



# Therapy of Nerve Agent Poisoning – Up-date and New Approaches

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# Nerve Agents and other Organophosphorus Compounds

## G - Agents

Tabun (GA), Sarin (GB), Cyclosarin (GF), Soman (GD) (and Analogs)

## V - Agents

VX, Russian VX (VR), Chinese VX (CVX) (and Analogs)

## OP- Pesticides

Diethyl-type, Dimethyl-type, hundreds of other compounds!



# Characteristics of Poisoning by Nerve Agents

Generally assumed: patients exposed up to 5x LD<sub>50</sub>

## Inhalative G-Type Nerve Agent Poisoning

- Immediate onset of cholinergic crisis
- Short persistence of nerve agent in the body

## Percutaneous V-type Nerve Agent Poisoning

- Prolonged onset of cholinergic crisis
- Persistence of nerve agent over several days in the body

# Effects of Organophosphorus Compounds

## **Mechanism:**

- inhibition of AChE
- accumulation of ACh
- disturbance of cholinergic functions

# Clinical Challenge of Nerve Agent Poisoning

Signs and symptoms	Nerve agent poisoning		
	Slight	Moderate	Severe
Miosis / lacrimation	Slight	Moderate	Severe
Local fasciculations			
Hypersalivation / sweating			
Nausea			
Vomiting / defecation / emiction			
Bronchoconstriction / bronchorrhoe			
Bradycardia / circulatory depression			
Respiratory depression			
Convulsions			
Coma			

# Effects of Organophosphorus Compounds

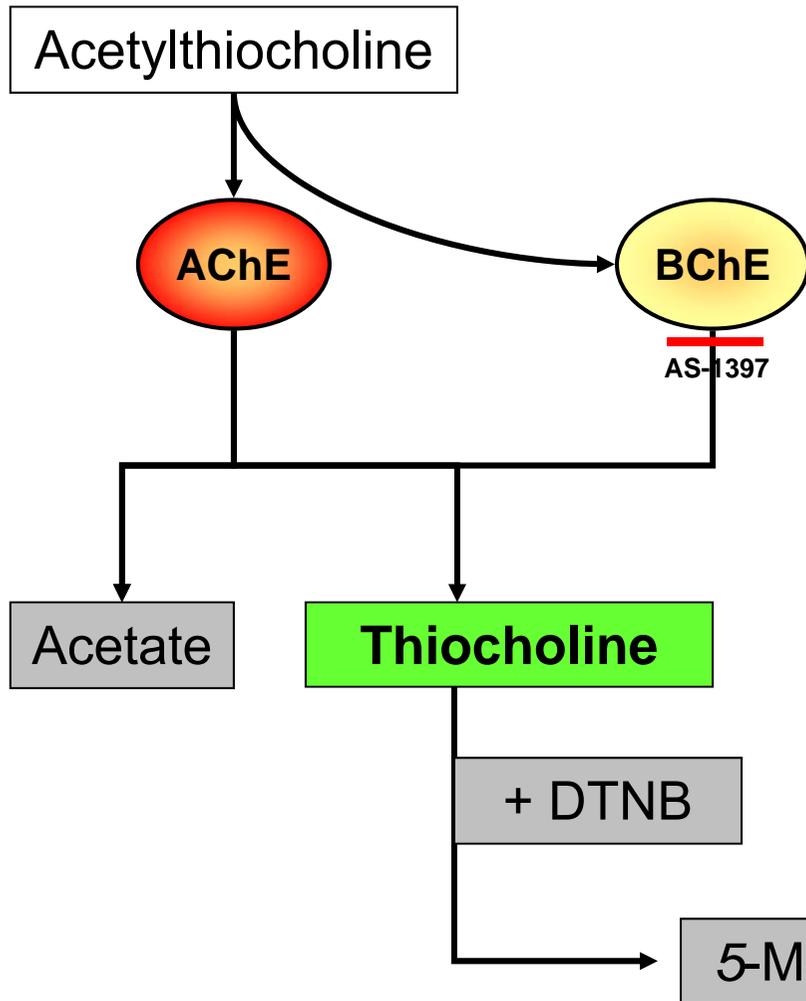
## **Mechanism:**

- inhibition of AChE
- accumulation of ACh
- disturbance of cholinergic functions

## **Life threatening effects:**

- bronchoconstriction/  
bronchorrhoea (muscarine receptors)
- central respiratory arrest (muscarine and nicotine receptors)
- peripheral respiratory arrest (nicotine receptors)

# ChE Check Mobile for on-site Confirmation of the Clinical Diagnosis



Ellman et al. Biochem Pharmacol 1961

# Med C- Special Diagnostics/ Reconnaissance / Verification and Analysis

Biomedical verification of exposure to chemical agents

- ▶ chemical warfare agents
- ▶ degradation products
- ▶ metabolites and adducts



# Peculiarities in Treatment of Chemical Agent Poisoning

Self – Protection; Working under aggravated conditions;  
Protection of medical units; Latency period.  
Decontamination of victims with signs and symptoms



Compare: Thiermann et al. Chem Biol Interact 2013;  
Rosman et al. Annal Intern Med 2014

# Atropine for Nerve Agent Poisoning

**Military doctrine: autoinjectors for self and buddy aid**

**Enhanced first aid and clinical care by medical personnel)**

## **Aggressive atropine dosing**

Recommended German regimen

2 mg, i.m. followed by consecutive doubling the dose (4 – 8 – 16 - 32 mg) and finally infusion at field hospital

## **Criteria**

Clear chest on auscultation; heart rate >80 beats/min; pupils no longer pinpoint; dry skin (axilla); systolic blood pressure >80 mmHg

Thiermann et al. Chem Biol Interact, 2013; according to Eddleston et al. Crit Care 2004 and J Toxicol Clin Toxicol 2004.

For review see: Thiermann et al. Treatment of Nerve Agent poisoning In: Chemical Warfare Toxicology, Volume 2: Management of Poisoning, © The Royal Society of Chemistry 2016

# Development of Oximes

**Synthesis of thousands of oximes since the early 1950ies**

- Monopyridinium oximes
- Bispyridinium oximes
- Asymmetric oximes
- Substituted pyridinium oximes
- Uncharged oximes

**2017**

**Oximes in use or in advanced development**

**2-PAM 1955**

**TMB-4 1958**

**MMB-4 1959**

**Obidoxime 1959**

**HI-6 1968**

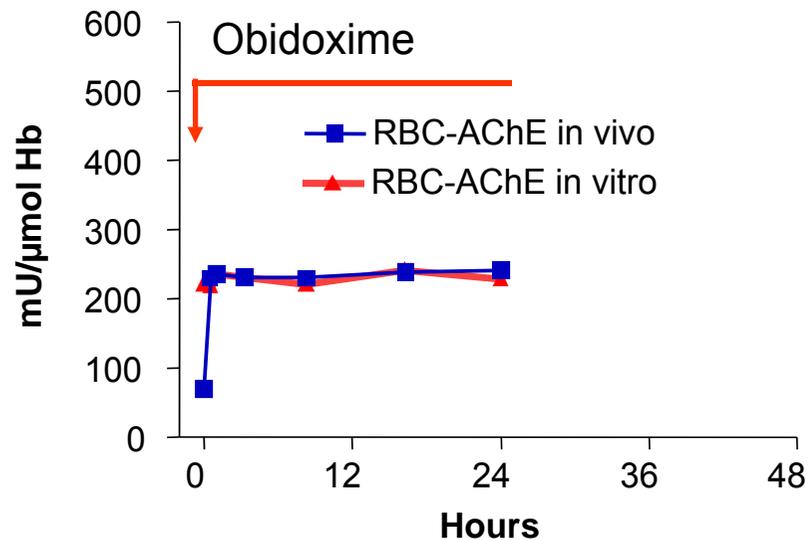
# Effects of Obidoxime in a Patient with Parathion Poisoning

**Patient:** 56-year old, female

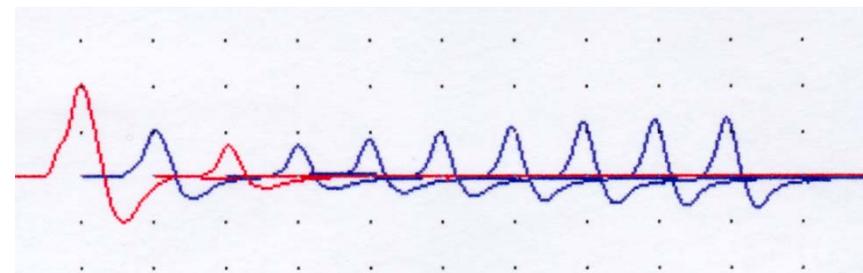
**Emergency situation:** Unconscious, cardiovascular resuscitation

**Clinical course:** As the clinical course situation remained critical for about 4 days without obidoxime, the regimen was started

