptyline plasma concentrations	122–127
		IM	4	C	Yes	Reduce dose by 40% and monitor nortriptyline + 10-hydroxynortriptyline plasma concentrations	122–124, 126, 128–132
		UM	3	C	Yes	Select alternative drug (e.g., citalopram, sertraline) or increase dose by 60% and monitor nortriptyline + 10-hydroxynortriptyline plasma concentrations	39, 123, 124, 128
Olanzapine	201	PM	3	AA	No	No	133–135
		IM	3	AA	No	No	134, 136, 137
		UM	—	—	No	No	—
Oxycodone	78	PM	3	B	Yes	Insufficient data to allow calculation of dose adjustment. Select alternative drug—not tramadol or codeine—or be alert to symptoms of insufficient pain relief	138–142
		IM	3	AA	Yes	Insufficient data to allow calculation of dose adjustment. Select alternative drug—not tramadol or codeine—or be alert to symptoms of insufficient pain relief	140
		UM	1	A	Yes	Insufficient data to allow calculation of dose adjustment. Select alternative drug (NOT tramadol or codeine) or be alert to ADEs (e.g., nausea, vomiting, constipation, respiratory depression, confusion, urinary retention)	143

Clinical decision support at Vanderbilt University

Operational Implementation of Prospective Genotyping for Personalized Medicine: The Design of the Vanderbilt PREDICT Project

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Pharmacogenetic testing

Conventional

Reactive

Patient needs drug

Genotype

Interpret test

Change prescription

Delay of hrs/days

Vanderbilt

Pre-emptive

Sample all patients

Deposit genetic info

If patients needs drug

Individualized R/

Available if needed

Hoe kan rol farmacogenetica worden vergroot?

1. Kennis bij voorschrijvers
2. Studies die laten zien dat klinische uitkomst verbetert
3. Vergoeding kosten test
4. Technische (analytische) vooruitgang
5. Farmacogenetische substudies
6. Informed consent
7. Registratie voor (genetische) subpopulatie?