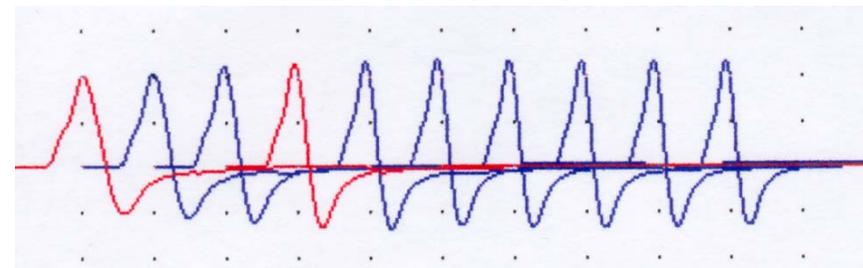
AChE activity of red blood cells



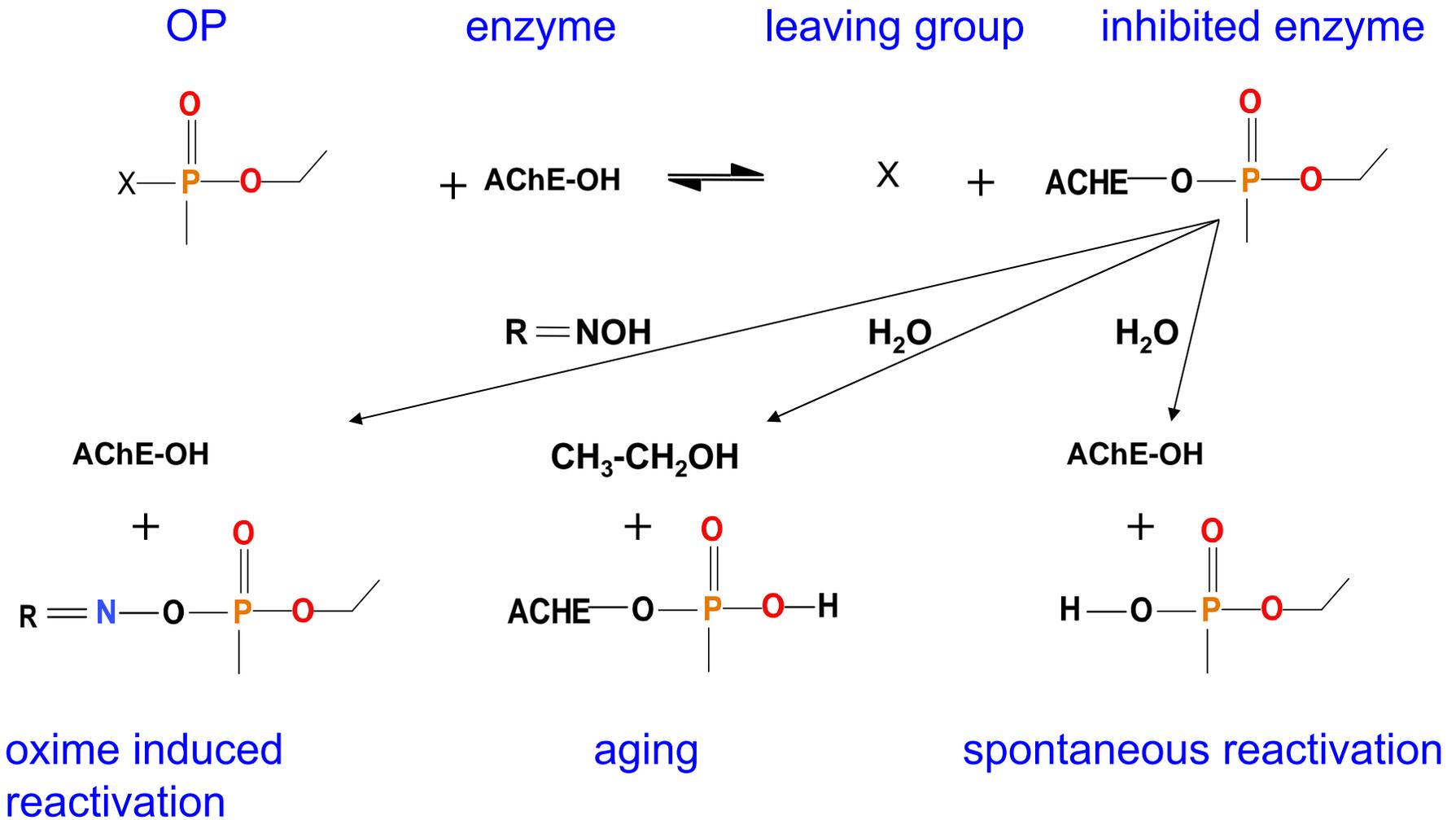
Neuromuscular transmission  
prior to Obidoxime



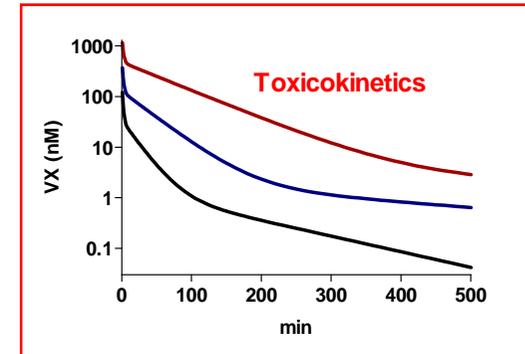
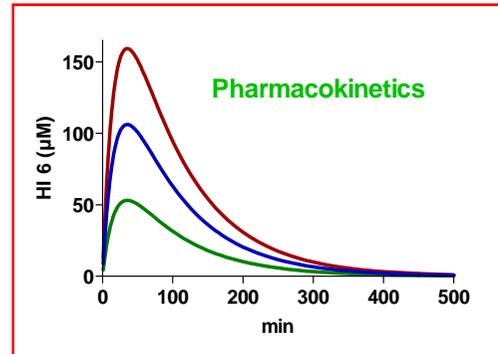
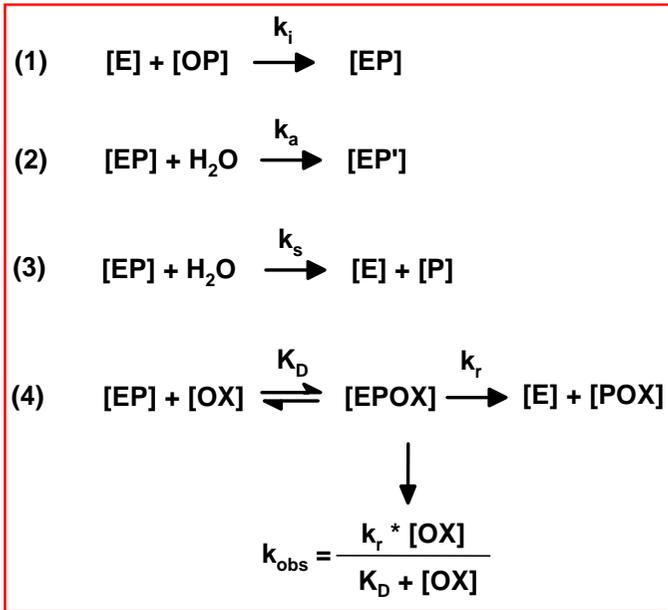
after Obidoxime



# Reactions Occurring at AChE with an OP and an Oxime



# Kinetic-Based Computer Model



$$\frac{d[E]}{dt} = -k_i * [OP] * [E] + k_s * [EP] + k_{obs} * [EP + EPOX]$$

$$\frac{d[EP]}{dt} = k_i * [OP] * [E] - k_s * [EP] - k_{obs} * [EP + EPOX] - k_a * [EP]$$

# The Use of Kinetic Constants, Pharmacokinetic and Toxicokinetic Data for Prediction of AChE-Activity in Human Poisoning

## Patient:

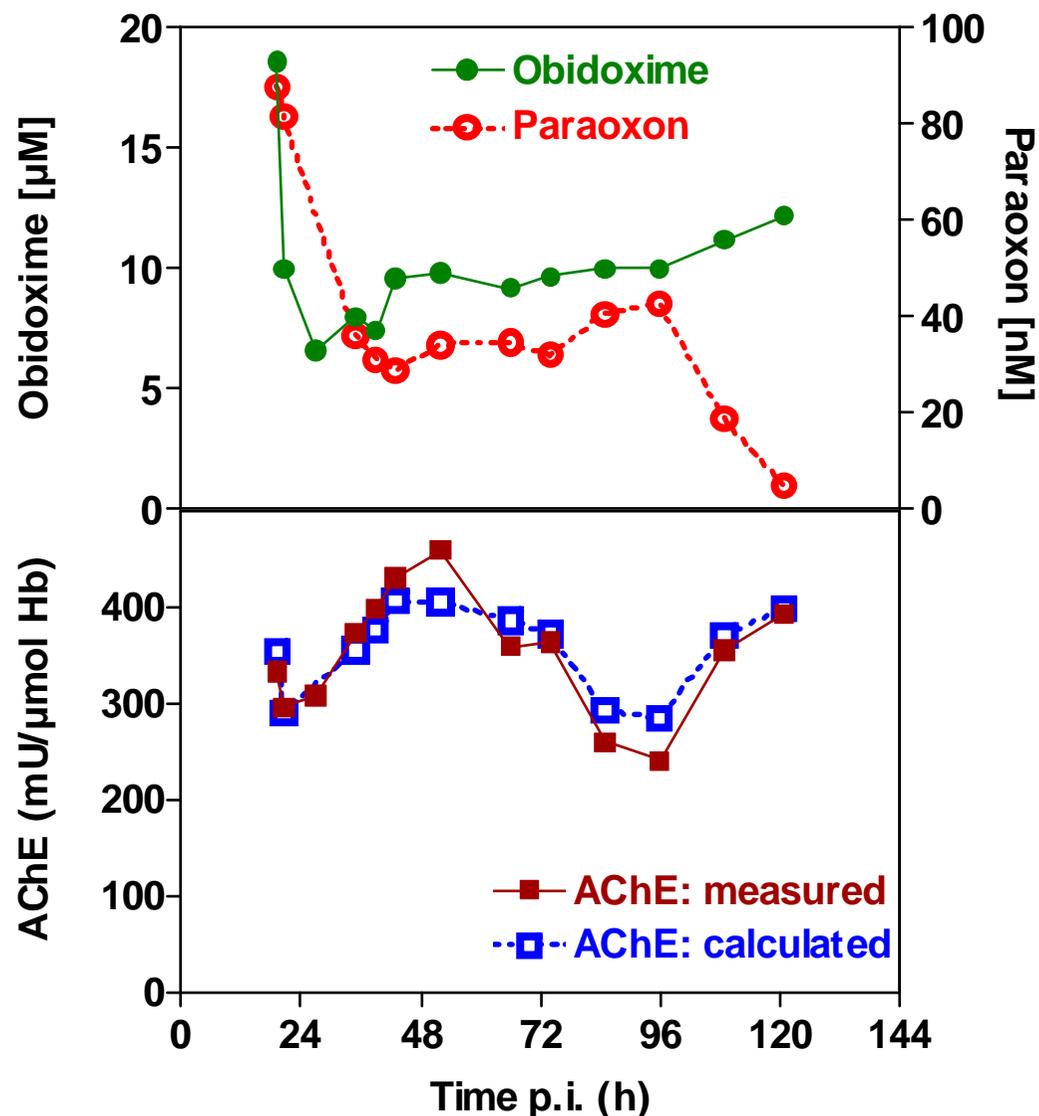
A 45-year old, male

## Emergency situation:

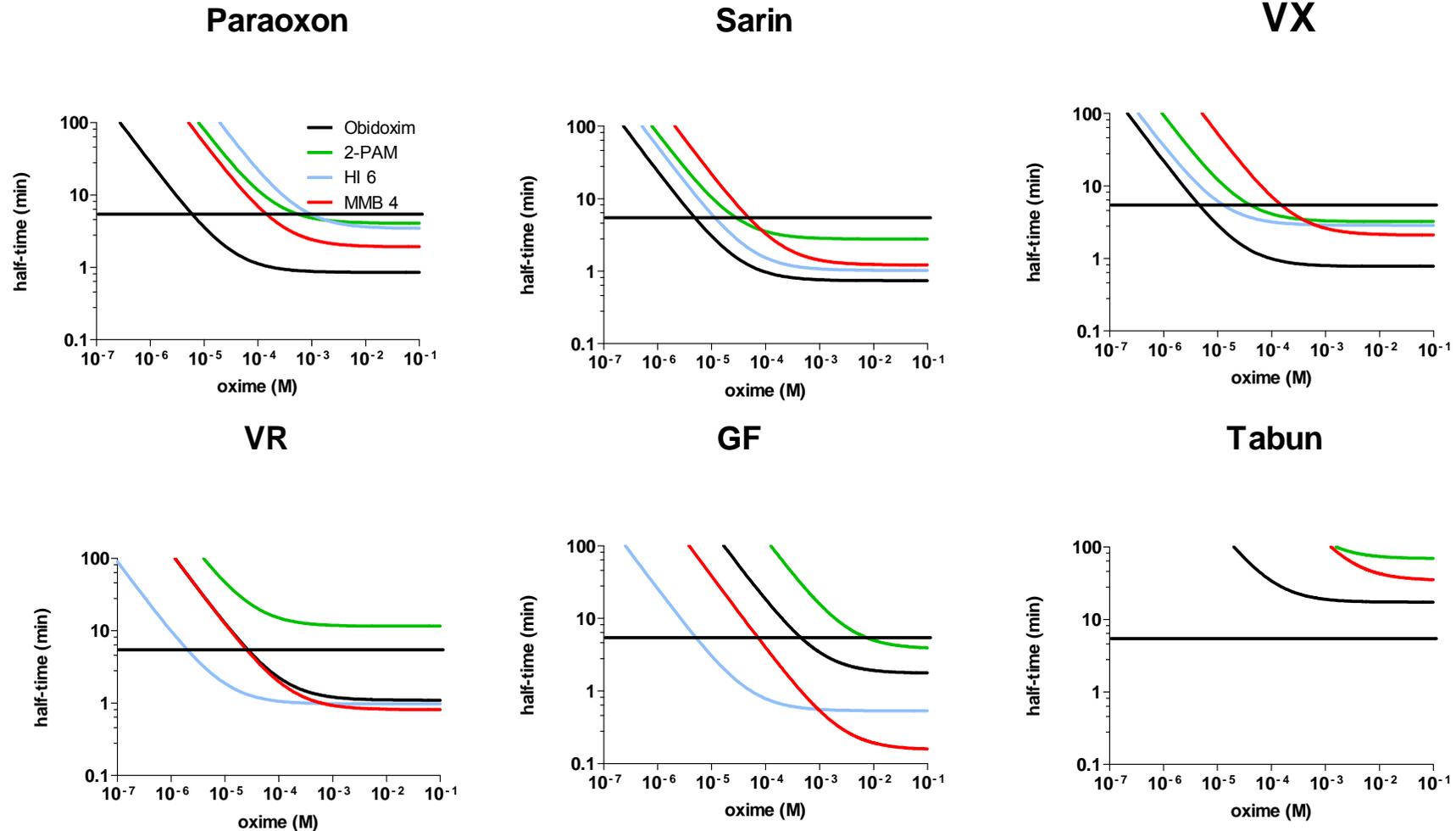
Unconscious, severe signs and symptoms of cholinergic crisis.  
1.5 mg of atropine, intubation and initiation of artificial ventilation.

## Clinical course:

2 bolus doses of obidoxime together with an atropine infusion at the local hospital. Transfer to the ICU of Technical University, Munich.  
The patient recovered uneventfully.



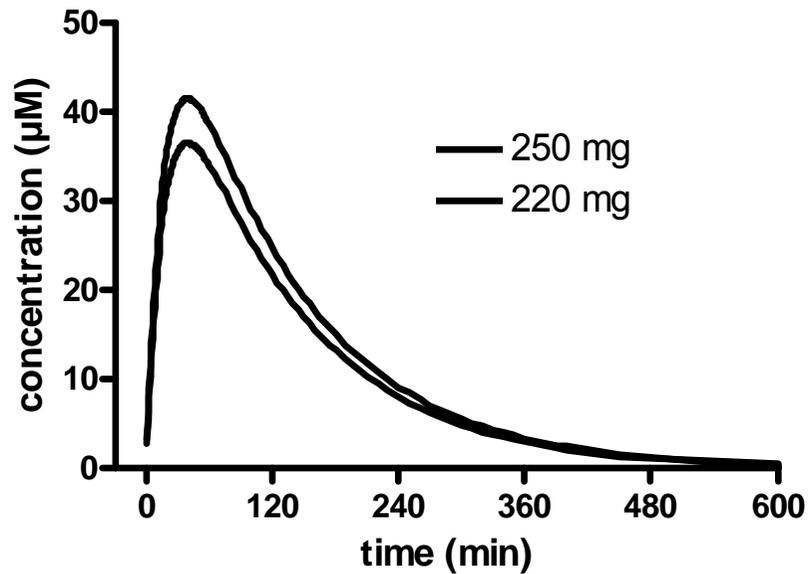
# Reactivation of OP Inhibited AChE with Oximes



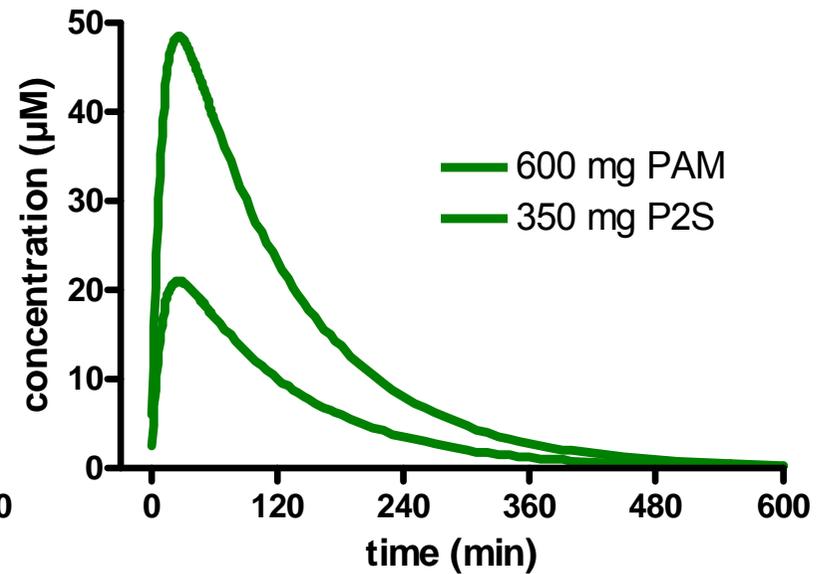
Compare: Thiermann et al. Chem Biol Interact 2013 and Tox Lett 1999; modified by using data from Aurbek et al. Toxicology 2006; Bartling et al. Toxicology 2007 Worek et al. Tox Lett 2011

# Calculated Plasma Concentration of Oximes after i.m. Injection

## Obidoxime



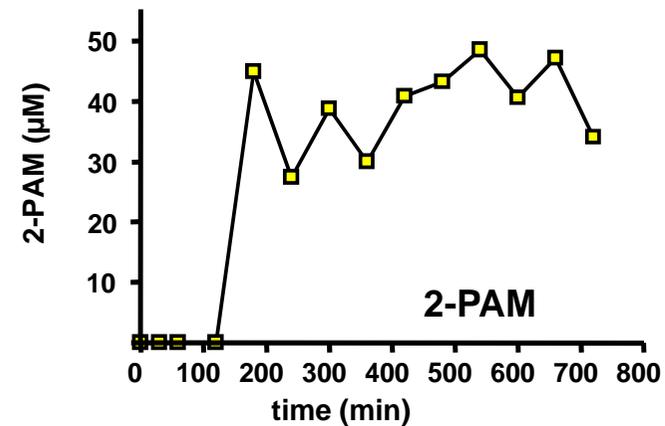
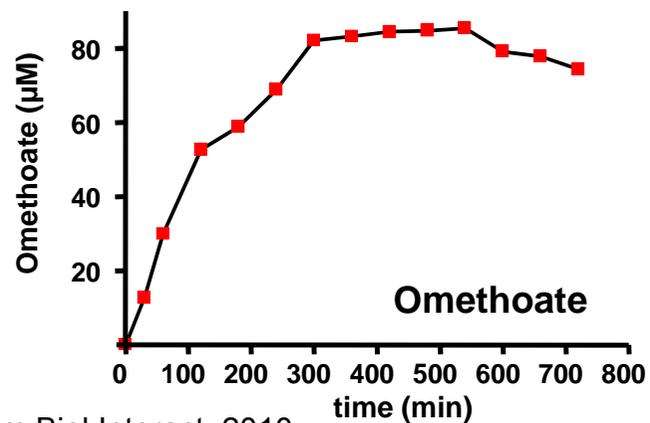
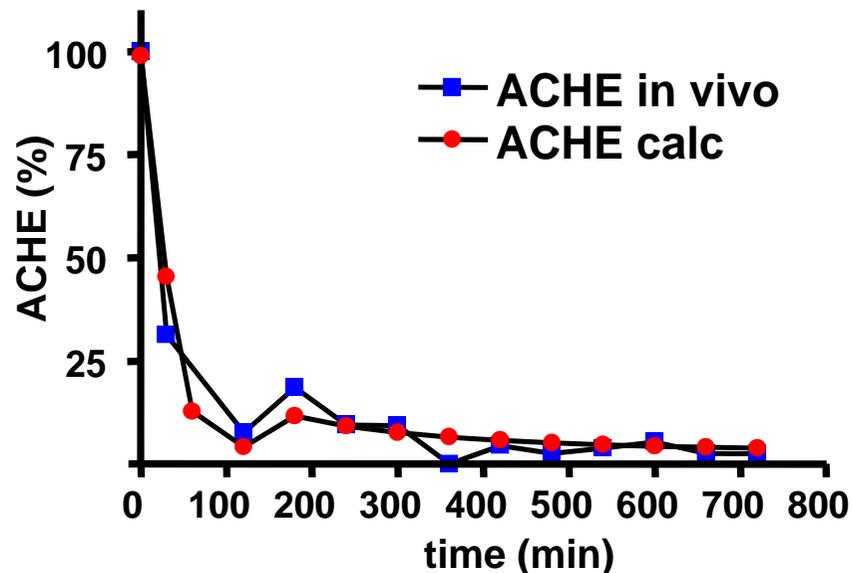
## Pralidoxime



Calculated according to Erdmann et al. Dtsch Med Wschr 1965 and Sidell et al. J Pharm Sci 1972;

# Translation of Clinical Findings from Human Poisoning to an Animal Model

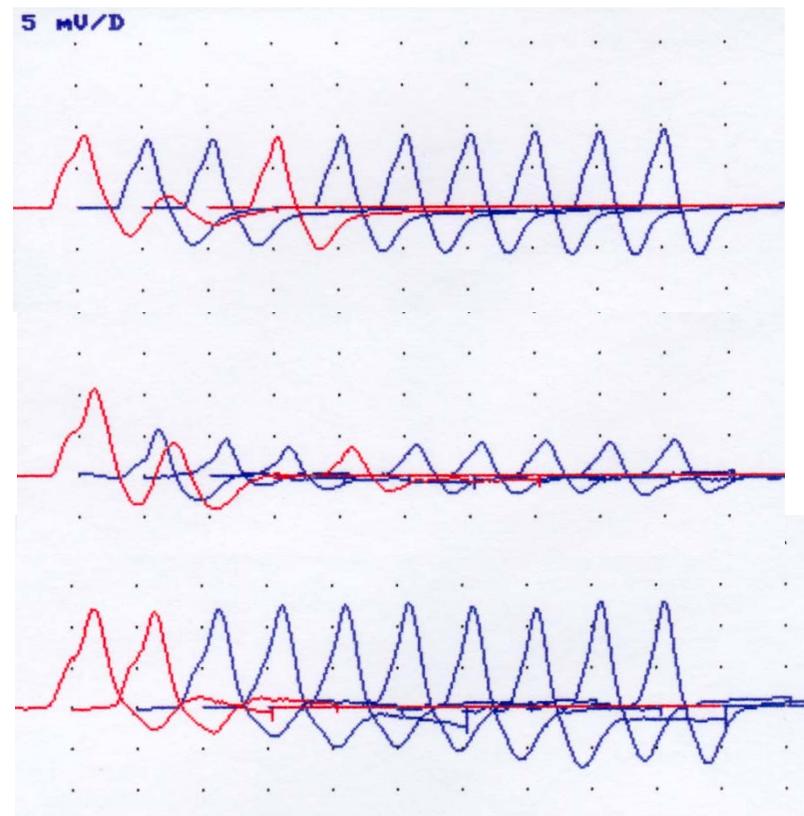
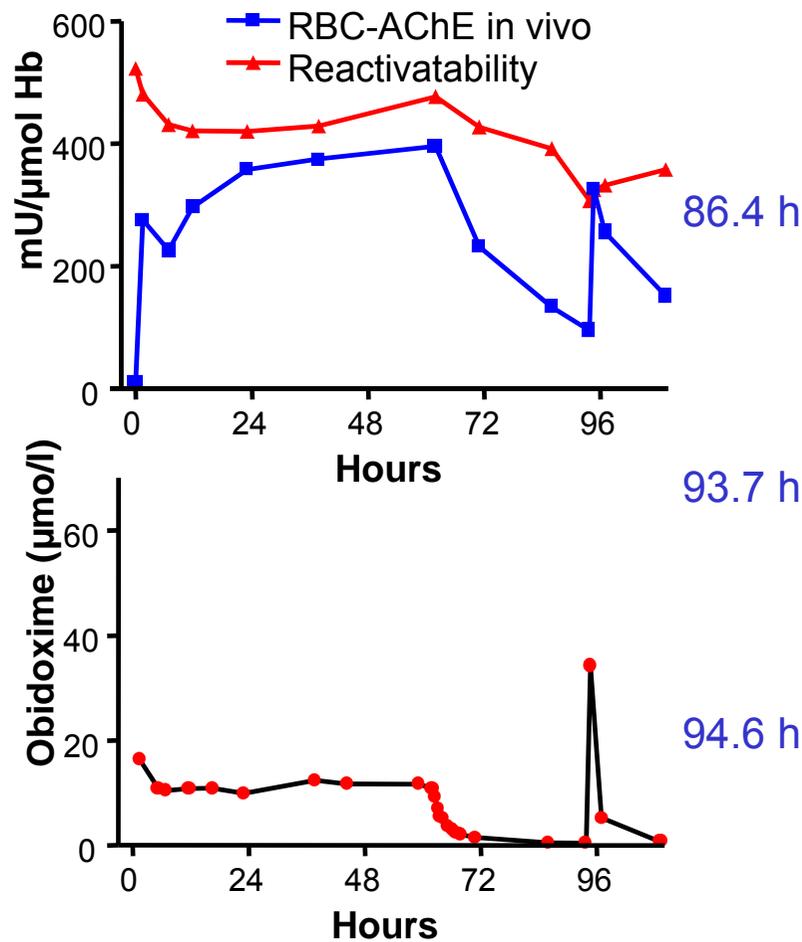
Poisoning by dimethoate (oral) and treatment with 2-PAM



# Is there a Correlation between RBC-AChE-Activity and Clinical Status?

A parathion poisoned patient was treated with obidoxime.

The cholinesterase status and NMT were monitored during treatment at the ICU.



Eyer et al. Clinical Toxicology 2009

# Patient-Oriented Therapy by Using the Cholinesterase Status

## Cholinesterase Status:

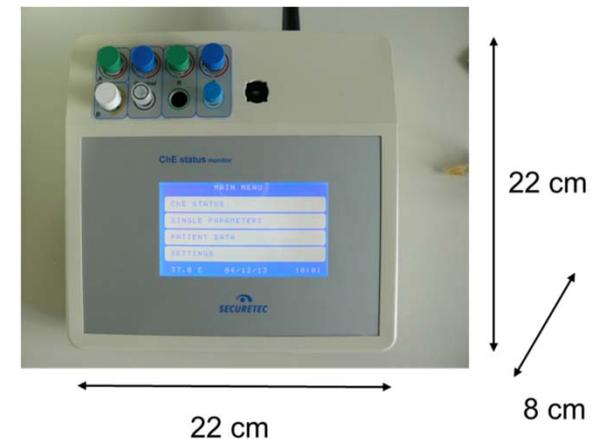
- AChE and BChE activity
- Reactivatability of AChE
  - Reactivatability at all
  - Aging
- Persistence of poison load

## Treatment:

- Appropriate oxime
- Oxime as long as substantial reactivation may be expected
  - Given reactivatability
  - Persistence of active poison
- Oxime stop:
  - Reactivation achieved and no poison load
  - Complete aging
  - Increase of BChE activity



ChE Status Monitor



# Translation of Findings from OP-Pesticide-Poisoning to Nerve Agent-Poisoning

Male York-Landrace cross swine (about 20 kg)

## Poisoning:

3 x LD<sub>50</sub> VX, p.c.

## Treatment:

HI-6 (12.7 mg/kg) / Atropine sulfate (0.05 mg/kg) i.m., according to signs and symptoms

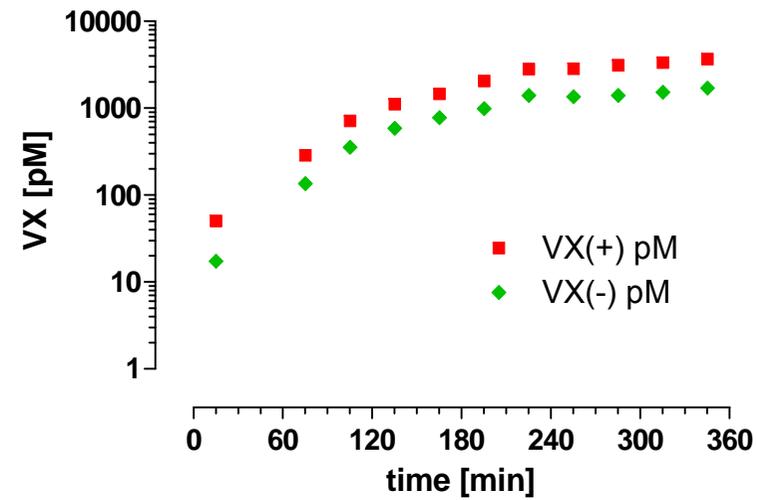
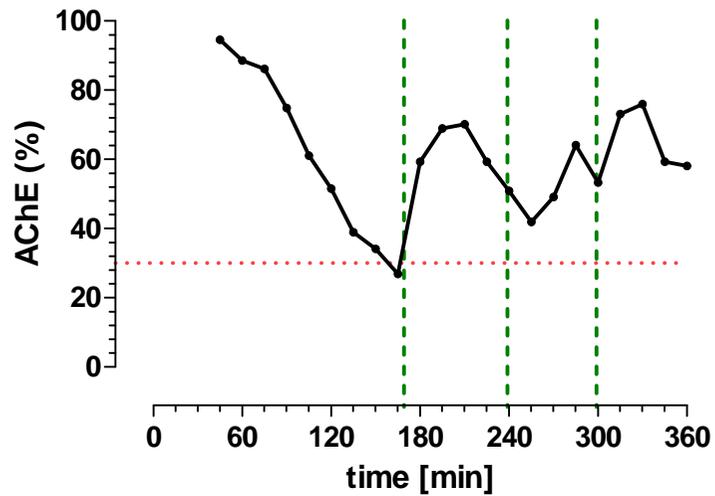
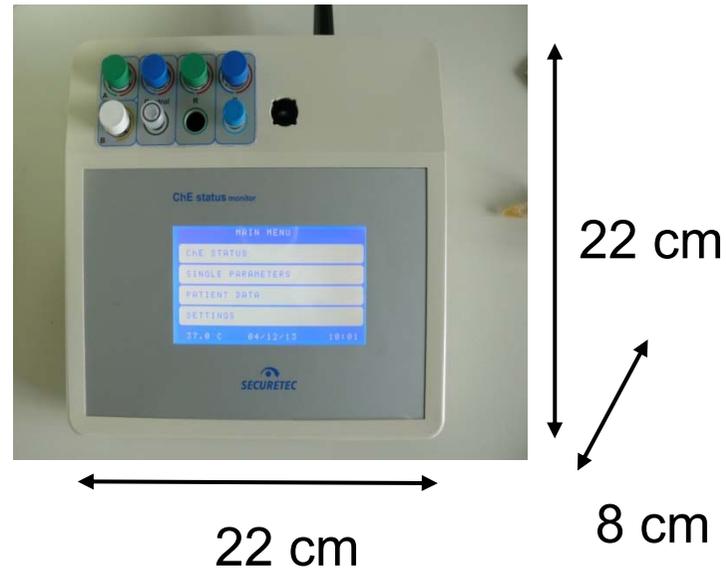
## Field laboratory diagnosis:

AChE activity on-site

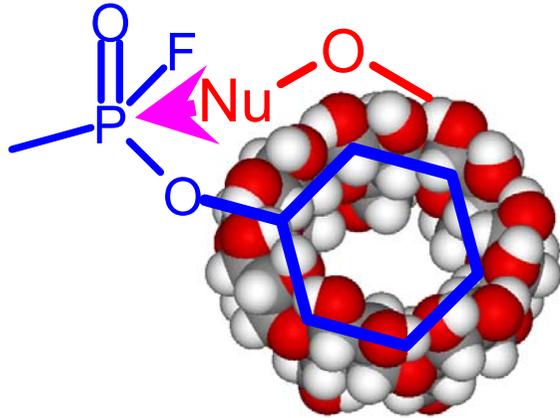
## Plasma sampling for laboratory analysis:

HI-6, VX

# Treatment of a Percutaneously VX Poisoned Pig



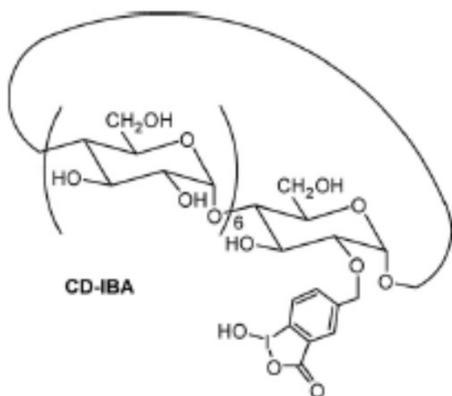
# Alternative Approaches for Therapy of Nerve Agent Poisoning



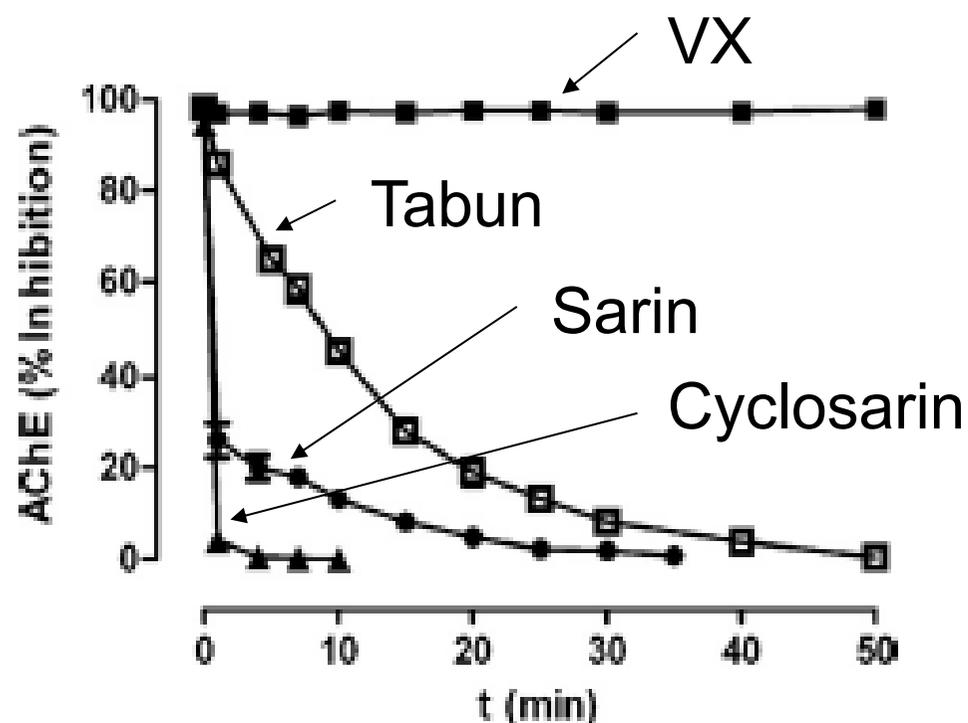
Enhanced  
elimination by  
scavengers

← Cyclodextrins

# Cyclodextrines as Small Molecular Scavengers in Nerve Agent-Poisoning



2-O-(3Carboxyl-4-iodosobenzyl)- $\beta$ -cyclodextrin



# Treatment of a GF Poisoned Guinea Pig with 6-OxP-CD

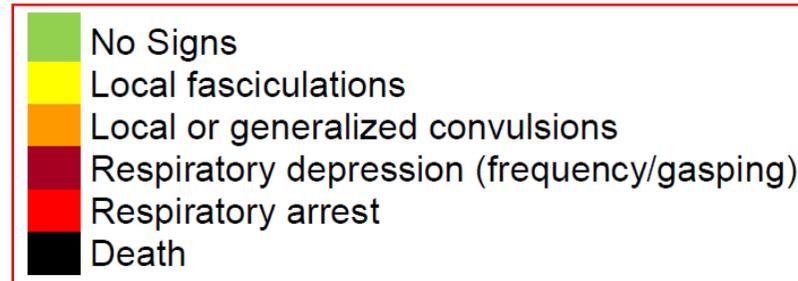
Anesthetized (Medetomidine – Fentanyl – Midazolam)

Cannulated A. carotis and V. jugularis

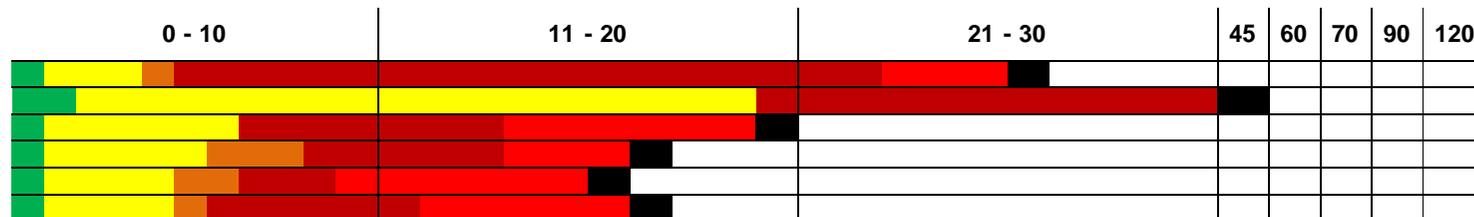
$\beta$ -CD (6-OxP-CD; 100 mg/kg i.v. at -5 min)

Cyclosarin (100  $\mu$ g/kg s.c.; ~2LD50 at 0 min)

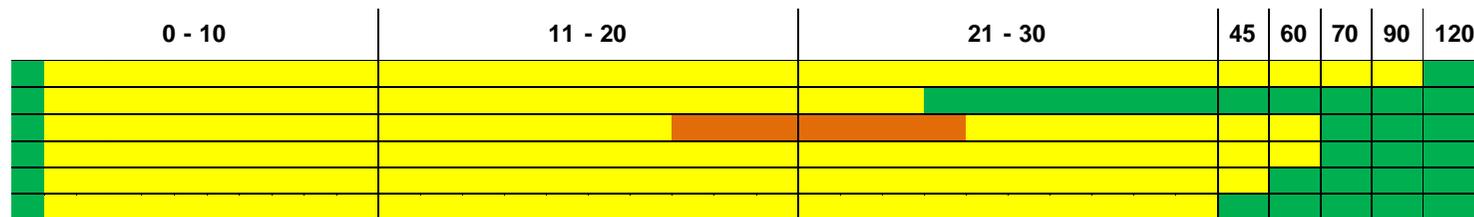
No post-exposure treatment



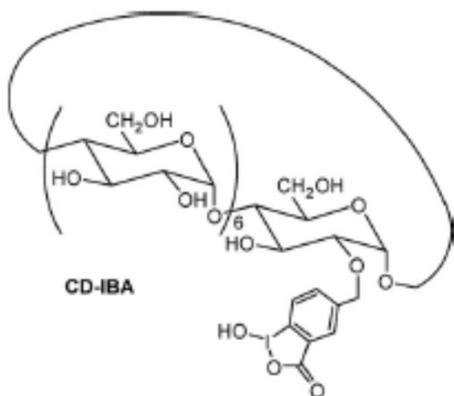
**GF 100  $\mu$ g/kg s.c.**



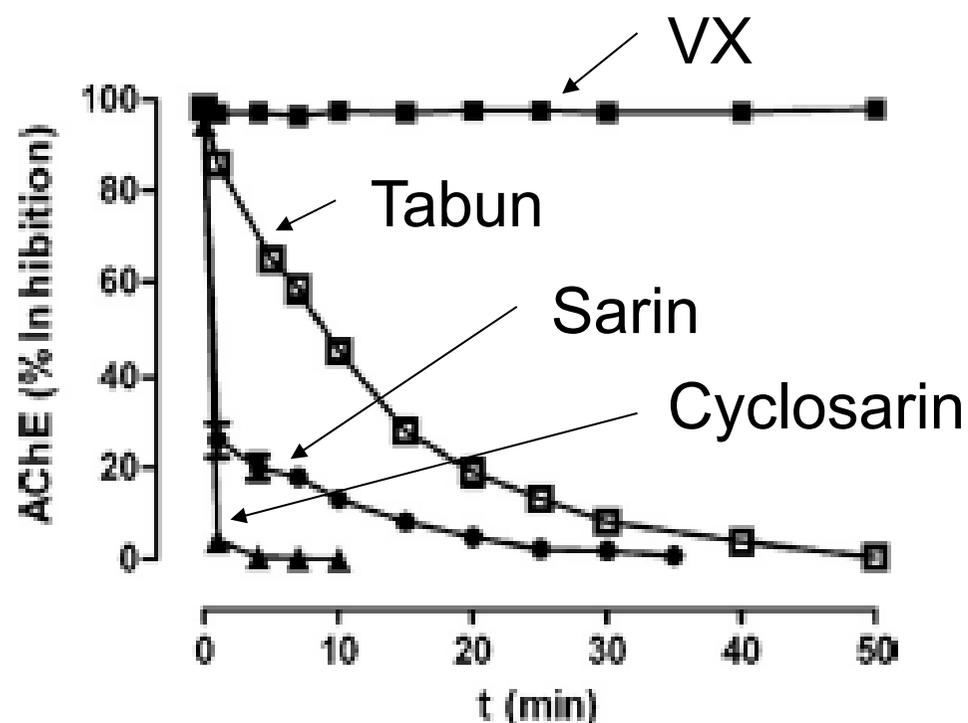
**6-OxP-CD 100 mg/kg i.v. 5 min prior to GF 100  $\mu$ g/kg s.c.**



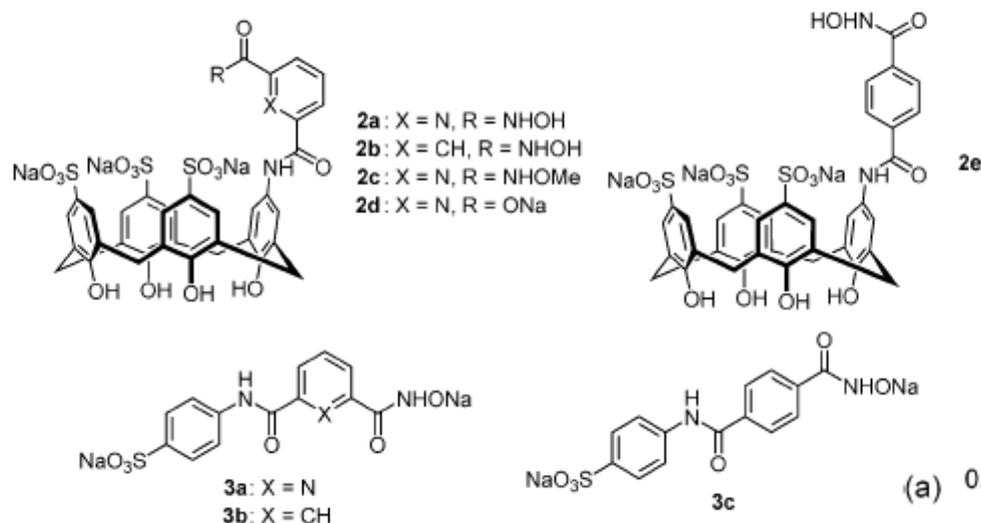
# Cyclodextrines as Small Molecular Scavengers in Nerve Agent-Poisoning



2-O-(3Carboxyl-4-iodosobenzyl)- $\beta$ -cyclodextrin

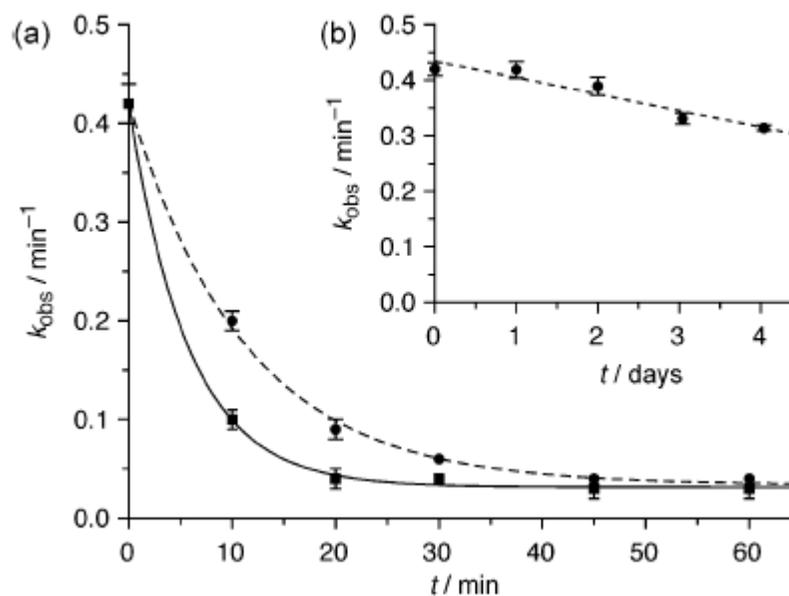


# Sulfonatocalix[4]arenes as Small Molecular Scavengers in VX-Poisoning



Detoxification of VX with Calixarenes containing hydroxamic acid was about 3500 times faster when compared with spontaneous hydrolysis

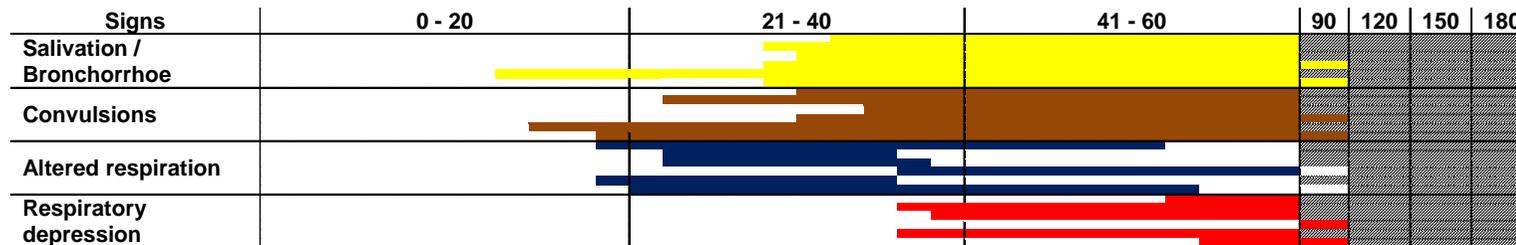
Calixarene-derivates were decorated with substituents in order to achieve fast detoxification in water



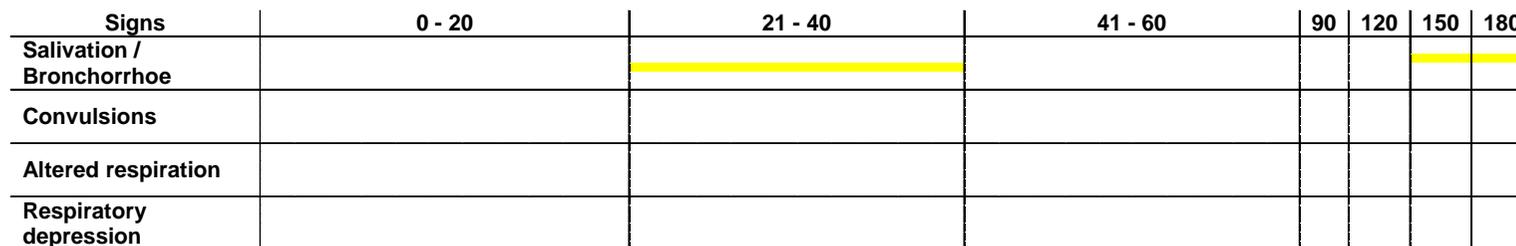
# Treatment of VX Poisoned Guinea Pigs with PTE C23

Anesthetized (Medetomidine – Fentanyl – Midazolam)  
 Cannulated A. carotis and V. jugularis  
 VX (18 µg/kg s.c.; ~2LD<sub>50</sub> at t = 0 min)  
 PTE C23 (5 mg/kg at t = 5 min)  
 No post-exposure treatment

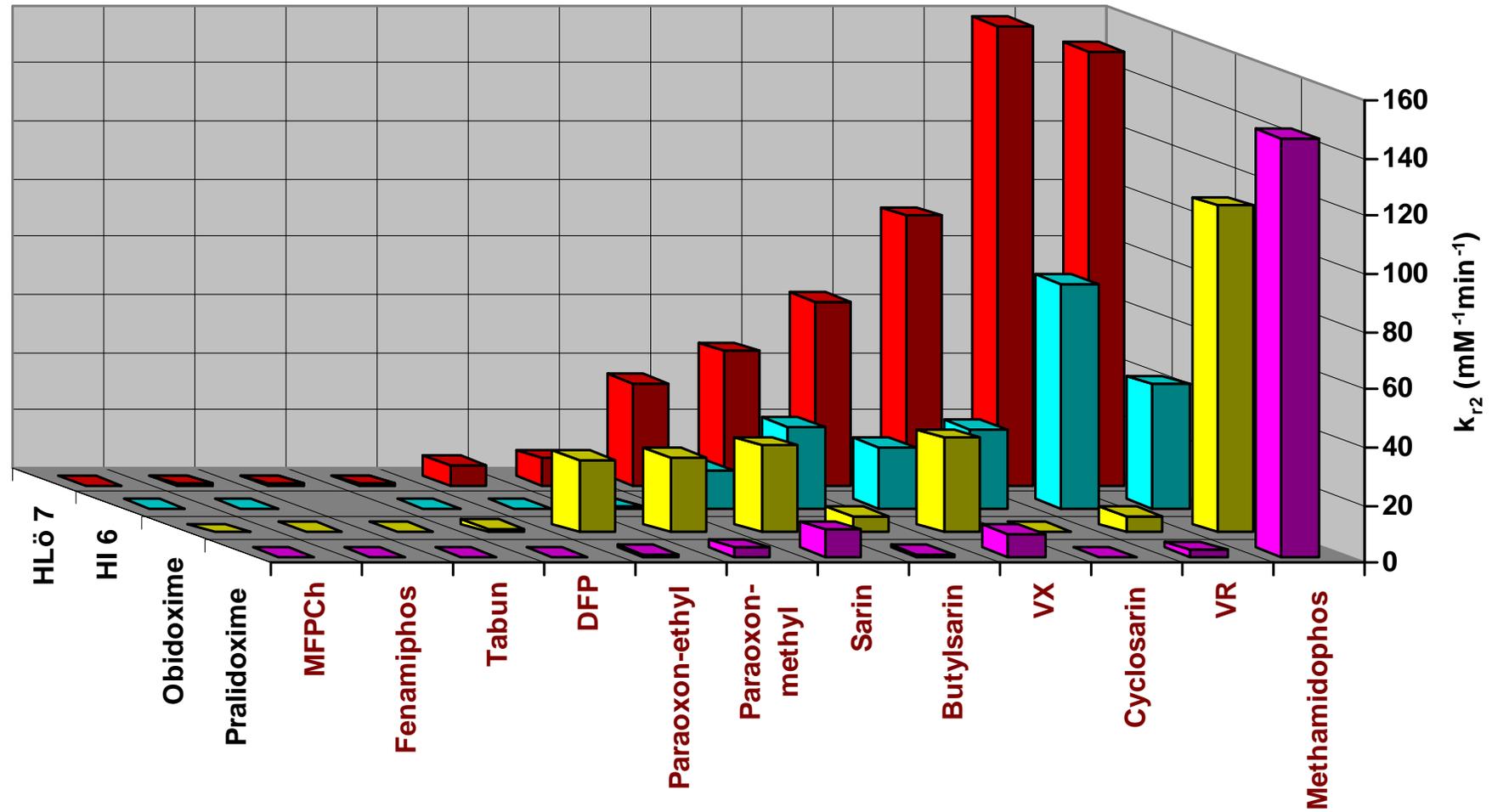
## 18 µg/kg VX s.c. (~2LD<sub>50</sub>)



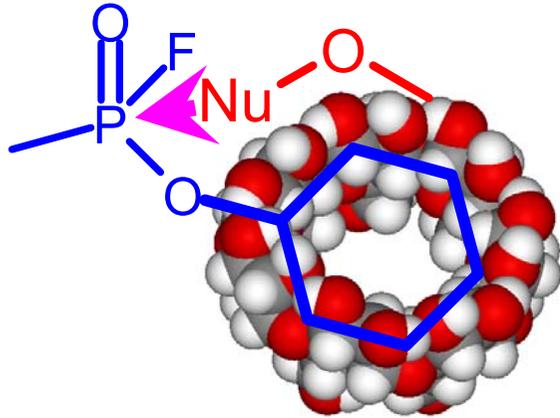
## 18 µg/kg VX s.c. (~2LD<sub>50</sub>) followed by 5 mg/kg PTE i.v. after 5 min



# Oximes in OP-poisoning – Hope and Despair



# Alternative Approaches for Therapy of Nerve Agent Poisoning



Enhanced  
elimination by  
scavengers

← Cyclodextrins

Enzymes,  
e.g. PON1, PTE

Modulation of  
nicotinic  
ACh-  
receptors

# Restoration of Nerve Agent Blocked Muscle Force

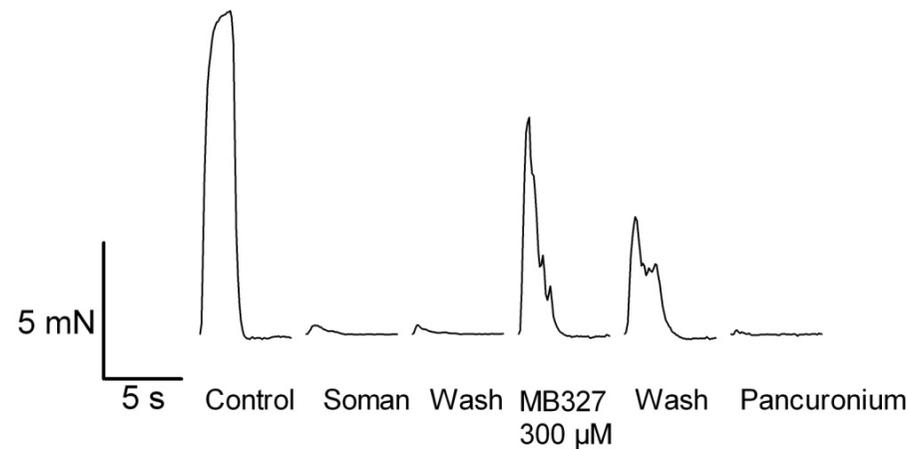
Human intercostal muscle



Horizontal 4-chamber-organ bath with stimulation-electrodes

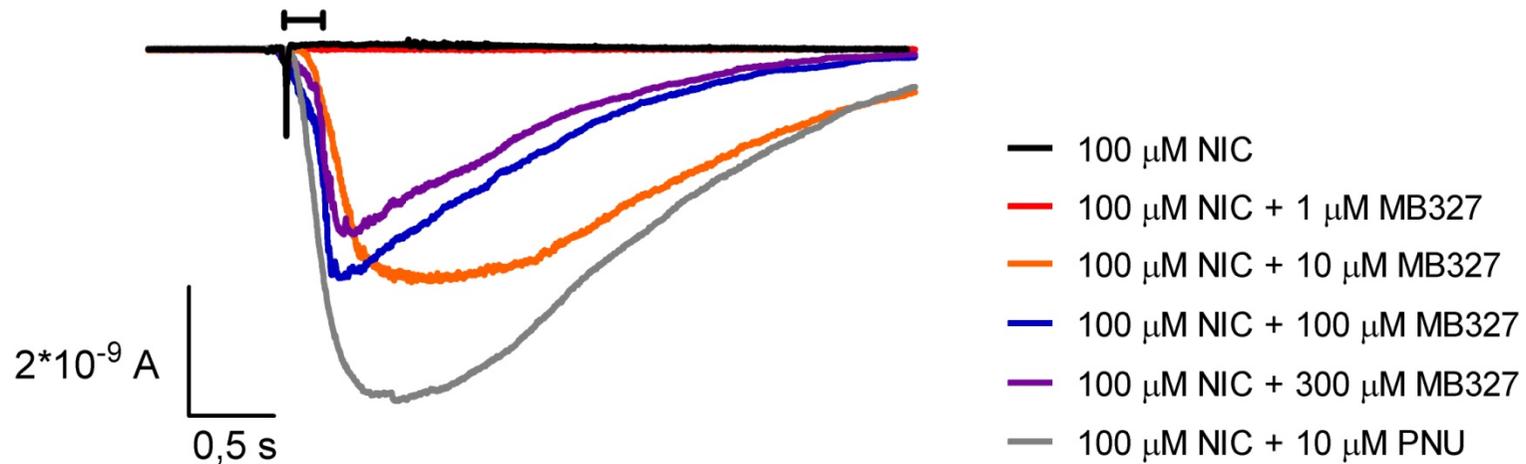


Muscle-force after electrical field stimulation (25 Hz)

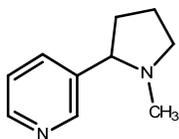


# Interaction of MB 327 with Human Nicotinic Acetylcholine Receptors ( $\alpha 7$ )

Functionality: Whole cell recording by automated patch clamp platform

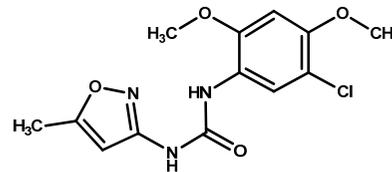


Agonist

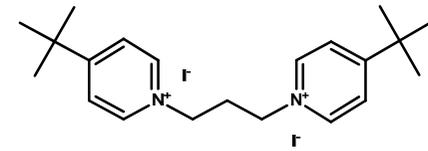


Nicotine

Modulators



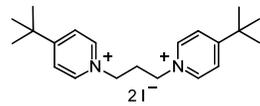
PNU 120596



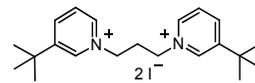
MB327

# Interaction of MB 327 with Nicotinic Acetylcholine Receptors (Muscle-type)

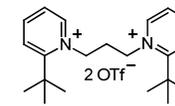
Membrane preparation of *Torpedo californica* electric organ (muscle-type nAChR)



MB327

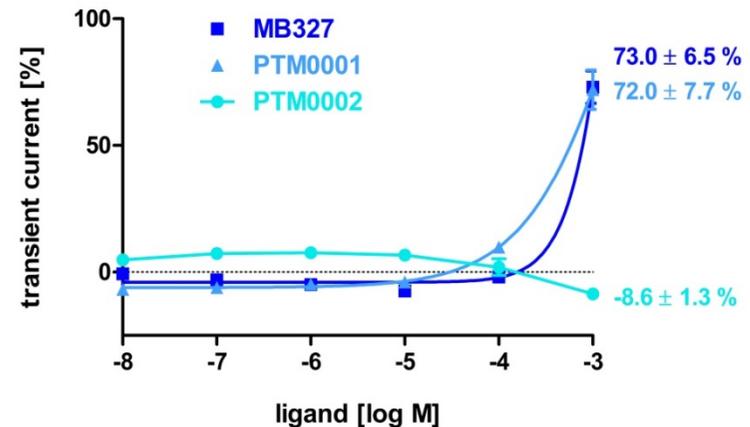
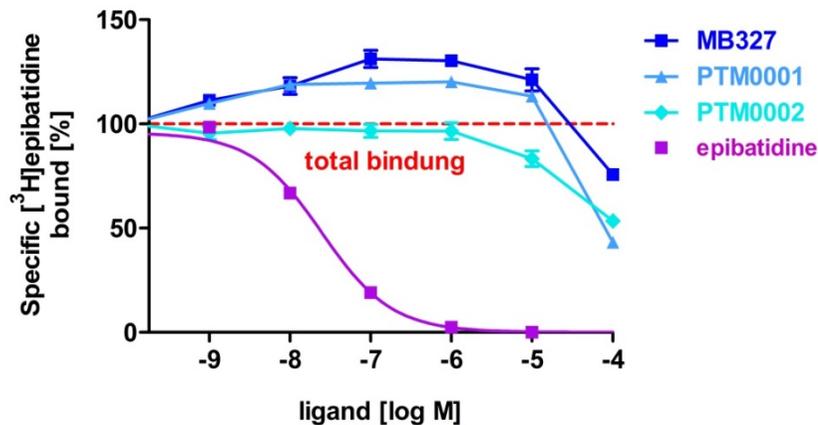


PTM0001



PTM0002

- Affinity on [<sup>3</sup>H]epibatidine binding sites
- Functionality based on solid supported membranes (SSM)



# Therapeutic Approach in Nerve Agent-Poisoning

Self protection

Prompt reactivation of inhibited AChE

- even in the absence of severe signs and symptoms
- prolonged oxime treatment

Atropine for muscarinic signs and symptoms

Benzodiazepines for treatment and/or prevention of seizures

Supportive therapy

artificial ventilation, sedation, cardiovascular stabilisation

# Outlook: Alternative Therapeutic Approach in Nerve-Agent Poisoning

Binding and enhanced elimination by scavengers:

small molecular scavengers  
human BChE / & oxime  
human AChE / & oxime  
PON1; PTE

Receptor active compounds

# Summary and Recommendations

Don't wait for symptoms to develop!

Determine AChE activity in case of possible exposure as soon as possible!

Administer atropine according to signs and symptoms!

Administer an effective reactivating oxime when AChE activity has dropped even in the absence of clinical signs and symptoms!

Maintain oxime therapy as long as the organophosphorus compound is persisting in the body!



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**Thank you for your attention**

